

# MODOC COUNTY CRISIS RESOURCES

**Note: Some services may have changed due to COVID-19,  
Please call to confirm hours and services available**

Available resources and services for those experiencing a crisis.

**In the case of a life threatening emergency, call 911.**



## 24-HOUR CRISIS SERVICES

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### Modoc County Behavioral Health Crisis Line

**Location:** 441 North Main Street

Alturas, CA 96101

**24-Hour Crisis Services:** (800) 699-4880

**24-Hour Crisis Services:** (530) 233-6312

**Website:**

<http://modochealthservices.org/home/behavioral-home>

Last Verified On: 02/02/2021

## 24-HOUR CRISIS HOTLINES

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### CA Youth Crisis Line (CYCL)

“The California Youth Crisis Line operates 24/7 as the statewide emergency response system for youth (ages 12-24) and families in crisis.

Professionally trained staff and volunteer counselors provide crisis intervention counseling and resource referrals to service providers in the caller’s local community.

Thoughts of suicide, depression, bullying, health and identity questions, trauma, human trafficking or any teen-related struggle are discussed with a crisis counselor in confidence and without judgement. We do not provide advice. We listen with compassion.”

**Contact:** (800) 843-5200

**Website:** <https://calyouth.org/cycl/>

Last Verified: 02/02/2021

## COUNTY EMERGENCY SERVICES

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### NIXLE

“Receive email and text messages from local fire and law enforcement agencies that include public safety messages as well as emergency information.”

**Text:** Your zip code to 888-777

**Website:** <https://local.nixle.com/register/>

Last Verified On: 02/02/2021

### National Runaway Safeline

“Get support. We are here to listen and here to help. We will listen to your story. We are available 24/7 for youth and families in crisis.”

**Contact:** (800) 786-2929

**Text:** 66008

**Website:** <https://www.1800runaway.org/youth-teens/>

Last Verified On: 02/02/2021

### National Suicide Prevention Lifeline

“Free and confidential support for people in distress, prevention and crisis resources for you or your loved ones”

**Contact:** (800) 273-8255

**Website:** <https://suicidepreventionlifeline.org/>

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## 24-HOUR CRISIS HOTLINES, Continued

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### Strength After

“If you are experiencing emotional distress or other mental health concerns after a disaster, the Disaster Distress Helpline is here for you 24/7. Our mission is to provide a hub to share stories of hope and recovery encompassing all types of natural and human-caused disaster. Strength After... highlights the resilience of individuals and communities while providing a resource for other survivors and responders.”

**Contact:** (800) 985-5990

**Website:** <https://strengthafterdisaster.org/>

Last Verified On: 02/02/2021

### The Trevor Project, LGBTQ Youth

“We provide crisis intervention and suicide prevention for LGBTQ youth.”

**Contact:** (866) 488-7386

**Website:** <https://www.thetrevorproject.org/>

Last Verified On: 02/02/2021

## DOMESTIC VIOLENCE & ABUSE RESOURCES

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### Adult Protective Services

“Adult Protective Services (APS) provides direct intervention, remedial and case management services, and other types of support to dependent and elderly adults who are at risk or victims of abuse, neglect, exploitation or fiduciary abuse.”

**Location:** 120 North Main Street

Alturas, CA 96101

**Contact:** (530) 233-6501

**After Hours Contact:** (530) 233-6602

**Toll Free Hotline:** (888) 845-0920

**Website:**

<https://sites.google.com/a/co.modoc.ca.us/social-services/products-services/APSIHSSPG>

Last Verified On: 02/02/2021

### Child Protective Services

“Child Protective Services provides protection, intervention, and ongoing support to children who are victims of or are threatened with abuse, neglect, or exploitation. Services are designed to preserve the family unit by strengthening parental capacity and creating a willingness to provide a safe and healthful child-rearing environment.”

**Location:** 120 North Main Street

Alturas, CA 96101

**Contact:** (530) 233-6501

**After Hours Contact:** (530) 233-6602

**Toll Free Hotline:** (888) 845-0920

**Website:**

<https://sites.google.com/a/co.modoc.ca.us/social-services/products-services/cpsfc>

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## DOMESTIC VIOLENCE & ABUSE RESOURCES

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### Love is Respect

“Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.”

**Contact:** (866) 331-9474

**Text:** LOVEIS to 22522

**Website:** <https://www.loveisrespect.org/>

Last Verified On: 02/02/2021

### The Rape, Abuse & Incest National Network (RAINN)

“Largest anti-sexual violence organization. Carries out programs to prevent sexual violence, help survivors. And ensure that perpetrators are brought to justice.”

**24/7 Help Hotline:** (800) 656-4673

**Website:** <https://www.rainn.org/>

Last Verified On: 02/02/2021

### Training, Employment & Community Help (T.E.A.C.H, Inc.)

“T.E.A.C.H. is dedicated to assisting and empowering individuals and families to improve their quality of life and self-sufficiency.

Programs administered include: ... domestic violence and sexual assault victim services.”

**Location:** 112 E. 2<sup>nd</sup> Street

Alturas, CA 96101

**24-Hour Crisis Line:** (800) 291-2156

**Contact:** (530) 468-2450

**Website:** <http://www.teachinc.org>

Last Verified On: 02/02/2021

## FOSTER AND KINSHIP SUPPORT SERVICES

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### Family Urgent Response System (FURS)

“FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, trauma-informed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about your worries and vent.”

**Call or Text Hotline:** (833) 939-3877

**Contact:** (916) 657-1858

**Website:**

<https://cdss.ca.gov/inforesources/cdss-programs/foster-care/furs>

Last Verified On: 03/01/2021



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## MENTAL HEALTH RESOURCES

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### Beacon Health Options

“Beacon’s system is built on a strong support structure of doctors, nurses, advocates, and mentors fulfilling members’ behavioral, physical, and social health needs.”

**Contact:** (855) 765-9703

**Website:**

<https://www.beaconhealthoptions.com/>

Last Verified On: 02/02/2021

### CalHOPE Warm Line

“Feeling stressed by Covid-19? Help is just a phone call away! CalHOPE builds community resiliency and helps people recover from disasters through free outreach, crisis counseling, and support services.”

**Contact:** (833) 317-HOPE (4673)

**Website:** <https://calhope.dhcs.ca.gov/>

Last Verified On: 02/02/2021

## PET ASSISTANCE

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### RedRover

“Preserving the human-animal bond by financial assistance, resources and support to low-income individuals and survivors of domestic violence and their pets, so families can escape abuse together and stay together.”

**Contact:** (916) 429-2457

**Website:** <https://redrover.org/relief/>

Last Verified On: 02/02/2021

## SUPPORT SERVICES

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### Alyssa Araiza Wings of Angels Organization

“Committed to aiding families who have children suffering with pediatric cancer or life threatening illness by providing unique support in ways other organizations do not. Families served live in Shasta, Siskiyou, Trinity, Lassen, and Modoc counties in Northern California.”

**Location:** 6907 Weeks Road

Redding, CA 96002

**Contact:** (530) 378-2373

**Website:** <https://www.aawoa.com/>

Last Verified: 02/02/2021

