

HUMBOLDT COUNTY SUPPORT GROUP RESOURCES

**Note: Some services may have changed due to COVID-19,
please call to confirm hours and services available**

SUBSTANCE USE DISORDER SUPPORT GROUPS

Alcoholics Anonymous (AA) of Humboldt and Del Norte Counties

“AA is a fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about their drinking problem.”

24 Hour Helpline Del Norte: (707) 464-3411

Website: <https://aahumboltdelnorte.org/>

Last Verified On: 07/29/2022

Al-Anon/Alateen Support Groups-District 1

Toll-free: (888) 425-2666

Local Contact:

Website: <https://northerncaliforniaal-anon.org/areadistricts/>

Last Verified on: 07/29/2022

SUPPORT GROUPS

Institute on Aging - Senior Intervention hotline

“The Friendship Line” non-emergency support calls

Contact: 1-800-971-0016

Website: <https://www.ioaging.org/services/all-inclusive-health-care/friendship-line>

Last verified on: 07/29/2022



Co-Dependents (CoDa) Anonymous

“Dedicated to everyone who struggles with issues of codependence.”

Website: <http://locator.coda.org/index.cfm>

Last Verified on: 07/29/2022

Narcotics Anonymous

“We offer recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings. The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle.”

Contact: (707)444-8645

Website: <http://humboldtna.org/>

Last Verified on: 07/29/2022

NAMI Humboldt County

“NAMI is dedicated to improving the lives of individuals and families affected by mental illness.”

Website: <http://www.nami-humboldt.org/html/Links.htm>

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SUPPORT GROUPS, Continued

Queer Humboldt

“Queer Humboldt is an organization dedicated To providing resources for the queer community.”

Website:

<https://www.queerhumboldt.org/programs/mental-health-services>

Last Verified on: 07/29/2022

Breast and GYN Health Project

“Our services include a patient navigation program, support groups, information specialists, warm line volunteers, an extensive resource library, and more.”

Contact: (707)825-8345

Website: <https://bghp.org>

Last Verified on: 9/27/2022

SUPPORT HOTLINES

Miracle Messages Buddy Program

“Miracle Friends, is a phone and text-based buddy system that matches trained volunteers with individuals experiencing homelessness for weekly phone calls and texts, to provide basic companionship and social support... Miracle Friends supports unhoused neighbors and formerly homeless senior citizens.”

Hotline: (800) MISS-YOU

Website: <https://www.miraclemessages.org>

Last Verified On: 07/29/2022

SUPPORT SERVICES

Miracle Messages Program

“Miracle Messages provides reunion services for individuals experiencing homelessness. A person experiencing homelessness records a message to a loved one (or vice versa). Then, our network of volunteer "digital detectives" attempt to locate the loved one and deliver the message. To date, we've reunited 400+ families (average time separated: 15 years), with 15% of reunions resulting in stable housing and 80% in a positive outcome.”

Hotline: (800) MISS-YOU

Website: <https://www.miraclemessages.org>

Last Verified On: 07/29/2022

