



SHASTA COUNTY COVID-19 RESOURCES

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Please call to confirm hours and services available**

VACCINES

COVID-19 Vaccine Distribution

“During this time of limited vaccine supply, Shasta Public Health will distribute the vaccine over three phases. As of Jan 13, 2021, Shasta County is vaccinating people in Phase 1a, Tiers 1-3. Please visit their website for more information.”

Website: <https://www.co.shasta.ca.us/ready/covid-19/vaccinations>

Last Verified On: 01/15/2021

COVID TESTING SITES

Get Tested

“Testing is available with and without symptoms”

Website: https://www.co.shasta.ca.us/docs/libraries/shasta-ready-docs/covid-19/testing-sites-12-15-20.pdf?sfvrsn=675cf589_9

Anderson Walk-In Clinic

“Covid-19 testing center. Appointment required. Turnaround time 2-3 days”

Location: 3082 McMurry Drive
Anderson, CA 96007

Contact: (530) 365-4412

Website:

<https://andersonwalkinmedicalclinic.com/>

Last Verified On: 01/05/2021

Cypress Avenue VA Clinic

“Covid-19 testing center. Appointment and referral required”

Location: 760 Cypress Ave Suite 100
Redding, CA 96001

Contact: (530) 244-8800

Last Verified On: 01/05/2021

Churn Creek Health Care

“Covid-19 testing center. Appointment required. Turnaround time 3-8 days”

Location: 3184 Churn Creek Road
Redding, CA 96002

Contact: (530) 768-2436

Last Verified On: 01/05/2021

Mercy Family Health Center

“Testing is available for people with symptoms only.”

Location: 2480 Sonoma Street
Redding, CA 96001

Contact: (530) 225-7800

Last Verified On: 01/05/2021

Shasta County Health & Human Services

“Testing is available for people with or without symptoms.”

Website:

<https://www.co.shasta.ca.us/index/hhsa/office-locations>

Contact: (530) 225-5591

Last Verified On: 01/05/2021

Shasta Community Health Center

“Testing is available for people with or without symptoms, for Shasta Community Health Center patients only.”

Location: 1035 Placer Street
Redding, CA 96001

Contact: (530) 246-5710

Last Verified On: 01/05/2021



SHASTA COUNTY CRISIS RESOURCES

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AMERICAN SIGN LANGUAGE RESOURCES

Covid-19 Information and Assistance Support in American Sign Language

Video Phone (VP): (833) 682-763

Hotline Online:

https://www.aging.ca.gov/covid19/American_Sign_Language/

Last Verified On: 01/05/2021

CHILDREN AND FAMILIES

At Home Learning Resources and Activities for Kids

Website:

<https://www.first5sonomacounty.org/Resources-for-Parents/COVID-19/?section=20>

Last Verified On: 01/05/2021

Free Online Events and Activities for Kids at Home

“Provide some structure and schedule to your family’s day (updated regularly)”

Website:

<https://www.common sense media.org/blog/free-online-events-activities-kids-at-home-coronavirus>

Last Verified On: 01/05/2021

Go Noodle

“Movement and mindfulness videos created by child development experts. Available for free at school, home, and everywhere kids are!”

Website: <https://www.gonoodle.com/>

Last Verified On: 01/05/2021

Talking to Children About COVID-19 – PDF Website:

http://d31hzhk6di2h5.cloudfront.net/20200323/ac/7f/33/fc/eff9279f0e70670742cc7cd7/Talking_to_Children_About_COVID-19_FINAL.pdf

Last Verified On: 01/05/2021

Shasta Cares

“North Valley catholic Social Services (NVCS), in partnership with Shasta County Health & Human Services, is providing emotional support and financial assistance to individuals and families impacted by Covid-19. (This program is a time- limited program that will end on December 30, 2020.)”

Contact: (530) 247-3382

Website:

https://www.co.shasta.ca.us/docs/libraries/hhs-a-docs/covid-19/shasta-cares.pdf?sfvrsn=be2af289_2

Last Verified On: 01/05/2021

Hotline for HOPE.

“Finding hope during Covid-19! Parenting during a pandemic can be difficult, but you don’t have to do it alone. Call a Parent Partner. We’re here to offer support, resources and parenting tips.”

Contact: (530) 710-8609

Website:

<https://www.co.shasta.ca.us/images/libraries/hsa-images/covid/hopehotlineflyerv2.png>

Last Verified On: 01/05/2021



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DOMESTIC VIOLENCE RESOURCES

National Domestic Hotline

“For anyone affected by abuse and needing support”

Hotline: (800) 799-7233

TTY: (800) 787-3224

Text: LOVEIS to 1 (866) 331-9474

Website: <https://www.thehotline.org/>

Last Verified On: 01/05/2021

One Safe Place

“One SAFE Place is a Multi-services agency which provides legal services, safety, and emotional support to intimate partners, children, and seniors affected by domestic violence and sexual assault. Together, we will work toward a future where everyone in our community feels strong, healthy, and safe at home.”

