

Note: Some services may have changed due to COVID-19, please call to confirm hours and services available

ADULT DAY PROGRAMS

Redwood Coast Senior Center – Circle of Elders Dementia Social Day Program

"This therapeutic program offers an enriching day for seniors experiencing dementia, Alzheimer's disease or other loss of cognitive function and for those who are simply in need of socialization."

Location: 490 North Harold Street

Fort Bragg, CA 95437 **Contact:** (707) 961-4310

Website:

https://www.rcscenter.org/?page_id=393

Last Verified On: 03/08/2021

Ukiah Valley Association Habilitation – Rural Adult Program

"The Rural Adult Program (RAP) is a day training service for people with developmental disabilities. All services are designed to help people function as independently as possible."

Location: 990 South Dora Street

Ukiah. CA 95482

Contact: (707) 468-8824

Website: https://uvah.org/services/rural-adult-

program-2/

Last Verified On: 03/08/2021

Ukiah Valley Association Habilitation – Learning Independence from Experience

"L.I.F.E. Services (Learning Independence from Experience) is a service designed to serve adults with developmental or other disabilities and or 18-22 year old students with an I.E.P. in their last year of school who want to be fully included in work and community life."

Location: 990 South Dora Street

Ukiah, CA 95482

Contact: (707) 468-8824

Website: https://uvah.org/services/l-i-f-e-

services/





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ADULT PROTECTIVE SERVICES & PREVENTION

Mendocino County Adult Protective

Services – Ukiah Office Location: 747 S. State Street

Ukiah, CA 95482

Contact: (707) 463-7900

24-Hour Toll Free Hotline: (877) 327-1799

Website:

https://www.mendocinocounty.org/government/health-human-services-agency/adult-aging-

services

Last Verified On: 03/08/2021

Mendocino County Adult Protective

Services - Willits Office

Location: 472 East Valley Street

Willits, CA 95470

Contact: (707) 456-3700

24-Hour Toll Free Hotline: (877) 327-1799

Website:

https://www.mendocinocounty.org/government/ health-human-services-agency/adult-aging-

services

Last Verified On: 03/08/2021

Mendocino County Adult Protective

Services - Fort Bragg

Location: 764 South Franklin Street

Fort Bragg, CA 95437 **Contact:** (707) 962-1000

24-Hour Toll Free Hotline: (877) 327-1799

Website:

https://www.mendocinocounty.org/government/health-human-services-agency/adult-aging-

services

Last Verified On: 03/08/2021

ASSISTANCE DOGS

Canine Companions for Independence®

"Enhances the lives of people with disabilities by providing highly trained assistance dogs at

no charge to the recipient." **Contact:** (800) 572-2275 **Email:** info@cci.org

Website: http://www.cci.org/





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CAREGIVER SUPPORT & INFORMATION

Mendocino County In-Home Supportive Services (IHSS), Ukiah Office

"The IHSS program is designed to enable Medi-Cal eligible elderly and disabled individuals to safely remain in their own home with the assistance of a provider. This is a long term service for low income elderly, disabled adults, and disabled children with extraordinary needs who require assistance."

Location: 747 South State Street

Ukiah. CA 95482

Contact: (707) 463-7900

24-Hour Toll Free Line: (877) 327-1799

Website:

https://www.mendocinocounty.org/government/health-human-services-agency/adult-aging-

services/in-home-supportive-

services/information-for-ihss-recipients

Last Verified On: 03/08/2021

Mendocino County In-Home Supportive Services (IHSS), Willits Office

"The IHSS program is designed to enable Medi-Cal eligible elderly and disabled individuals to safely remain in their own home with the assistance of a provider. This is a long term service for low income elderly, disabled adults, and disabled children with extraordinary needs who require assistance."

Location: 472 East Valley Street

Willits, CA 95470

Contact: (707) 456-3700

24-Hour Toll Free Line: (877) 327-1799

Website:

https://www.mendocinocounty.org/government/ health-human-services-agency/adult-aging-

services/in-home-supportive-

services/information-for-ihss-recipients

Last Verified On: 03/08/2021

Mendocino County In-Home Supportive Services (IHSS), Fort Bragg Office

"The IHSS program is designed to enable Medi-Cal eligible elderly and disabled individuals to safely remain in their own home with the assistance of a provider. This is a long term service for low income elderly, disabled adults, and disabled children with extraordinary needs who require assistance."

