

# SHASTA COUNTY CHILDREN & FAMILY RESOURCES

**Note: Some services may have changed due to COVID-19,  
Please call to confirm hours and services available**

## CHILD DEVELOPMENT RESOURCES

### Help Me Grow Shasta County

“Help Me Grow is a free service for you and the families you serve with children from birth to age eight. Help Me Grow can assist you by locating the appropriate, non-medical services that meet the individualized needs of children and their families.”

**Contact:** 2-1-1

**Website:** <https://www.helpmegrowshasta.com/>

Last Verified On: 01/03/2022

### Rowell Family Empowerment

“Empowering people with diverse abilities, and their families, to successfully navigate the systems that serve them and to empower them to self-advocate, by providing support, information and training.”

**Location:** 3330 Churn Creek Rd. Suite A-1  
Redding, CA 96002

**Contact:** (530) 226-5129

**Website:** <http://www.empoweryourfamily.org/>

Last Verified On: 01/03/2022



### Shasta Head Start

Shasta Head Start is dedicated to making a positive difference in the lives of young children, one family at a time. We provide opportunities for education, parenting support and resources to families in our communities.”

**Website:**

<https://www.shastaheadstart.org/centers--sites.html>

Last Verified On: 01/03/2022

## CHILDCARE RESOURCES

### Shasta County Office of Education – Resource and Referral

“Shasta County Resource and Referral is here to assist in your child care evaluation.”

**Location:** 43 Hilltop Drive  
Redding, CA 96003

**Contact:** (530) 225-2999

**Website:**

<https://www.shastacoe.org/instructional-services-division/early-childhood-services-department/family-community-support-services/resource-and-referral>

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## FAMILY RESOURCE CENTERS

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### **Martin Luther King Jr. Center (MLK)**

“Empowering youth through programs that cultivate moral, community and intellectual development.”

**Location:** 1815 Sheridan Street  
Redding, CA 96001

**Contact:** (530) 225-4375

**Website:**

<https://www.cityofredding.org/departments/parks-and-recreation/mlk-center-home>

Last Verified On: 01/03/2022

### **Pathways to Hope for Children Parent Partner Program**

“The Parent Partner Programs help link families with needed resources, support and advocacy.”

**Location:** 2280 Benton Drive, Building C  
Redding, CA 96003

**Contact:** (530) 242-2020

**Website:** <https://hopeshasta.org/parent-partner-programs/>

Last Verified On: 01/03/2022

### **Tri County Community Network**

“Dedicated to providing programs and services to help the people of Eastern Shasta County.”

**Location:** 37477 Main Street  
Burney, CA 96013

**Contact:** (530) 335-4600

**Website:** <http://www.burneytccn.org/>

Last Verified On: 01/03/2022

### **Youth & Family Programs**

“Provides programs for foster youth and their families. Services include: Foster care licensing, placement, and support services, an Independent Living Program for foster youth ages 16-21 and Transitional Housing Placement and support services for foster youth ages 18-21.”

**Location:** 2770 Pioneer Drive  
Redding, CA 96001

**Contact:** (530) 365-9197

**Toll Free:** (888) 893-9197

**Website:** <https://www.ncyfp.org/>

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## FINANCIAL ASSISTANCE RESOURCES

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### Andrew McDonough B+ Foundation Family Assistance Program

“Helping Families of Children under the age of 21 with cancer. The B+ Foundation Family Assistance Program gives qualified families money for expenses that are attributable to their child’s cancer diagnosis. The goal of the program is to lessen the financial burden so families can focus on helping their children get well.”

**Contact:** (302) 563-8389

**Website:** <https://bepositive.org/need-help/>

Last Verified On: 01/03/2022

### California ALL

“If you have been financially affected by COVID-19, you may be eligible for: Unemployment Insurance, Eviction Protection, Mortgage Relief, Food Assistance and No credit score changes.”

**Contact:** (833) 422-4255

**Website:** <https://covid19.ca.gov/get-financial-help/>

Last Verified On: 01/03/2022

## FOSTER CARE & KINSHIP SUPPORT SERVICES

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### EA Family Services – Foster Family Agency

“We offer a variety of services and referrals to support and educate foster families and group home representatives, as well as the youth in their care.”

**Location:** 1138 Shasta Street  
Redding, Ca. 96001

**Contact:** (530) 242-1115

**Website:** <https://www.ea.org/>

Last Verified On: 01/03/2022

### PG&E Medical Baseline Program

“Assistance program for residential customers who depend on power for certain medical and independent living needs.”

**Contact:** (800) 743-5000

**Website:**

<https://www.pge.com/medicalbaseline>

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### Youth & Family Programs

“Provides programs for foster youth and their families. Services include: Foster care licensing, placement, and support services, an Independent Living Program for foster youth ages 16-21.”

**Location:** 2770 Pioneer Drive  
Redding, CA 96001

**Contact:** (530) 365-9197

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## FOSTER CARE & KINSHIP SUPPORT SERVICES, Continued

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### Family Urgent Response System (FURS)

“FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, trauma-informed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about your worries and vent.”

