

NAPA COUNTY MENTAL HEALTH RESOURCES

**Note: Some services may have changed due to COVID-19,
Please call to confirm hours and services available**

24 HOUR CRISIS STABILIZATION UNIT

Crisis Stabilization Services Program

“Provides immediate response on a short term basis to help individuals of all ages affected by problems and symptoms associated with acute mental health crises.”

Location: 2751 Napa Valley Corporate Way,
Building B

Napa, CA 94558

Contact: (707) 253-4711

Website:

<https://www.countyofnapa.org/306/Mental-Health-Crisis-Services>

Last Verified On: 05/17/2021



24 Hour Mental Health Crisis Hotline

Contact: (707)253-4711

Last Verified On: 05/17/2021

MENTAL HEALTH PROGRAMS

Beacon Health Options

“Beacon’s system is built on a strong support structure of doctors, nurses, advocates, and mentors fulfilling members’ behavioral, physical, and social health needs.”

Contact: (855) 765-9703

Website:

<https://www.beaconhealthoptions.com/>

Last Verified On: 05/17/2021

Napa County Mental Health Access

“Public Health Services, Public Health Services, Mental Health Services, Child Welfare Services, Self Sufficiency Services and Comprehensive Services for Older Adults.”

Location: 2751 Napa Valley Corporate Drive,
Building A

Napa, CA 94558

Contact: (707) 259-8151 or 1 (9800) 648-8650

Emergency Contact: (707) 253-4711

Website:

<https://www.countyofnapa.org/290/Mental-Health>

Last Verified On: 05/17/2021

Community Counseling – Side by Side

“From short term, intensive crisis intervention to longer term case management support.”

Location: 1360 N. Dutton, Ste. C.
Santa Rosa, CA 94501

Contact: (707) 569-0877

Email:

CommCounselingSonomaNapa@sidebysideyouth.org

Website:

<https://www.sidebysideyouth.org/programs/community-counseling/>

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MENTAL HEALTH SUPPORT SERVICES

Innovations Community Center

“Providers, family members, and consumers work to create healing through storytelling, artistic expression, healthy living, spiritual practice, and social connections.”

Location: 3281 Solano Avenue
Napa, CA 94558

Contact: (707) 259-8692

Website:

<http://www.innovationscommunitycenter.org>

Last Verified On: 05/17/2021

SafeSpace

“SafeSpace is a youth-led, mental health-focused organization that empowers young people to engage openly with their local schools and communities. We create and implement initiatives to change the conversation around mental health by educating and encouraging our peers to speak up, support others, and seek help when needed.”

Website: <https://safespace.org/>

Last Verified On: 11/24/2021

ADULT MENTAL HEALTH SERVICES

Adult Mental Health Services

“Provides a variety of services for adult 18 years of age and older including, emergency and crises services, mental health counseling, pre-screening and referrals, psychiatric medication, review and management and other programs.”

Location: 2751 Napa Valley Corporate drive
building A
Napa, CA. 94558

Contact: (707) 253-4306

Website:

<https://www.countyofnapa.org/316/Adult-Mental-Health-Services>

Last Verified On: 05/17/2021

SafeSpace Stories – Podcast

“Weaving the voices of teens, mental health experts, and inspiring individuals into a cohesive experience, SafeSpace stories is your mental health resource.”

Website:

<https://www.safespacestories.org/projects-7>

Apple Podcast:

<https://podcasts.apple.com/us/podcast/safespace-stories/id1595738668>

Spotify:

<https://open.spotify.com/show/49338MHg6LAE nBaOq1RSSC?si=b97a00f41db94211&nd=1>

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ANONYMOUS SUPPORT SERVICES

Napa Recovery Resource Center (NRRC)

“The NRRC is Napa Valley’s gathering place for 12-step meetings and supportive socializing. As Napa’s only dedicated recovery meeting venue, the Napa Recovery Resource Center also provides educational and recreational events, and activities for people seeking recovery. AA/NA English and Spanish Meetings”.

Contact: (707) 226-278

Website: <https://www.naparecovery.com/>

Last Verified On: 05/17/2021

WELLNESS CENTERS

Wellness Center Napa

“The Queen of the Valley Wellness Center and Synergy Medical Fitness Center provide a direct link between lifestyle changes and better health. Several programs that incorporate nutritional counseling and education, as well as exercise planning with specific goals to reduce risk factor for future health problems”.

Location: 3421 Villa Lane

Napa, CA. 94558

Contact: (707) 251-1395

Website: <https://www.thequeen.org/contact-us/locations-and-directions/wellness-center-napa/>

Last Verified On: 05/17/2021