Location: 764 South Franklin Street

Fort Bragg, CA 95437 **Contact:** (707) 962-1102

24-Hour Toll Free Line: (877) 327-1799

Website:

https://www.mendocinocounty.org/government/ health-human-services-agency/adult-aging-

services/in-home-supportive-

services/information-for-ihss-recipients





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DISABILITY & ADVOCACY SUPPORT SERVICES

PG&E Portable Battery Program

"PG&E's Portable Battery Program (PBP) provides no-cost backup portable batteries for eligible income-qualified customers who rely on medical devices to sustain life, live in high fire-threat districts (HFTD) and are enrolled in the Medical Baseline and CARE programs. Working in coordination with Community Based Organizations."

Contact: (559) 214-1190

Website:

http://pgebatteryprogram.com/index.php/learn-

more/

Last Verified On: 06/24/2021

INDEPENDENT LIVING SUPPORT SERVICES

Redwood Coast Regional Center – Ukiah

"RCRC offers services and supports for children and adults with developmental disabilities who live in Del Norte, Humboldt, Lake, and Mendocino Counties."

Location: 1116 Airport Park Blvd.

Ukiah, CA 95482

Contact: (707) 462-3832

Website: http://www.redwoodcoastrc.org/

Last Verified On: 03/08/2021

Disability Services & Legal Center

"Providing information, advice and assistance on a wide range of disability- related matters."

Location: 415 Talmage Rd., Ste. B

Ukiah. CA 95482

Contact: (707) 463-8875 Website: http://mydslc.org/ Last Verified On: 03/04/2021

Redwood Coast Regional Center – Fort Bragg

"RCRC offers services and supports for children and adults with developmental disabilities who live in Del Norte, Humboldt,

Lake, and Mendocino Counties."

Location: 270 Chestnut Street, Suite A

Fort Bragg, CA 95437 **Contact:** (707) 964-6387

Website: http://www.redwoodcoastrc.org/





Note: Some services may have changed due to COVID-19, please call to confirm hours and services available

INDEPENDENT LIVING SUPPORT SERVICES, Continued

Ukiah Valley Association Habilitation

"The primary purpose of UVAH is to help people with disabilities meet their full potential as individuals and productive citizens in our community. We do this by providing a wide range of services, a supportive environment and by educating and involving the community in an effort to integrate people with disabilities into community life."

Location: 990 South Dora Street

Ukiah, CA 95482

Contact: (707) 468-8824 Website: http://www.uvah.org/

Last Verified On: 03/08/2021

State Department of Rehabilitation

"The California Department of Rehabilitation (DOR) works in partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living, and equality for individuals with disabilities."

Location: 625 Kings Court, Ste A

Ukiah, CA 95482

Contact: (707) 463-4791

Website:

https://www.dor.ca.gov/Home/WhatWeDo

Last Verified On: 03/08/2021

Community Care

"Community Care is a nonprofit agency that arranges affordable, competent help to enable people with disabilities or illnesses continue to live independently at home."

Location: 301 South State Street

Ukiah, CA 95482

Contact: (707) 468-9347

Website:

http://www.communitycare707.com/default.asp

X

Last Verified On: 03/08/2021

California Mentor – Family Home Agency

"Programs match individuals who want to be part of the community with nurturing caregivers, who we call Mentors." **Location:** 401 Talmage Rd. Ste. A

Ukiah, CA 95482

Contact: (855) 636-8672

Website: https://www.ca-mentor.com/adult-

services/family-home-agency/ Last Verified On: 03/08/2021

FINANCIAL ASSISTANCE RESOURCES

PG&E Medical Baseline Program

"Assistance program for residential customers who depend on power for certain medical and independent living needs."

Contact: (800) 743-5000

Website:

https://www.pge.com/medicalbaseline





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LEGAL SERVICES

Legal Services of Northern California

"Provide quality legal services to empower the poor to identify and defeat the cause and effects of poverty within our community, efficiently utilizing all available resources."

Location: 421 North Oak Street

Ukiah, CA 95482

Contact: (707) 462-1471 Toll Free: (877) 529-7700

Website: https://lsnc.net/office/ukiah

Last Verified On: 03/08/2021

Disability Services & Legal Center

"DSLC Ukiah provides assistance with benefits, housing, legal issues and more for residents of Mendocino and Lake Counties, California."

