



DEL NORTE COUNTY PERINATAL RESOURCES

**Note: Some services may have changed due to COVID-19,
please call to confirm hours and services available**

PREGNANCY SUPPORT SERVICES

Family Resource Center of the Redwoods – Awaiting Arrivals Program

“A six week prenatal class designed to answer questions and connect new parents with other families.”

Location: 494 Pacific Avenue
Crescent City, CA 95531

Contact: (707) 464-0955

Website:

<https://www.frcredwoods.org/programs>

Last Verified On: 07/22/2022

Sutter Coast Hospital Family Birth Center

“Sutter Coast Hospital's Family Birth Center is a family-centered facility for maternity and newborn care. We offer private all-in-one labor, delivery, recovery and postpartum rooms in a setting that is both caring and comfortable.”

Location: 800 East Washington Boulevard
Crescent City, CA 95531

Contact: (707) 464-8511

Website: www.sutterhealth.org/find-location/facility/sutter-coast-hospital-birth-center/

Last Verified On: 07/22/2022



ADOPTION RESOURCES

American Adoptions

“For information regarding our services or to request an adoption information kit, simply contact us today.”

Toll Free Contact: (800) ADOPTION (236-7846)

Website:

https://www.americanadoptions.com/pregnant/free_info

Last Verified On: 07/22/2022

Lifetime Adoption

“Pregnant or considering adoption for your child? Get a FREE adoption planning kit today.”

Toll Free Contact: (800) 923-6784

Website:

<https://lifetimeadoption.com/birthmothers/adoption-kit/>

Last Verified On: 07/22/2022



DEL NORTE COUNTY CHILDREN & FAMILY RESOURCES

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BREASTFEEDING SUPPORT SERVICES

Del Norte County Breastfeeding Coalition

“Vision: For breastfeeding to be the cultural and social norm in Del Norte County.”

Contact: (707) 464-0861

Last Verified On: 07/22/2022

La Leche League of California

“Helps parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support.”

Website: <https://llusa.org/la-leche-league-of-california/>

Last Verified On: 07/22/2022

Sutter Coast Hospital Breastfeeding Support Services

“We offer breastfeeding support services including: Childbirth classes that include training on breastfeeding. Phone advice line for breastfeeding questions. In-hospital breastfeeding classes. Rental of breast pumps and purchase of breastfeeding supplies (breast pads, nipple creams) at our hospital shops. One-on-one support from lactation consultants.”

Location: 800 East Washington Boulevard
Crescent City, CA 95531

Contact: (707) 954-6628

Website:

<https://www.sutterhealth.org/services/pregnancy-childbirth/coast-breastfeeding-support>

Last Verified On: 07/22/2022

CAR SEAT PROGRAMS

Del Norte Child Care Council

“Provides car seat safety information and car seat checks by certified Child Passenger Safety Technicians...car seats available to rent for a 6 month rental period...offers no cost car seats to income qualifying families.”

Location: 212 K Street

Crescent City CA 95531

Contact: (707) 464-8311

Website: <https://www.dnccc.com/parents/car-seats/>

Last Verified On: 07/22/2022



DEL NORTE COUNTY CHILDREN & FAMILY RESOURCES

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HOME VISITING PROGRAMS

Del Norte MCAH – Nurse Home Visiting Program

“We visit pregnant women & new mothers in their homes to provide support during a time of incredible change. We answer health questions, listen to concerns, help with breastfeeding, help to schedule OB appointments, provide birth control counseling, aid in transportation to medical appointments & connect mothers to community resources.”

Contact: (707) 464-0861 ext. 2811

Website: <https://www.co.del-norte.ca.us/departments/PublicHealth/MCAH>

Last Verified On: 07/22/2022

The Pregnancy Care Center

“We connect you to the nearest free service using the best technology and highly trained staff. We understand that you may have an urgent question regarding pregnancy and other medical and non-medical services.”

Location: 110 W Washington Blvd
Crescent City, CA 95531

Contact: (707) 464-3233

Website: <https://optionsforpregnancy.com/free-clinic/the-pregnancy-care-center-of-crescent-city/>

Last Verified On: 07/22/2022

HOUSING

CalWORKs Homeless Assistance Program

“The CalWORKs Homeless Assistance program serves CalWORKs recipients who are homeless or at risk of homelessness.”