**Call or Text Hotline:** (833) 939-3877

**Contact:** (916) 657-1858

**Website:** <https://www.cal-furs.org/>

Last Verified On: 01/03/2022

## HOME VISITING PROGRAMS

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### Healthy Families Shasta County

“Healthy Families Shasta is the nationally recognized, evidence-based home visiting program that builds a strong foundation for safe and secure relationships between caregiver and child, maximizing opportunities for all children to reach their full potential. Healthy Families Shasta can provide a home visitor to support any pregnant or parenting families who are NOT eligible for NFP. Mom can enroll at any time during her pregnancy or until the baby is three months of age and must reside in Shasta County. There are no age, income or first time parent requirements.”

**Contact:** (530) 247-3312

**Email:** [lharrison@nvcss.org](mailto:lharrison@nvcss.org)

**To Self-Refer:** <https://nvcss.org/shasta-baby-steps-questionnaire/>

**Website:** <https://nvcss.org/programs/healthy-families-shasta/>

**Facebook:**

<https://www.facebook.com/nvcss.hfashasta>

Last Verified On: 01/03/2022

### Parent Partners

“Family Resource Parent Partners are available for home visiting and walk-in services for any family in Shasta County. Parent Partners help families identify and connect to needed resources such as affordable housing, food, clothing and parenting education.”

**Location:** 2280 Benton Dr. Suite B  
Redding, CA 96001

**Contact:** (530) 242-2020

**Website:** <https://hopeshasta.org/parent-partner-programs/>

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## MENTAL HEALTH RESOURCES

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### Beacon Health Options

“Beacon’s system is built on a strong support structure of doctors, nurses, advocates, and mentors fulfilling members’ behavioral, physical, and social health needs.”

**Contact:** (855) 765-9703

**Website:**

<https://www.beaconhealthoptions.com/>

Last Verified On: 01/03/2022

### CalHOPE Warm Line

“Feeling stressed by Covid-19? Help is just a phone call away! CalHOPE builds community resiliency and helps people recover from disasters through free outreach, crisis counseling, and support services.”

**Contact:** (833) 317-HOPE (4673)

**Website:** <https://calhope.dhcs.ca.gov/>

Last Verified On: 01/03/2022

### NAMI Helpline

“Education, support and advocacy for families & individuals affected by the challenges of living with mental illness.”

**Contact:** (800) 950-6264

**Text:** NAMI to 741741

**Website:** <https://www.nami.org/>

Last Verified On: 01/03/2022

## PET ASSISTANCE

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### Brown Dog Foundations

“The Brown Dog Foundation provides financial assistance to pet owners in temporary financial crisis whose pet faces a treatable, but life-threatening condition or illness.”

**Contact:** Email

[grants@browndogfoundation.org](mailto:grants@browndogfoundation.org)

**Website:** <http://www.browndogfoundation.org/>

Last Verified On: 01/03/2022

### Canine Companions for Independence®

“We unite people with dogs in a powerful program that leads to greater independence and confidence.”

**Contact:** (800) 572-2275

**Form:** <http://www.cci.org/assistance-dogs/is-a-dog-right-for-you.html>

**Email:** [info@cci.org](mailto:info@cci.org)

**Website:** <http://www.cci.org/>

Last Verified On: 01/03/2022

### CDSS Assistance Dog Special Allowance Program

“The California Department of Social Services offers the Assistance Dog Special Allowance, which provides a monthly stipend of \$50 to eligible people who use a guide, service, or signal dog. The allowance is to help cover the food, grooming, and health costs of the dog.”

**Contact:** 916-657-2628

**Website:** <https://www.cdss.ca.gov/assistance-dogs>

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## SUPPORT SERVICES

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### **Bridges to Success**

“Bridges to Success has created several, free online groups to help ease tension and make parenting easier during Shelter in Place..”

**Contact:** (530) 225-0350

**Website:**

<https://www.shastacoe.org/instructional-services-division/early-childhood-services-department/bridges-to-school-success>

Last Verified On: 01/03/2022

### **Family Dynamics**

“Provides positive parent education and interventions; to help strengthen the bonds between parents and children.”

**Location:** 3657 Ricardo Ave.  
Redding, CA 96002

**Contact:** (530) 242-9007

**Website:** <https://familydynamics.info/>

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### **Rowell Family Empowerment**

“Empowering people with diverse abilities, and their families, to successfully navigate the systems that serve them and to empower them to self-advocate, by providing support, information and training to parents so they can make informed decisions to support their child.”

**Location:** 3330 Churn Creek Rd. Suite A-1  
Redding, CA 96002

**Contact:** (530) 226-5129

**Website:** <http://www.empoweryourfamily.org/>

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### **TAPP Teen Pregnancy & Parenting Program**

“The program helps you see what is positive in your life. Working with your case manager, you will focus on your strengths, explore your values and set goals for your life. The program offers challenging and interesting activities where you explore what is important to you.”

North Valley Catholic Social Services

**Location:** 2400 Washington Avenue  
Redding, CA 96001

**Contact:** (530) 247-3329

**Website:** <https://nvcss.org/programs/tapp-teen-services/>

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### **Alyssa Araiza Wings of Angels Organization**

“Committed to aiding families who have children suffering with pediatric cancer or life threatening illness by providing unique support in ways other organizations do not. Families served live in Shasta, Siskiyou, Trinity, Lassen, and Modoc counties in Northern California.”

**Contact:** (530) 378-2373

**Website:** <http://www.aawoa.com/services.html>

Last Verified: 01/03/2022