Location: 415 Talmage Rd. Ste B

Ukiah. CA 95482

Contact: (707) 463-8876

Website: http://mydslc.org/ukiah-branch-staff/

Last Verified On: 03/08/2021

Mendocino County Public Guardian/Public Administrator

"The Public Guardian / Public Administrator Unit initiates the Court process to invoke and renew conservatorships, handles the affairs of individuals who die without family to administer their estates, and provides case management for conserved persons with mental health disabilities, dementia, or severe frailty."

Contact: (707) 468-7056

Website:

https://www.mendocinocounty.org/government/health-and-human-services-agency/adult-services/public-guardian-public-administrator





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NON-TRAUMATIC & TRAUMATIC BRAIN INJURY (TBI) RESOURCES

American Stroke Association

"The American Stroke Association is dedicated to prevention, diagnosis and treatment to save lives from stroke: ...guide healthcare professionals and provide information to enhance the quality of life for stroke survivors." Stroke Family Warmline: (888) 478-7653 Website:

http://www.strokeassociation.org/STROKEOR

Last Verified On: 03/04/2021

Brain Injury Peer Visitor

"Brain Injury Links"

Website:

https://braininjurypeervisitor.org/brain-injury-links/

Last Verified On: 03/04/2021

Brain and Spinal Cord Injury Resource Center – Legal Help and Resources

BrainandSpinalCord.org is a resource for brain and spinal cord injury survivors and their families to learn more information about medical conditions, rehabilitation, and legal options."

Contact: Phone: (866) 510-5970

Website: http://www.brainandspinalcord.org/

Last Verified On: 03/05/2021

Brain Injury.com

"Brain Injury.com is the largest collection of medical and legal information about brain injury on the web. This website provides a nationwide network of legal services to serve those with cases involving brain injury, and they provide cutting edge information for those in need."

Contact: (866) 882-7246

Website: http://www.braininjury.com/

Last Verified On: 03/05/2021

Brain Injury Association of America (BIAA)

"BIAA's mission is to advance awareness, research, treatment, and education and to improve the quality of life for all people affected by brain injury."

Contact: (703) 761-0750 Toll Free: (800) 444-6443

Website: https://www.biausa.org/

Last Verified On: 03/05/2021

Brainline

"BrainLine offers information and support to anyone whose life has been affected by brain injury or PTSD: people with brain injuries, their family and friends, and the professionals who work with them. BrainLine also provides military-specific information and resources on traumatic brain injury and post-traumatic stress disorder (PTSD) to veterans, service members, and their families."

Contact: (703) 998-2020

Website: http://www.brainline.org/





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OTHER RESOURCES

Mendocino County Office of Education – Special Education Local Planning Area (SELPA)

"The mission of the Mendocino County SELPA is to support special education students in achieving a high level of academic/functional performance according to national, state, and local standards. To assure this outcome, the SELPA department will provide information, resources and support to students, parents, and all schools within our county."

Inland Location: 2240 Old River Road

Ukiah, CA 95482

Inland Contact: (707) 467-5000 Coast Location: 300a Dana Street

Fort Bragg, CA 95437

Coast Contact: (707) 467-5060

Website: http://mcoeus.wpengine.com/about-

mcoe/selpa/

Last Verified On: 03/08/2021

Senior & Disabled Resource Directory Location: Lake & Mendocino Counties

Contact: (707) 468-5132

Website:

http://www.seniorresourcedirectory.org/Director

y/Index.htm

Last Verified On: 03/08/2021

Galt Advocacy

"Galt Advocacy offers full service assistance to those with disabilities and their families. We help guide through the tangle of social services—from application through appeal."

Contact: (707) 566-7600

Website: https://www.galtadvocacy.com/

Last Verified On: 03/08/2021

RECREATION & ACTIVITIES

Disabled Discount Lifetime Park Pass

"For persons with permanent disabilities, this pass entitles the bearer to a 50% discount for vehicle day use, family camping, and boat use fees at California State Park operated units."