Location: 2250 Benton Drive
Redding, CA 96003

Contact: (530) 244-0117

Website: <https://ospshasta.org/>

Last Verified On: 01/05/2021

FINANCIAL RESOURCES

California ALL

“If you have been financially affected by COVID-19, you may be eligible for: Unemployment Insurance, Eviction Protection, Mortgage Relief, Food Assistance and No credit score changes.”

Contact: (833) 422-4255

Website: <https://covid19.ca.gov/get-financial-help/>

Last Verified On: 01/06/2021

FOOD RESOURCES

CalFresh

“Benefits include: helping people buy healthy food, help families to afford healthy foods, and most stores accept Electronic Benefit Transfer (EBT) cards, issued by CalFresh.”

Contact: (530) 229-8400

Website:

<https://www.co.shasta.ca.us/index/hhsa/financial-help/calfresh>

Last Verified On: 01/05/2021

eatFresh.org

Website: <http://eatfresh.org/county/shasta>

Last Verified On: 01/05/2021

SHASTA COUNTY COVID-19 RESOURCES

FOOD RESOURCES, Continued

Anderson-Cottonwood Christian Assistance, Inc.

“Provides a 3-day supply of food based on emergency needs of families. Clothing vouchers and RABA tickets are available on a limited basis. Services are for Southern Shasta County residents only. Picture ID and utility bill in your name is required.”

Location: 2979 East Center Street

Anderson, CA 96007

Contact: (530) 604-5503

Last Verified On: 01/06/2021

Connected Living Food Bank

Location: 200 Mercy Oaks Drive

Redding, CA 96003

Contact: (530) 223-6034

Toll Free: (800) 400-6446

Website:

<http://connectedlivingnorthstate.org/meals/food-bank/>

Last Verified On: 01/05/2021

Connected Living – Meals on Wheels Program

Location: 200 Mercy Oaks Drive

Redding, CA 96003

Contact: (530) 223-6034

Toll Free: (800) 400-6446

Website:

<http://connectedlivingnorthstate.org/meals/meals-on-wheels/>

Last Verified On: 01/05/2021

Grassroots Emergency Food Closet

Location: 7752 Ponderosa Way

Shingletown, CA 96088

Contact: (530) 474-4220

Last Verified On: 01/05/2021

Fall River Mills Community Food Pantry

“Provides food pantry for community members in need. Food distribution takes place behind Mayers Intermountain Healthcare Foundation Thrift Store Wednesdays 3:30 – 4 p.m.”

Location: 43504 Hwy 299 E

Fall River Mills, CA 96028

Last Verified On: 01/05/2021

Mayers Memorial Hospital

“If you are over 65 years old or have a chronic condition that keeps you from going to get essentials, we can help with grocery shopping & delivery service.”

Contact: (530) 336-6880

Last Verified On: 01/05/2021

People of Progress

“Clients who have a place to cook can receive up to 10 days’ worth of food. Clients without a place to cook or store food at the time of service are provided meals in smaller quantities that do not require cooking or refrigeration.”

Location: 1242 Center Street

Redding, CA 96001

Contact: (530) 243-3811

Website: <https://www.peopleofprogress.org>

Last Verified On: 01/05/2021

Shasta Lake Community Pantry

Location: 1501 McConnell Ave.

Shasta Lake City, CA 96019

Contact: (530) 275-8052 or (530) 275-3568

Website:

https://www.co.shasta.ca.us/docs/libraries/hhs-a-docs/food-and-financial-help/EmergencyFoodBrochure.pdf?sfvrsn=c12aac43_0

Last Verified On: 01/05/2021



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HOUSING RESOURCES

California Fair Property Insurance Plan

Location: 3435 Wilshire Blvd. Suite 1200

Los Angeles, CA 90010

Contact: (800) 252-0089

Email:

<https://www.cfpnet.com/index.php/contact-us/>

Last Verified On: 01/05/2021

Tenant and Landlord Resources

“Protection Guidelines, Forms, Resources”

Website: <https://landlordtenant.dre.ca.gov/>

Last Verified On: 01/05/2021

MENTAL HEALTH RESOURCES

Beacon Health Options

“Beacon’s system is built on a strong support structure of doctors, nurses, advocates, and mentors fulfilling members’ behavioral, physical, and social health needs.”

Contact: (855) 765-9703

Website:

<https://www.beaconhealthoptions.com/>

Last Verified On: 01/05/2021

NAMI Helpline

“Education, support and advocacy for families & individuals affected by the challenges of living with mental illness.”

