



# SISKIYOU COUNTY YOUTH RESOURCES

**Note: Some services may have changed due to COVID-19,  
Please call to confirm hours and services available**

## **CRISIS HOTLINES**

### **CA Youth Crisis Line (CYCL)**

“The California Youth Crisis Line operates 24/7 as the statewide emergency response system for youth (ages 12-24) and families in crisis. Professionally trained staff and volunteer counselors provide crisis intervention counseling and resource referrals to service providers in the caller’s local community. Thoughts of suicide, depression, bullying, health and identity questions, trauma, human trafficking or any teen-related struggle are discussed with a crisis counselor in confidence and without judgement. We do not provide advice. We listen with compassion.”

**Contact:** (800) 843-5200

**Website:** <https://calyouth.org/cycl/>

Last Verified: 10/01/2021

### **National Runaway Safeline**

“Get support. We are here to listen and here to help. We will listen to your story. We are available 24/7 for youth and families in crisis.”

**Contact:** (800) 786-2929

**Text:** 66008

**Website:** <https://www.1800runaway.org/youth-teens/>

Last Verified On: 10/01/2021



### **Trevor Lifeline**

“Website, chat, & text crisis support, specializing in LGBTQ youth suicide prevention.”

**Contact:** (866) 488-7386

**Text:** START to 678678

**Website:** <https://www.thetrevorproject.org/get-help-now/>

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## DOMESTIC VIOLENCE & ABUSE RESOURCES

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### Love is Respect

“Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.”

**Contact:** (866) 331-9474

**Text:** LOVEIS to 22522

**Website:** <https://www.loveisrespect.org/>

Last Verified On: 10/01/2021

### Your Life Your Voice

“You don’t have to face your problems alone. If you are having thoughts of harming yourself or you are being abused, please call us. These are serious issues that are best handled in one-on-one conversations with counselors. Counselors are ready for your call 24/7.”

**Contact:** (800) 448-3000

**Text:** VOICE to 20121

**Website:**

<https://www.yourlifeyourvoice.org/Pages/home.aspx>

Last Verified On: 10/01/2021

## EDUCATION & EMPLOYMENT

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### California Student Aid Commission

“If you are or were in foster care for at least one day, between the ages of 16 and 18 as a dependent or ward of the court and have financial need, you may qualify for up to \$5,000 a year for career and technical training or college. You don’t have to pay this money back. You may also be able to use your grant to help pay for child care, transportation and rent while you’re in school. You can use your Chafee Grant at any eligible California college or university or career or technical school, as well as schools in other states.”

**Website:** <https://chafee.csac.ca.gov/>

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## FAMILY RESOURCE CENTERS

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### **Butte Valley Community Resource Center**

“The Butte Valley Community Resource Center (BVCRC) is the result of the needs and the collaboration among the local stakeholders to provide services and opportunities for our fellow community members in Dorris and the surrounding Butte Valley.”

**Location:** 111 W. Third Street  
Dorris, CA 96023

**Contact:** (530) 397-2273

**Website:** <https://first5siskiyou.org/family-and-community-resource-centers-projects/butte-valley/>

Last Verified On: 10/01/2021

### **Dunsmuir Community Resource Center**

**Location:** 5840 Suite A Dunsmuir Avenue  
Dunsmuir, CA 96025

**Contact:** (530) 235-4400

**Website:** <https://first5siskiyou.org/family-and-community-resource-centers-projects/dunsmuir/>

Last Verified On: 10/01/2021

### **The HUB Communities Family Resource Center**

“The HUB Communities Family Resource Center is centrally located within the 10 rural “frontier” communities known as Shasta Valley. Our main office is located in downtown Montague. Our mission is to empower individuals and families by providing services, resources, and referrals, while celebrating the diversities and strengths unique to each community.”

**Location:** 310 S. 13<sup>th</sup> Street  
Montague, CA 96064

**Contact:** (530) 459-3481

**Website:** <https://first5siskiyou.org/family-and-community-resource-centers-projects/montague/>

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### **Happy Camp Community Center**

“Our current programs include First 5 Play Groups, the Happy Camp Farmers Market, CalFresh Outreach & Application Assistance, MHSA Youth Groups, MHSA Open Access and Referrals, Veterans services, Medical Equipment Loan Program and USDA Food Commodity Distributions.”

**Location:** 38 Parkway Road  
Happy Camp, CA 96039

**Contact:** (530) 493-5117

**Website:** <http://www.happycampcc.org/>

Last Verified On: 10/01/2021

### **Family and Community Resource Center of Weed**

**Location:** 260 Main Street  
Weed, CA 96094

**Contact:** (530) 938-9914

**Website:** <https://first5siskiyou.org/family-and-community-resource-centers-projects/weed/>

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### **Mt. Shasta Community Resource Center**

“We offer an array of services and support to improve the lives of individuals, children, youth, families and older adults in our communities. We believe healthy individuals and families create healthy communities!”