Location: California State Parks Sonoma-Mendocino Coast District Office 12301 North Highway 1, Mendocino, CA 95460

Website:

https://www.parks.ca.gov/?page_id=1049

Last Verified On: 03/08/2021

Golden Bear Annual Park Pass

"Entitles the bearer and spouse or registered domestic partner entry to most California State Park operated units where vehicle day use fees are collected at no charge." **Location:** California State Parks

Sonoma-Mendocino Coast District Office 12301 North Highway 1, Mendocino, CA 95460

Website:

https://www.parks.ca.gov/?page_id=1049





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RECREATION & ACTIVITIES, Continued

Free Annual Fishing License

"Available for a person who is blind, developmentally disabled, or mobility impaired. Your first Free Sport Fishing License must be obtained from the CDFW License and Revenue Branch."

Website:

https://wildlife.ca.gov/Licensing/Fishing#44521 417-free--reduced-fee

Renewal: Yearly at any license agent.

Last Verified On: 03/08/2021

Reduced Fee Annual Fishing License – Disabled Veteran

"Available for any resident or nonresident honorably discharged disabled veteran with a 50 percent or greater service-connected disability. After you prequalify for your first Disabled Veteran Reduced Fee Sport Fishing License, you can purchase disabled veteran licenses anywhere licenses are sold."

Website:

https://wildlife.ca.gov/Licensing/Fishing#44521 417-free--reduced-fee

Last Verified On: 03/08/2021

Free Annual Fishing License – Native American

"Available for any American Indian or lineal descendant whose household income does not exceed federal poverty guidelines. The Free Sport Fishing License for Low Income Native Americans is only available at CDFW License Sales Offices."

Website:

https://wildlife.ca.gov/Licensing/Fishing Last Verified On: 03/08/2021

Reduced Fee Annual Fishing License – Recovering Service Member

"Available for any recovering service member of the US military. After you prequalify for your Recovering Service Member Reduced-Fee Sport Fishing License, you can purchase recovering service member licenses anywhere licenses are sold."

Website:

https://wildlife.ca.gov/Licensing/Fishing#44521 417-free--reduced-fee

Last Verified On: 03/08/2021

RESPITE CARE INFORMATION

North Coast Opportunities – Redwood Caregiver Resource Center

"The Redwood Caregiver Resource Center helps families and communities master the challenges of caring for adults with brain disorders"

Location: 1140 Sonoma Avenue, Suite 1B

Santa Rosa, CA 95401 Contact: (707) 542-0282 Toll Free: (800) 834-1636

Website:

https://www.ncoinc.org/programs/redwood-

<u>caregiver-resource-center/</u> Last Verified On: 03/08/2021

Konocti Respite Services

"The purpose of Respite is to relieve families of the constant and ongoing responsibility of caring for a family member with a developmental disability. Konocti Respite provides quality Respite Services throughout Lake and Mendocino County."

Location: 4195 Lakeshore Boulevard

Lakeport, CA 95453 Contact: (707) 263-3810

Website:

http://www.peopleservices.org/konocti_respite_services.html



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VISUAL IMPAIRMENT RESOURCES

Earle Baum Center

"Helps people and families regain confidence, master new skills, contribute to their communities and engage with technology. At EBC we make vital, lifelong connections to lead happy, safe, productive lives."

Location: 4539 Occidental Road

Santa Rosa, CA 95401 Contact: (707) 523-3222 Website: https://earlebaum.org

Last Verified On: 03/05/2021

CDSS Department of Social Services Blind Services

"The Office of Services to the Blind (OSB) provides information and referral on services, programs, entitlements, and products of benefit to individuals who are blind or low vision and their families or service providers. OSB staff assists such individuals in understanding the availability of services, their eligibility for services, and the purpose and scope of the various service programs."

Contact: (916) 657-3327

Website: https://www.cdss.ca.gov/blind-

services

Last Verified On: 03/08/2021

Free Slate and Stylus Program National Federation of the Blind

"The National Federation of the Blind will distribute a plastic, four-line, twenty-eight cell slate along with a saddle stylus to those that need them. That includes those that are blind and low vision who know Braille or want to learn Braille."

Contact: (410) 659-9314

Website: https://www.nfb.org/programs-services/free-slate-and-stylus-program

Last Verified On: 03/05/2021

Free White Cane Program National Federation of the Blind

"The white cane gives blind people the ability to achieve a full and independent life, allowing us to travel freely and safely."

Contact: (410) 659-9314

Website: https://www.nfb.org/programs-

services/free-white-cane-program

