

# NAPA COUNTY SUPPORT GROUP RESOURCES

**Note: Some services may have changed due to COVID-19,  
Please call to confirm hours and services available**

Support groups related to youth, adults, seniors, and their caregivers that are available in the county. Please contact the hosting agency for more information and meeting times

## **BUCKELEW PROGRAMS, SUPPORT GROUPS**

### **Community Resource Clinic**

“Buckelew Programs’ Supported Living programs in Napa assists people with serious mental illness who are homeless or at risk of homelessness or live as independently as possible. We embody the philosophy that individuals should have a home they choose, normal roles individualized adaptable services and long-term support in the most compassionate environment.”

**Contact:** (707) 253-2528

Last Verified On: 07/16/2021



## **SUBSTANCE ABUSE SUPPORT GROUPS**

### **Napa Valley Alcoholics Anonymous**

“Fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common [problem] and help other recover from alcoholism.”

**Hotline:** (707) 500-7001

**Website:** <http://www.aanapa.org/meetings>

Last Verified On: 07/16/2021

### **AI-Anon/AI-Teen**

“Fellowship of men and women whose lives have been affected by someone else’s drinking.”

**Napa Hotline:** (707) 255-4900

Last Verified On: 07/16/2021

### **Codependents (CoDA) Anonymous Meeting – Bay Area Community Service Group**

“Dedicated to everyone who struggles with issues of codependence.”

**Contact:** (408) 408-872-0733

**Website:** <http://www.sfbaycoda.net/Solano.htm>

Last Verified On: 07/16/2021

### **Napa/Solano Narcotics Anonymous**

“The Narcotics Anonymous program deal with the nature of recovery. If you have a problem with drugs, or you are questioning whether or not you are an addict, please attend one of our meetings so you can hear other people’s experience, strength, and hope with overcoming addiction through recovery in Narcotics Anonymous. Do you think you have a problem with drugs? We may be able to help. Call us for someone to talk to or to access meetings near you.”

**Contact:** 1 (866)-642-3848

**Website:** <https://www.napasolanona.org/>

Last Verified On: 07/16/2021

**UpValley Hotline:** (707) 963-4673

**Spanish Hotline:** (707) 623-6702

**Napa County Meetings:** <https://sonapal-anon.org/meeting/ncounty/>

**Website:** <https://ncwsa.org/districts/>

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## BEREAVEMENT SUPPORT GROUPS

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### Hospice by the Bay

**Location:** 190 West Napa Street  
Sonoma, CA 95476

**Contact:** (707) 935-7504

**Website:** <http://hospicebythebay.org/>

Last Verified On: 07/16/2021

### The Compassionate Friends of Napa Valley

**Location:** 3421 Villa Lane  
Napa, CA 94558

**Contact:** (707) 258-1623

**Website:**

<https://www.compassionatefriends.org/chapter/tcf-of-napa-valley/>

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## HEALTH AND WELLNESS

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### Aging Women’s Support Group – OLE Health

“For women ages 50 and older. The group offers emotional support with a focus on acculturation, depression, isolation, and grief and art therapy”

**Location:** 1141 Pear Tree Lane  
Napa, CA, 94559

**Contact:** (707) 254-1770

**When:** Thursdays 2:30 pm – 3:30 pm

**Website:** <http://www.olehealth.org/our-services/classes-groups/>

*Note: Available in Spanish only.*

Last Verified On: 07/16/2021

### Alzheimer’s Caregiver Support Group – Collabria Care

“Caregiver support groups”

**Location:** At Collabria Care  
414 Jefferson St., Napa 94559

**When:** First Thursday of every month from  
1:00 pm - 3:00 pm and

Third Wednesday of every month from 5:30 pm  
– 7:00 pm

**Location:** At Rianda House  
1475 Main Street, Saint Helena, CA 94574

**When:** First Thursday of every month from  
3:00 – 4:30 pm

**Contact:** (707) 258-9080

**Spanish Contact:** (707) 258-9087

**Website:** <https://collabriacare.org/caregiver-resources/caregiver-support-groups/>

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## HEALTH AND WELLNESS

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### **Cancer Support Group**

“Open to individuals diagnosed with any type of cancer.”

**Location:** 3448 Villa Lane. Ste. 102  
Napa, CA 94559

**Contact:** (707) 251-2000

**Website:** <https://www.thequeen.org/events-calendar/event-details/?Event=57>

Last Verified On: 07/16/2021

### **Diabetes Wellness Class – OLE Health**

“For persons at risk for diabetes, currently pre-diabetes, or diagnosed with diabetes, and family members/caregivers.”

**Location:** 1141 Pear Tree Lane  
Napa, CA 94558

**Contact:** (707) 254-1770

**Website:** <https://www.olehealth.org/our-services/classes-groups/>

Last Verified On: 07/16/2021

### **Living with Diabetes Support and Education Group – OLE Health**

“Ongoing program for persons with pre-diabetes or diabetes and family members/caregivers. Share concerns and coping strategies and learn management techniques.”

**Location:** 1141 Pear Tree Lane  
Napa, CA 94558

**Contact:** (707) 254-1770

**Website”** <https://www.olehealth.org/our-services/classes-groups/>

Last Verified On: 07/16/2021

## LGBTQ+

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### **LGBT Seniors Discussion Group – LGBTQ Connections**

“Seniors getting together in Napa County to share important information, have lively discussion and tell our life stories.”

**Location:** 3448 Villa Lane, Ste. 102  
Napa, CA 94558

**Contact:** (707) 251-9432

**When:** First Tuesday of every month from  
10:15 am – 12:00 pm

**Website:** <https://www.lgbtqconnection.org/lgbt-seniors-discussion-group>

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## RESOURCES FOR THE BLIND

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### **The Meadows of Napa Support Group**

“Open to visually impaired seniors age 55+”

**Location:** The Meadows of Napa  
1800 Atrium Parkway, Napa CA

**Dates/Hours:** Every 2<sup>nd</sup> Monday  
10:00 am – 11:00 am

**Contact:** (707) 523-3222

**Note:** Schedule may change on short notice.  
Please call to confirm.

Last Verified On: 07/16/2021

## SUPPORT HOTLINES

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### **Miracle Messages Buddy Program**

“Miracle Friends, is a phone and text-based buddy system that matches trained volunteers with individuals experiencing homelessness for weekly phone calls and texts, to provide basic companionship and social support... Miracle Friends supports unhoused neighbors and formerly homeless senior citizens.”

**Hotline:** 1-800 – MISS-YOU

**Website:** <https://www.miraclemessages.org>

Last Verified On: 07/16/2021

## SUPPORT SERVICES

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### **Miracle Messages Program**

“Miracle Messages provides reunion services for individuals experiencing homelessness. A person experiencing homelessness records a message to a loved one (or vice versa). Then, our network of volunteer "digital detectives" attempt to locate the loved one and deliver the message. To date, we've reunited 400+ families (average time separated: 15 years), with 15% of reunions resulting in stable housing and 80% in a positive outcome.”

**Hotline:** 1-800 – MISS-YOU

**Website:** <https://www.miraclemessages.org>

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## WELLNESS AND RECOVERY CENTERS

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### Wellness Center Napa

“The Queen of the Valley Wellness Center and Synergy Medical Fitness Center provide a direct link between lifestyle changes and better health. Several programs that incorporate nutritional counseling and education, as well as exercise planning with specific goal to reduce risk factor for future health problems”.

**Location:** 3421 Villa Lane

Napa, CA. 94558

**Contact:** (707) 251-1395

**Website:** <https://www.thequeen.org/contact-us/locations-and-directions/wellness-center-napa/>

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