Contact: (800) 950-6264

Text: NAMI to 741741

Website: <https://www.nami.org/>

Last Verified On: 01/05/2021

SAMHSA Disaster Distress Helpline

“SAMHSA’s Disaster Distress Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.”

Contact: (800) 985-5990

Website: [https://www.samhsa.gov/find-](https://www.samhsa.gov/find-help/disaster-distress-helpline)

[help/disaster-distress-helpline](https://www.samhsa.gov/find-help/disaster-distress-helpline)

Last Verified On: 01/05/2021

CalHOPE Warm Line

“Feeling stressed by Covid-19? Help is just a phone call away! CalHOPE builds community resiliency and helps people recover from disasters through free outreach, crisis counseling, and support services.”

Contact: (833) 317-HOPE (4673)

Website: <https://calhope.dhcs.ca.gov/>

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PET ASSISTANCE

Brown Dog Foundations

“The Brown Dog Foundation provides financial assistance to pet owners in temporary financial crisis whose pet faces a treatable, but life-threatening condition or illness.”

Contact: Email

grants@browndogfoundation.org

Website: <http://www.browndogfoundation.org/>

Last Verified On: 01/05/2021

CDSS Assistance Dog Special Allowance Program

“The California Department of Social Services offers the Assistance Dog Special Allowance, which provides a monthly stipend of \$50 to eligible people who use a guide, service, or signal dog. The allowance is to help cover the food, grooming, and health costs of the dog.”

Contact: 916-657-2628

Website: <https://www.cdss.ca.gov/assistance-dogs>

Last Verified On: 01/05/2021

RESOURCES FOR UNDOCUMENTED INDIVIDUALS

I America

“COVID-19 Resources for Immigrants”

Website: <https://iamerica.org/es/recursos-del-covid-19-para-inmigrantes>

Last Verified On: 01/05/2021

Informed Immigrant

“Resource for Immigrants during the coronavirus crisis”

Website:

<https://www.informedimmigrant.com/guides/coronavirus/California>

Last Verified On: 01/05/2021

Help for immigrants – California for All

“If you’re an immigrant living in California, here is what you need to know to protect yourself, your family, and your community from coronavirus.”

Website: <https://covid19.ca.gov/guide-immigrant-californians/>

Last Verified On: 01/05/2021

SENIOR RESOURCES

Institute on Aging – Senior Intervention hotline

“The Friendship Line” non-emergency support calls

Contact: 1-800-971-0016

Website: <https://www.ioaging.org/services/all-inclusive-health-care/friendship-line>

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TECHNOLOGY RESOURCES

EveryoneOn

“We help bring low-cost internet service and affordable computers to those who need it.”

Website: <https://www.everyoneon.org/>

Last Verified On: 01/05/2021

California LifeLine Program – COVID Information

Website:

<https://www.californialifeline.com/en/covid>

Last Verified On: 01/05/2021

UTILITY ASSISTANCE

California Lifeline Program

“California LifeLine Program provides discounts on home phone and cell phone services to qualified households.”

Contact: 1 (866) 272-0349

Website: <https://www.cpuc.ca.gov/lifeline/>

Last Verified On: 01/05/2021

PG&E CARE Program

“Discount program that helps eligible customers pay their energy bills.”

Contact: (866) 743-2273

Website:

https://www.pge.com/en_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/care/care.page

Last Verified On: 01/05/2021

VETERAN RESOURCES

Annie App for Veterans

“Services that sends automated text messages to Veterans to help them stay focused on their self-care.”

Website: https://mobile.va.gov/app/annie-app-veterans?utm_source=vanityURL&utm_campaign=annie-app

Last Verified On: 01/05/2021

Make the Connection

“Learn more about experiencing suicidal thoughts and behaviors, treatment options, and self-help tools, and resources to help you reconnect and find hope.”

Contact: (800) 273-8255 press1

Website: <https://www.maketheconnection.net/>

Last Verified On: 01/05/2021

Connected Care

“Brings a VA digital technology to Veterans and health care professionals, extending access to care beyond the traditional office visit.”

Website: <https://connectedcare.va.gov/>

Last Verified On: 01/05/2021



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VETERAN RESOURCES, Continued

Nation's Finest

"We are a community-based nonprofit focused on the overall wellness and reintegration of military veterans from all eras. With a primary focus on housing assistance, behavioral health treatment, and case management, we take a holistic approach to addressing the individual needs of each veteran."

Location: 153 Hartnell Avenue, Suite 100
Redding, CA 96002

Contact: (530) 223-3211

Website: <http://www.vetsresource.org/vrc-redding.html>

Last Verified On: 01/05/2021

Veteran's My HealthVet

"Committed to providing high-quality care while keeping you safe from coronavirus."

Contact: (877) 327-0022

Website: <https://www.myhealth.va.gov/mhv-portal-web/home>

Last Verified On: 01/05/2021