

# NAPA COUNTY SENIOR RESOURCES

**Note: Some services may have changed due to COVID-19,  
Please call to confirm hours and services available**

## ADULT PROTECTIVE SERVICES

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### Napa County Adult Protective Services

“Offers protective services to elderly and dependent adults who are at risk for abuse, neglect, or manipulation by themselves or others.”

**Location:** 650 Imperial Way, Suite 101  
Napa, CA 94559

**24/7 Adult Protection Hotline:** (888) 619-6913

**Contact:** (707) 253-4398

**Website:**

<https://www.countyofnapa.org/185/AdultProtective-Services>

Last Verified On: 06/24/2021



## ADVANCE CARE PLANNING

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### Honoring Choices Napa Valley

“Ensure that end-of-life care in Napa County reflects the preferences of each individual in the community.”

**Location:** 414 S. Jefferson St.  
Napa, CA 94559

**Website:** <https://www.hcnv.org/>

Last Verified On: 06/24/2021

### By the Bay Health

“Creating an advanced care plan will give you and your family peace of mind knowing that you have a plan for the future.”

**Contact:** (415) 927-2273

**Website:** <https://bythebayhealth.org/advance-care-planning/>

Last Verified On: 06/07/2021

## ADULT DAY PROGRAMS

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### Collabria Care

“Offers a safe and caring environment, with spaces for interaction and quiet time, a garden, a meditation walkway, a full-service kitchen and dining room, as well as nursing and physical therapy facilities.”

**Location:** 414 S. Jefferson Street  
Napa, CA 94559

**Contact:** (707) 258-9080

**Toll Free:** (800) 451-4664

**Website:** <https://collabriacare.org/collabria-day-program/>

Last Verified On: 06/24/2021



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## CASE MANAGEMENT

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### Choices in Aging, Multipurpose Senior Services Program (MSSP)

“Help keep frail seniors safely at home and out of skilled nursing facilities.”

**Contact:** (707) 708-0571

**Website:**

<https://choiceinaging.org/multipurpose-senior-services-program-mssp/>

Last Verified On: 06/24/2021

## FALL PREVENTION

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### Share the Care

“Provide free medical equipment and home health supplies with our recycling and exchange program. Install grab bars.”

**Location:** 3205 Montclair Ave

Napa, CA 94559

**Contact:** (707) 492-3198

**Website:** <http://napavalleysharethecare.com/>

Last Verified On: 06/24/2021

## HOSPICE & PALLIATIVE CARE

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### By the Bay Health

“Specialized end-of-life care that provides pain and symptom management to help patients with a terminal diagnosis live their best life possible, as long as possible.”

**Contact:** (415) 927-2273

**Website:** <https://bythebayhealth.org/hospice-care/>

Last Verified On: 06/14/2021



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## MENTAL HEALTH SERVICES

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### **Beacon Health Options**

Mental health services for Partnership HealthPlan members

**Contact:** (855) 765-9703

**Website:**

<https://www.beaconhealthoptions.com/>

Last updated: 06/24/2021

### **Mentis, Napa's Center for Mental Health Services**

Healthy Minds-Healthy Aging Program

“Prevention and early-intervention program for residents of Napa Valley who are 60 years or older, and show early signs of depression or mental decline”.

**Location:** 709 Franklin Street

Napa, CA 94559

**Contact:** (707) 255-0966

**Website:** <https://mentisnapa.org/>

Last Verified On: 06/24/2021

## PERSONAL CARE SERVICES

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### **In-Home Supportive Services (IHSS)**

“Goal of the IHSS program is to allow low income aged, blind, and disabled persons, who are at risk for out-of-home placement, to remain safely at home by providing payment for care provider services.”

**Location:** 650 Imperial Way, Suite 101

Napa, CA 94559

**Contact:** (707) 253-3818

**Fraud Hotline:** (888) 717-8302

**Website:**

<https://www.countyofnapa.org/187/In-Home-Supportive-Services>

Last Verified On: 06/24/20221

### **In-Home Supportive Services (IHSS) Public Authority**

“Provide information and assistance to In-Home Support Services (IHSS) clients who need help selecting a home care provider”

**Location:** 650 Imperial Way, Suite 101

Napa, CA 94559

**Contact:** (707) 259-8359

**Website:**

<https://www.countyofnapa.org/702/In-Home-Support-Services-Public-Authorit>

Last Verified On: 06/24/2021

## PET RESOURCES

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### **Caring.com – Assisted Living for seniors with Pets**

“Caring.com exists to help family caregivers like you make better decisions, save time and money and feel less alone.”