Location: 880 Northcrest Drive
Crescent City, CA. 95531

Contact: (707) 464-3191

Website: <https://www.co.del-norte.ca.us/DHHS-PA-HomelessAssistance>

Last Verified On: 07/22/2022

MATERNAL MENTAL HEALTH

Beacon Health Options

“Mental health services for Partnership HealthPlan members.”

Contact: (855) 765-9703

TTY: (800) 735-2929

Website:

<https://www.beaconhealthoptions.com/>

Last Verified On: 07/22/2022

Mind Body Pregnancy

“Mind Body Pregnancy covers all topics related to emotional health during the reproductive period of a woman’s life. This includes your mood, your anxiety, mental illness, hormones, treatments, and many others.”

Website: <http://mindbodypregnancy.com/>

Last Verified on: 07/22/2022



DEL NORTE COUNTY CHILDREN & FAMILY RESOURCES

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MATERNAL MENTAL HEALTH, Continued

Paternal Postpartum Depression Guide

“Parenting Pod consists of a team of licensed physicians and therapists who are committed to improving the mental health & wellbeing of families. Our goal is to provide informational and educational material based on the latest research and on our own clinical experience, yet presented in an easy-to-read format.”

Website: <https://parentingpod.com/paternal-postpartum-depression/>

Last Verified On: 07/22/2022

POSTPARTUM SUPPORT SERVICES

Del Norte Child Care Council

“Supporting services for Del Norte County by bringing families and professionals resources in, child care subsidy, family child care referrals, food program for family child care providers, toy lending library, parent education, supervised visitation, school readiness, child abuse prevention, car seat lending, childcare centers for preschool, after school care and more.”

Location: 212 K Street
Crescent City CA 95531

Contact: (707) 464-8311

Website: <https://www.dnccc.com/contact-us/>

Last Verified On: 07/22/2022

Del Norte County Family Planning Birth Control Resources

“Finding a birth control method that fits your individual needs is important. Talk to a nurse today for a walk-through of all the birth control methods and referrals to providers.”

Contact: (707) 464-0861

Website: <http://www.co.del-norte.ca.us/departments/health-human-services/public-health/public-health-programs/untitledpost/birth-control-resources>

Last Verified On: 07/22/2022

PERINATAL SUBSTANCE USE RESOURCES

Oxford House

“Recovery Services for Men, Women, and Children”

Location: 280 Lauff Avenue
Crescent City, CA 95531

Contact: (707) 460-6089

Website: <http://www.co.del-norte.ca.us/departments/health-human-services/social-services-branch/adult-and-family-services/community-resources>

Last Verified On: 7/26/2027



DEL NORTE COUNTY CHILDREN & FAMILY RESOURCES

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SUPPORT GROUPS

Circle of Moms, Pregnant and New Mothers Support Group

“Let’s support each other’s breastfeeding needs. Get breastfeeding questions answered, assistance with latching, meet other new moms, baby weigh check, and more.”

Location: 494 Pacific Avenue
Crescent City, CA 95531

Contact: (707) 464-7293

Website:

Last Verified On: 05/24/2021

Postpartum Support International Online Support Meetings

“Black Mamas Matter Support Group, Perinatal Mood Support Group, Pregnancy Mood Support Group, NICU Parents, Military Moms, Pregnancy and Infant Loss”

Website: <https://www.postpartum.net/get-help/psi-online-support-meetings/>

Last Verified On: 05/24/2021

PHC MEMBER BENEFITS

Sensitive Services

“Sensitive Services includes services for Family Planning, STD testing and treatment, AIDS/HIV testing, and Abortion (ending pregnancy) counseling and services. You can go to your PCP directly, or any Medi-Cal provider for sensitive services. You do not need Prior Approval.”

Website:

<http://www.partnershiphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaqltem28>

Last Verified On: 10/08/2021

WOMEN, INFANTS, AND CHILDREN (WIC) PROGRAM

Women, Infants, and Children (WIC)

“The Women, Infants, and Children (WIC) Supplemental Nutrition Program is for income-eligible pregnant, breastfeeding, and nonbreastfeeding women and children under the age of 5 who have a nutritional need.”

Location: 286 M Street, Suite C
Crescent City, CA 95531

Contact: (707) 464-7293

Website: <https://humboldt.gov.org/657/Women-Infants-Children-WIC>

Last Verified On: 05/24/2021