



MODOC COUNTY CRISIS RESOURCES

**Note: Some services may have changed due to COVID-19,
Please call to confirm hours and services available**

Available resources and services for those experiencing a crisis. **In the case of a life threatening emergency, call 911.**

24-HOUR CRISIS SERVICES

Modoc County Behavioral Health Crisis Line

Location: 441 North Main Street
Alturas, CA 96101

24-Hour Crisis Services: (800) 699-4880

24-Hour Crisis Services: (530) 233-6312

Website:

<http://modohealthservices.org/home/behavioral-home>

Last Verified On: 01/15/2020

CA Youth Crisis Line (CYCL)

“The California Youth Crisis Line operates 24/7 as the statewide emergency response system for youth (ages 12-24) and families in crisis. Professionally trained staff and volunteer counselors provide crisis intervention counseling and resource referrals to service providers in the caller’s local community. Thoughts of suicide, depression, bullying, health and identity questions, trauma, human trafficking or any teen-related struggle are discussed with a crisis counselor in confidence and without judgement. We do not provide advice. We listen with compassion.”

Contact: (800) 843-5200

Website: <https://calyouth.org/cycl/>

Last Verified: 01/08/2021

National Runaway Safeline

“Get support. We are here to listen and here to help. We will listen to your story. We are available 24/7 for youth and families in crisis.”

Contact: (800) 786-2929

Text: 66008

Website: <https://www.1800runaway.org/youth-teens/>

Last Verified On: 01/08/2021

Strength After

“If you are experiencing emotional distress or other mental health concerns after a disaster, the Disaster Distress Helpline is here for you 24/7. Our mission is to provide a hub to share stories of hope and recovery encompassing all types of natural and human-caused disaster. Strength After... highlights the resilience of individuals and communities while providing a resource for other survivors and responders.”

Contact: (800) 985-5990

Website: <https://strengthafterdisaster.org/>

Last Verified On: 12/14/2020

Your Life Your Voice

“You don’t have to face your problems alone. If you are having thoughts of harming yourself or you are being abused, please call us. These are serious issues that are best handled in one-on-one conversations with counselors. Counselors are ready for your call 24/7.”

Contact: (800) 448-3000

Text: VOICE to 20121

Website:

<https://www.yourlifeyourvoice.org/Pages/home.aspx>

Last Verified On: 12/11/2020



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DOMESTIC VIOLENCE & ABUSE RESOURCES

Adult Protective Services

“Adult Protective Services (APS) provides direct intervention, remedial and case management services, and other types of support to dependent and elderly adults who are at risk or victims of abuse, neglect, exploitation or fiduciary abuse.”

Location: 120 North Main Street
Alturas, CA 96101

Contact: (530) 233-6501

After Hours Contact: (530) 233-6602

Toll Free Hotline: (888) 845-0920

Website:

<https://sites.google.com/a/co.modoc.ca.us/social-services/products-services/PSIHSSPG>

Last Verified On: 01/15/2020

Child Protective Services

“Child Protective Services provides protection, intervention, and ongoing support to children who are victims of or are threatened with abuse, neglect, or exploitation. Services are designed to preserve the family unit by strengthening parental capacity and creating a willingness to provide a safe and healthful child-rearing environment.”

Location: 120 North Main Street
Alturas, CA 96101

Contact: (530) 233-6501

After Hours Contact: (530) 233-6602

Toll Free Hotline: (888) 845-0920

Website:

<https://sites.google.com/a/co.modoc.ca.us/social-services/products-services/cpsfc>

Last Verified On: 01/15/2020

Love is Respect

“Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.”

Contact: (866) 331-9474

Text: LOVEIS to 22522

Website: <https://www.loveisrespect.org/>

Last Verified On: 12/21/2020

Training, Employment & Community Help (T.E.A.C.H, Inc.)

“T.E.A.C.H. is dedicated to assisting and empowering individuals and families to improve their quality of life and self-sufficiency.

Programs administered include: ... domestic violence and sexual assault victim services.”

Location: 112 E. 2nd Street
Alturas, CA 96101

24-Hour Crisis Line: (800) 291-2156

Contact: (530) 468-2450

Website: <http://www.teachinc.org>

Last Verified On: 01/15/2020



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PET ASSISTANCE

RedRover

“Preserving the human-animal bond by financial assistance, resources and support to low-income individuals and survivors of domestic violence and their pets, so families can escape abuse together and stay together.”

Contact: (916) 429-2457

Website: <https://redrover.org/relief/>

Last Verified On: 11/18/2020