**Contact:** (800) 973-1540

**Website:** <https://www.caring.com/senior-living/assisted-living/benefits-of-elderly-owning-pets/>

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## RESOURCES

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### **Napa County Comprehensive Services for Older Adults**

Resource page for County services.

**Contact:** (707) 253-3818

Toll Free: (800) 498-9455

**Website:**

<https://www.countyofnapa.org/182/Comprehensive-Services-for-Older-Adults>

Last Verified On: 06/24/2021

### **Napa County Network for Aging & Independence**

“Network for Aging and Independence”

**Contact:** (707) 253-4248

Toll Free: (800) 510-2020

**Website:** <http://napa.networkofcare.org/aging/>

Last Verified On: 06/24/2021

### **Redwood Caregiver Resource Center**

“The Redwood Caregiver Resource Center helps families and communities master the challenges of caring for adults with brain disorders”

**Location:** 1140 Sonoma Avenue, Suite 1B  
Santa Rosa, CA 95401

**Contact:** (707) 542-0282

**Toll Free:** (800) 834-1636

**Website:** <http://www.redwoodcrc.org>

Last Verified On: 06/24/2021

## SENIOR CENTERS

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### **American Canyon Senior Center – Active Adults**

“Provides a location for a variety of senior programs and services.”

**Location:** 2185 Elliott Drive  
American Canyon, CA 94503

**Contact:** (707) 647-4567

**Website:**

<https://www.cityofamericancanyon.org/city-departments/parks-recreation/active-adults>

Last Verified On: 06/24/2021

### **Berryessa Senior Center**

“Providing older adults, families and children with a friendly, supportive place for social interaction, activities, educational opportunities, community involvement, and access to public services.”

**Location:** 4380 Spanish Flat Loop Rd.  
Lake Berryessa, CA 94558

**Contact:** (707) 966-0206

**Website:** <http://lakeberryessanews.com/the-lake-berryessa-senior.html>

Last Verified On: 06/24/2021



# NAPA COUNTY SENIOR RESOURCES

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## SENIOR CENTERS, Continued

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### Rianda House Senior Activity Center

“Wellness activities, arts, lectures, exercise classes, and support groups.”

**Location:** 1475 Main Street

St. Helena, CA 94574

**Contact:** (707) 963-8555

**Website:** <https://www.riandahouse.org/>

Last Verified On: 06/24/2021

### Fun Over 50 Senior Center

“Offers health, recreational, and educational programs, as well as cultural events and social services”

**Location:** 1500 Jefferson Street

Napa, CA 94559

**Contact:** (707) 255-1800

**Website:** <https://www.cityofnapa.org/386/Fun-Over-50>

Last Verified On: 06/24/2021

## SUPPORT GROUPS

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### Aging Women’s Support Group – OLE Health

“For women ages 50 and older. The group offers emotional support with a focus on acculturation, depression, isolation, and grief, art therapy.”

**Location:** 1141 Pear Tree Lane

Napa, CA, 94559

**Contact:** (707) 254-1770

**When:** Thursdays 2:30 pm – 3:30 pm

**Website:** <http://www.olehealth.org/our-services/classes-groups/>

*Note: Available in Spanish only.*

Last Verified On: 06/24/2021

### Diabetes Support Group – OLE Health

“Ongoing program is for persons with pre-diabetes or diabetes and caregivers/family members of persons with diabetes.”

**Location:** 1141 Pear Tree Lane,

Napa, CA 94558

**Contact:** (707) 254-1770

**Website:** <http://www.olehealth.org/our-services/classes-groups/>

Last Verified On: 06/24/2021

### LGBT Seniors Discussion Group

“Seniors getting together in Napa County to share important information, have lively discussion and tell our life stories.”

**Location:** 3448 Villa Lane, Ste. 102

Napa, CA 94558

**Contact:** (707) 251-9432

**When:** First Tuesday of every month from 10:15 am – 12:00 pm

**Website:** <https://www.lgbtqconnection.org/lgbt-seniors-discussion-group>

Last Verified On: 06/24/2021

### Alzheimer’s Caregiver Support Group – Collabria Care

“Caregiver support groups.”

**Location:** At Collabria Care

414 Jefferson St., Napa 94559

**Location:** At Rianda House

1475 Main Street, Saint Helena, CA 94574

**Contact:** (707) 258-9080

**Spanish Contact:** (707) 258-9087

**Website:** <https://collabriacare.org/caregiver-resources/caregiver-support-groups/>

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## SUPPORT GROUPS

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### **Living with Diabetes Support and Education Group – OLE Health**

“Ongoing program for persons with pre-diabetes or diabetes and family members/caregivers. Share concerns and coping strategies and learn management techniques.”

