



SISKIYOU COUNTY CRISIS RESOURCES

**Note: Some services may have changed due to COVID-19,
Please call to confirm hours and services available**

Available resources and services for those experiencing a crisis.

In the case of a life threatening emergency, call 911



24-HOUR MENTAL HEALTH CRISIS SERVICES

CA Youth Crisis Line (CYCL)

“The California Youth Crisis Line operates 24/7 as the statewide emergency response system for youth (ages 12-24) and families in crisis. Professionally trained staff and volunteer counselors provide crisis intervention counseling and resource referrals to service providers in the caller’s local community. Thoughts of suicide, depression, bullying, health and identity questions, trauma, human trafficking or any teen-related struggle are discussed with a crisis counselor in confidence and without judgement. We do not provide advice. We listen with compassion.”

Contact: (800) 843-5200

Website: <https://calyouth.org/cycl/>

Last Verified: 02/04/2021

North County Office

Location: 2060 Campus Drive
Yreka, CA 96097

24-Hour Crisis Line: (800) 842-8979

Contact: (530) 841-4100

Website:

<https://www.co.siskiyou.ca.us/behavioralhealth/page/crisis-services>

Last verified on: 02/04/2021

South County Office

Location: 1107 Ream Avenue
Mt. Shasta, CA 96067

24-Hour Crisis Line: (800) 842-8979

Contact: (530) 918-7200

Website:

<https://www.co.siskiyou.ca.us/behavioralhealth/page/crisis-services>

Last verified on: 02/04/2021



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24-HOUR MENTAL HEALTH CRISIS SERVICES

National Runaway Safeline

“Get support. We are here to listen and here to help. We will listen to your story. We are available 24/7 for youth and families in crisis.”

Contact: (800) 786-2929

Text: 66008

Website: <https://www.1800runaway.org/youth-teens/>

Last Verified On: 02/04/2021

Strength After

“If you are experiencing emotional distress or other mental health concerns after a disaster, the Disaster Distress Helpline is here for you 24/7. Our mission is to provide a hub to share stories of hope and recovery encompassing all types of natural and human-caused disaster. Strength After... highlights the resilience of individuals and communities while providing a resource for other survivors and responders.”

Contact: (800) 985-5990

Website: <https://strengthafterdisaster.org/>

Last Verified On: 02/04/2021

Your Life Your Voice

“You don’t have to face your problems alone. If you are having thoughts of harming yourself or you are being abused, please call us. These are serious issues that are best handled in one-on-one conversations with counselors. Counselors are ready for your call 24/7.”

Contact: (800) 448-3000

Text: VOICE to 20121

Website:

<https://www.yourlifeyourvoice.org/Pages/home.aspx>

Last Verified On: 02/04/2021



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DOMESTIC VIOLENCE & ABUSE RESOURCES

Adult Protective Services

“The Adult Protective Services (APS) program investigates reports of abuse and neglect of elder and dependent adults. An “elder” adult is any person 65 years of age or older. A “dependent” adult is any person 18 through 64 years of age who has physical or mental limitations which restricts their ability to carry out normal activities or protect their rights. APS evaluates all allegations of abuse and neglect to determine an appropriate and timely response. Social workers provide services that are focused on stopping the abuse and then helping the individual to develop a plan to maintain themselves in a safe environment.”

Location: 2060 Campus Drive

24/7 Adult Protection Hotline: (530) 842-7009

Contact: (530) 841-4200

Website:

<https://www.co.siskiyou.ca.us/acs/page/adult-services>

Last verified on: 02/04/2021

Child Protective Services

“Child Protective Services provides 24 hour emergency response to referrals of child abuse or neglect.”

Location: 2060 Campus Drive

Yreka, CA 96097

Contact: (530) 841-4200

After Hours Hotline: (530) 842-7009

Website:

<https://www.co.siskiyou.ca.us/acs/page/adult-services>

Last verified on: 02/04/2021

Love is Respect

“Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.”

Contact: (866) 331-9474

Text: LOVEIS to 22522

Website: <https://www.loveisrespect.org/>

Last Verified On: 02/04/2021

RAINN

“RAINN (Rape, Abuse & Incest National Network...in partnership with more than 1,000 local sexual assault service providers across the country and operates the DoD Safe Helpline for the Department of Defense. RAINN also carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice.”

National Sexual Assault Hotline: (800) 656-4673

Website: <https://www.rainn.org/>

Last Verified On: 04/23/2021



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DOMESTIC VIOLENCE & ABUSE RESOURCES, Continued

RedRover

“Preserving the human-animal bond by financial assistance, resources and support to low-income individuals and survivors of domestic violence and their pets, so families can escape abuse together and stay together.”

Contact: (916) 429-2457

Website: <https://redrover.org/relief/>

Last Verified On: 02/04/2021

Siskiyou Domestic Violence & Crisis Center

“The mission of Siskiyou Domestic Violence & Crisis Center is to assist victims in becoming survivors by providing advocacy and support services while empowering them during this transitional period.”

Location: 118 Ranch Lane
Yreka, CA 96097

Toll Free: (877) 842-4068

Website: <https://sdvcc.org/>

Last verified on: 02/04/2021

FOSTER AND KINSHIP SUPPORT SERVICES

Family Urgent Response System (FURS)

“FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, trauma-informed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about your worries and vent.”

Call or Text Hotline: (833) 939-3877

Contact: (916) 657-1858

Website:

<https://cdss.ca.gov/inforesources/cdss-programs/foster-care/furs>

Last Verified On: 03/01/2021