

SHASTA COUNTY LGBTQ+ RESOURCES

**Note: Some services may have changed due to COVID-19,
Please call to confirm hours and services available**

HOTLINE PHONE NUMBERS

LGBT National Talk Line

“For all ages about coming-out issues, relationship concerns, HIV/AIDS, anxiety, safe sex practices & more.”

Contact: (800) 843-4564

Email: help@LGBThotline.org

Website: <https://www.glbthotline.org/national-hotline.html>

Last Verified On: 04/06/2021

LGBT National Youth Talk Line

“Telephone & email peer- counseling, factual info & local resources for cities across the U.S.”

Contact: (800) 246-7743

Email: help@LGBThotline.org

Website: <https://www.glbthotline.org/talkline.html>

Last Verified On: 04/06/2021



Trevor Lifeline

“Website, chat, & text crisis support, specializing in LGBTQ youth suicide prevention.”

Contact: (866) 488-7386

Text: START to 678678

Website: <https://www.thetrevorproject.org/get-help-now/>

Last Verified On: 04/06/2021

LEGAL RESOURCES

National Center for Lesbian Rights (NCLR)

“A national nonprofit law firm that protects the legal and human rights of lesbians, gay men, bisexual & transgender people across the United States through impact litigation, public policy, advocacy, public education, & direct legal services.”

Contact: (415) 392-6257

Website: <http://www.nclrights.org/>

Last Verified On: 04/06/2021



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PHC MEMBER BENEFITS

Sensitive Services

Sensitive Services includes services for Family Planning, STD testing and treatment, AIDS/HIV testing, and Abortion (ending pregnancy) counseling and services.

You can go to your PCP directly, or any Medi-Cal provider for sensitive services. You do not need Prior Approval.

All members have the right to confidentiality when getting these services.

Website:

<http://www.partnershiphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaItem28>

Last Verified On: 10/08/2021

RESOURCE CENTERS

NorCal Outreach Project

“As Redding's LGBTQ+ Center, aims to support and unite the LGBTQIA+ community and its many Allies by providing social connection, public events, support groups and educational training. Strives to be inclusive of all genders and sexualities and celebrate diversity in our community, thereby creating a safer and more accepting place for all in rural northern California. Covering Lassen, Modoc, Shasta, Siskiyou, Tehama, and Trinity Counties.”

Location: 2553 Victor Avenue Suite A

Redding, CA 96002

Contact: (530) 949-6267

Email: info@norcaloutreach.org

Website: <https://norcaloutreach.org/>

Last Verified On: 04/06/2021



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RESOURCE DIRECTORIES

Pink Spots – The LGBTQ Directory

Website: <https://www.gaypinkspots.com/>

Last Verified On: 04/06/2021

SENIORS

SAGE

“National organization offering supportive services and consumer resources for LGBTQ older adults and their caregivers.”

Contact: (212) 741-2247

Website: <https://www.sageusa.org/>

Last Verified On: 04/06/2021

SUPPORT GROUPS

LGBTQ+ Support Groups - TransFamily Support Services

“Middle School Support Group, High School Support Group, Young Adult Support Group, Parent & Caregiver Support Group, Parents of Trans Little Support Group, and Gathering for Trans with Littles”

Contact: 858-304-0085

Email: Info@TransFamilySOS.org

Website:

<https://transfamilysos.org/services/support-groups/>

Last Verified On: 01/06/2022

TRANSGENDER RESOURCES

Trans Lifeline

“Fight the epidemic of trans suicide and improves overall life-outcomes of trans people by facilitating justice-oriented, collective community aid. For trans people, by trans people.”

Contact: (877) 565- 8860

Website: <https://www.translifeline.org/>

Last Verified On: 04/06/2021

Transgender Map

“This free website shows how to make a gender transition”

Website: <https://www.transgendermap.com/>

Last Verified On: 04/06/2021





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TRANSGENDER RESOURCES, Continued

Trans Resilience

“Helps trans and genderqueer/gender non-conforming people to navigate the world and find joy and happiness in their lives, through providing tools to develop self-love, self-compassion, and conscious communication.”

Contact: 510-842-7088

Website: <https://transresilience.com/>

Last Verified On: 04/06/2021

YOUTH RESOURCES

LGBT National Youth Talk Line

“Telephone & email peer- counseling, factual info & local resources for cities across the U.S.”

Contact: (800) 246-7743

Email: help@LGBThotline.org

Website:

<https://www.glbthotline.org/talkline.html>

Last Verified On: 04/06/2021