**Location:** 1141 Pear Tree Lane  
Napa, CA 94558

**Contact:** (707) 254-1770

**Website:** <https://www.olehealth.org/our-services/classes-groups/>

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## SUPPORT HOTLINES

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### **Miracle Messages Buddy Program**

“Miracle Friends, is a phone and text-based buddy system that matches trained volunteers with individuals experiencing homelessness for weekly phone calls and texts, to provide basic companionship and social support... Miracle Friends supports unhoused neighbors and formerly homeless senior citizens.”

**Hotline:** 1-800 – MISS-YOU

**Website:** <https://www.miraclemessages.org>

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### Miracle Messages Program

“Miracle Messages provides reunion services for individuals experiencing homelessness. A person experiencing homelessness records a message to a loved one (or vice versa). Then, our network of volunteer "digital detectives" attempt to locate the loved one and deliver the message. To date, we've reunited 400+ families (average time separated: 15 years), with 15% of reunions resulting in stable housing and 80% in a positive outcome.”

**Hotline:** 1-800 – MISS-YOU

**Website:** <https://www.miraclemessages.org>

Last Verified On: 06/24/2021

## VISION IMPAIRMENT RESOURCES

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### The Meadows of Napa Support Group

“Open to visually impaired seniors age 55+”

**Location:** The Meadows of Napa  
1800 Atrium Parkway, Napa CA

**Dates/Hours:** Every 2<sup>nd</sup> Monday  
10:00 am – 11:00 am

**Contact:** (707) 523-3222

**Note:** Schedule may change on short notice.  
Please call to confirm.

Last Verified On: 06/24/2021

## LEGAL SERVICES

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### Bay Area Legal Aid

“Provide low-income clients with free civil legal assistance, including legal advice and counsel, effective referrals, and legal representation.”

**Location:** 575 Lincoln Avenue, Suite 210  
Napa, CA 94558

**Contact:** (707) 259-0579

**Legal Advice Line:** (800) 551-5554

**Website:** <https://baylegal.org>

Last Verified On: 06/24/2021

### International Institute of the Bay Area

“Provides immigration legal services to the Bay Area community.”

**Location:** 1785 3rd Street  
Napa, CA 94559

**Contact:** (707) 266-1568 ext. 401

**Website:** <https://iibayarea.org/contact-us/napa-office/>

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# NAPA COUNTY SENIOR RESOURCES

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## LEGAL SERVICES, Continued

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### County of Napa Superior Court – Self Help

“Provide assistance completing forms related to Dissolutions, Paternity, Child Custody & Visitation, Child & Spousal Support, and other matters as time permits”

**Location:** 825 Brown Street, Second Floor  
Napa, CA 94559

**Contact:** (707) 299-1137

**Website:** <http://www.napa.courts.ca.gov/self-help>

Last Verified On: 06/24/2021

## MISCELLANEOUS

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### Disaster Preparedness for seniors by Seniors (PDF)

From the American Red Cross

**Link:**

[https://www.redcross.org/content/dam/redcross/atq/PDF\\_s/Preparedness\\_Disaster\\_Recovery/Disaster\\_Preparedness/Disaster\\_Preparedness\\_for\\_Srs-English.revised\\_7-09.pdf#](https://www.redcross.org/content/dam/redcross/atq/PDF_s/Preparedness_Disaster_Recovery/Disaster_Preparedness/Disaster_Preparedness_for_Srs-English.revised_7-09.pdf#)

Last Verified On: 06/24/2021

### Emergency Power Planning for People Who Use Electricity and Battery – Dependent Assistive Technology and Medical Devices (PDF)

“Emergency planning checklist is for people who use electricity and battery dependent assistive technology and medical devices.”

**Link:**

[https://adata.org/sites/adata.org/files/files/ADA\\_NN\\_Emergency\\_Power\\_planning-2016%20%20final\(1\).pdf](https://adata.org/sites/adata.org/files/files/ADA_NN_Emergency_Power_planning-2016%20%20final(1).pdf)

Last Verified On: 06/24/2021

### Napa Valley Share the Care

**Supplies:** for low-income clients for free, lift chairs, Hoyer lifts, wound care supplies, adult diapers, pullups, and nutritional supplements and under pads.

**Location:** 3205 Montclair Ave. Napa, CA 94559

**Contact:** (707) 492-3198

**Website:** <http://napavalleycarethecare.com>

Last verified on: 06/24/2021