**Location:** 109 E. Lake Street  
Mt. Shasta, CA 96067

**Contact:** (530) 926-1400

**Website:** <http://mtshastacrc.com/>

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## FAMILY RESOURCE CENTERS

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### **Scott Valley Family Resource Center**

“Our mission is to be a community-based organization dedicated to strengthening the community by enriching and empowering its individuals and families.”

**Location:** 11920 Main Street  
Fort Jones, CA 96032

**Contact:** (530) 468-2450

**Website:** <https://first5siskiyou.org/family-and-community-resource-centers-projects/scott-valley/>

Last Verified On: 10/01/2021

### **Yreka Community Resource Center**

**Location:** 201 S. Broadway  
Yreka, CA 96097

**Contact:** (530) 842-1313

**Website:** <https://first5siskiyou.org/family-and-community-resource-centers-projects/yreka/>

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### **Tulelake/Newell Family Resource Center**

“We offer a variety of services such as adult and child mental health services, health and nutrition promotion programs, services for seniors, resource and referrals, and volunteer opportunities.”

**Location:** 810 Main Street  
Tulelake, CA 96134

**Contact:** (530) 667-2147

**Website:**

<http://www.teachinc.org/pdf/FRCBrochure.pdf>

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## FOSTER AND KINSHIP SUPPORT SERVICES

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### **Family Urgent Response System (FURS)**

“FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, trauma-informed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about your worries and vent.”

**Call or Text Hotline:** (833) 939-3877

**Contact:** (916) 657-1858

**Website:**

<https://cdss.ca.gov/inforesources/cdss-programs/foster-care/furs>

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## MENTAL HEALTH SERVICES

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### **Beacon Health Options**

“Beacon’s system is built on a strong support structure of doctors, nurses, advocates, and mentors fulfilling members’ behavioral, physical, and social health needs.”

**Contact:** (855) 765-9703

**Website:**

<https://www.beaconhealthoptions.com/>

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## PHONE / APP SUPPORT

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### **Actively Moving Forward – Heal Grief App**

“The AMF Heal Grief App provides a national network of young adults all connected, heard, and understood by other like-minded young adults grieving a similar death loss, in a way young adults communicate best, digitally, and 24/7. All through the App, community members have access to facilitated virtual support groups, tools, resources, reading, videos, supportive quotes, community engagement via direct messaging, group chats, posts, and interactive comment boards that bereavement care professionals monitor.”

**Website:** <https://healgrief.org/amf-app/>

Last Verified On: 10/01/2021

### **All-Options**

“Uses direct service and social change strategies to promote unconditional, judgment-free support for people in all their decisions, feelings, and experiences with pregnancy, parenting, abortion, and adoption.”

**Talkline:** (888) 493-0092

Last Verified On: 10/20/2021

### **BE STRONG APP**

“The Be Strong APP unites power with choice that saves & changes lives. You’ll find resources, support, intervention and best practices on combatting many adversities by increasing resilience, supporting you in emotional, behavioral and everyday challenges. If you or those you know are struggling with hunger, housing, escaping violence, mental health and more...help is at your fingertips.”

**Contact:** (954) 246-5807

**Email:** <https://bestrong.global/#contact>

**Website:** <https://bestrong.global/#download-app>

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## SUPPORT GROUPS

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### **Talk About Grief**

“Virtual Grief Support Group. Many children have a hard time grieving the loss of someone close to them. Community Hospice offers resources for children and teens no matter where they are on their grief journey to help ease the pain...Our Child Grief Support Programs supports children and teens who are grieving the death of someone close to them and are offered free of charge. Through the Child Grief Support Programs at Community Hospice, grieving children and teens are able to share their story about their loss, learn healthy ways to cope, and connect with other children and teens that have had similar losses.”

**Contact:** (209) 578-6300

**Website:** <http://heal.hospiceheart.org/youth-support/>

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## SUPPORT SERVICES

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### **Alyssa Araiza Wings of Angels Organization**

“Committed to aiding families who have children suffering with pediatric cancer or life threatening illness by providing unique support in ways other organizations do not. Families served live in Shasta, Siskiyou, Trinity, Lassen, and Modoc counties in Northern California.”

**Location:** 6907 Weeks Road

Redding, CA 96002

**Contact:** (530) 378-2373

**Website:** <https://www.aawoa.com/>

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