

TRINITY COUNTY PERINATAL RESOURCES

**Note: Some services may have changed due to COVID-19,
Please call to confirm hours and services available**

PREGNANCY SUPPORT SERVICES

Trinity County Maternal Child Adolescent Health/Perinatal Outreach Education

Location: 51 Industrial Park Way
Weaverville, CA 96093

Contact: (530) 623-8209

Toll Free: (800) 851-5658

Website: <https://www.trinitycounty.org/MCAH-POE>

Last Verified On: 05/13/2021

Human Response Network Welcome Baby

“New parents and other caregivers, including grandparents and other relatives caring for a baby, can receive a Welcome Baby visit. Resources, a handmade quilt, books, and other useful items are provided at the visit. Call and speak with a service provider for more information.”

Location: 111 Mountain View Street
Weaverville, CA 96093

Contact: (530) 623-2024

Toll Free: (800) 358-5251

Website: <https://www.hrtrinity.org/community-services-1>

Last Verified On: 05/13/2021

Text4Baby

“Receive free text messages three times per week, timed to their due date or their baby’s birth date, through pregnancy and up until the baby’s first birthday.”

English Text: BABY to 511411

Spanish Text: BEBE to 511411

Website: <https://www.text4baby.org/>

Last Verified On: 05/13/2021



Toolkit for Pregnant People and New Parents

“Resources and tools to help pregnant people, breastfeeding people, and new parents caring for infants to protect their health and help people who serve these communities communicate with them.”

Website:

<https://www.cdc.gov/coronavirus/2019-ncov/communication/toolkits/pregnant-people-and-new-parents.html>

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ADOPTION SERVICES

Adoption Choices

“Adoption Choices of Northern California is a **private, non-profit licensed adoption facilitator** which assists both birth parents and prospective adoptive parents to engage in successful adoption experience. We provide adoption facilitation of newborns.”

Contact: (530) 891-0302

Toll Free: (800) 607-9200

Website: <http://ac-nc.org/>

Last Verified On: 05/13/2021

Adoption Connection

“Counselors are here to explain all of the steps in the adoption process. We can help you understand what would happen between now and the baby’s arrival and afterwards.”

Location: 1710 Scott St.

San Francisco, CA 95115

Contact: (888) 517-5580

Website:

<https://adoptionconnection.jfcs.org/im-pregnant/>

Last Verified On: 05/13/2021

American Adoptions

“Interested in making an adoption plan for your child? Talk to an adoption specialist today.”

Toll Free Contact: (800) – ADOPTION (236-7846)

Website:

https://www.americanadoptions.com/pregnant/free_info

Last Verified On: 05/13/2021

Lifetime Adoption

“Pregnant or considering adoption for your child? Get a FREE adoption planning kit today.”

Toll Free Contact: (800) -923-6784

Website:

<https://lifetimeadoption.com/birthmothers/adoption-kit/>

Last Verified On: 05/13/2021

BREASTFEEDING SUPPORT

La Leche League of Northern California and Hawaii

“Helping breastfeeding mothers through mother-to-mother support, encouragement, information, and education.”

Contact: (707) 485-1940

Website: <http://llnocal.org/groups/reddingca>

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WOMEN, INFANTS & CHILDREN (WIC)

“The WIC program will provide women, infants, and children healthy food and the knowledge and opportunity to make healthy choices that are consistent with local, federal, and state guidelines. By placing people first, in an atmosphere of dignity and respect, we can promote the health and well-being for all Californians to enjoy a higher quality of life. Parents, including single fathers, can receive benefits for infants and children under five years old.”

Website: <https://www.trinitycounty.org/WIC>

WIC Weaverville Clinic

Location: 51 Industrial Parkway
Weaverville, CA 96093

Contact: (530) 623-8209

Toll Free: (800) 851-5658

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WIC Hayfork Community Center

Location: 154 Tule Creek Road
Hayfork, CA 96041

Contact: (530) 623-8209

Toll Free: (800) 851-5658

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HOME VISITING PROGRAMS

Human Response Network Welcome Baby

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HOUSING RESOURCES

Human Response Network Housing and Homeless Services

“Homeless shelters for persons residing in Trinity County. Transitional Housing. Rental assistance for homeless and at risk of homeless persons residing in Trinity County.”

Location: 111 Mountain View Street
Weaverville, CA 96093

Contact: (530) 623-2024

Toll Free: (800) 358-5251

Website: <https://www.hrnrtrinity.org/community-services-1>

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MATERNAL MENTAL HEALTH

Beacon Health Options

Mental health services for Partnership HealthPlan members.

Contact: (855) 765-9703

TTY: (800) 735-2929

Website:

<https://www.beaconhealthoptions.com/>

Last Verified On: 05/13/2021

Mind Body Pregnancy

“Mind Body Pregnancy covers all topics related to emotional health during the reproductive period of a woman’s life. This includes your mood, your anxiety, mental illness, hormones, treatments, and many others.”

Website: <http://mindbodypregnancy.com/>

Last Verified on: 05/13/2021

Paternal Postpartum Depression Guide

Website: <https://parentingpod.com/paternal-postpartum-depression/>

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PERINATAL SUBSTANCE USE RESOURCES

Mother To Baby

“We specialize in answering questions about the safety/risk of exposures, such as medications, vaccines, chemicals, herbal products, substances of abuse, maternal health conditions and much more, during pregnancy or breastfeeding. Our no-cost information service is available to mothers, health professionals, and the general public via chat, text, phone, and email in both English and Spanish.”

Contact: (866) 626-6847

Website: <https://mothertobaby.org/pregnancy-breastfeeding-exposures/>

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Satellite Office Hayfork Behavioral Health Clinic-Alcohol & Other Drug Services (AODS)

“The mission of Trinity County’s Alcohol and Other Drug Services (AODS) is to provide quality prevention, intervention, and Treatment Services to residents of Trinity County with alcohol or other drug issues.”

Location: 145-B Tule Creek Road
Hayfork, CA 96041

Contact: (530) 628-4111

Website: <https://www.trinitycounty.org/alcohol-and-other-drug-services>

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Trinity County Alcohol & Other Drug Services (AODS) Main Office

“Priority Admission given to pregnant and parenting women.”

Location: 1450 Main Street
Weaverville, CA 96093

Contact: (530) 623-1362

Toll Free Crisis Line: (888) 624-5820

Website: <https://www.trinitycounty.org/alcohol-and-other-drug-services>

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POSTPARTUM SUPPORT SERVICES

Postpartum Support International Helpline

“In English and Spanish, serves more than 600 callers a month, and rapidly refers callers to appropriate local resources including emergency services.”

PSI Helpline: (800) 944-4773

Text English: (503) 894-9453

Text Spanish: (971) 420-0294

Website: <https://www.postpartum.net/>

Last Verified On: 05/13/2021

DADS Chat with an Expert – Postpartum Support International

“Free call-in forum for dads facilitated by a perinatal mood disorder expert.”

Date/Time: First Monday of each month at 5 p.m.

Call-In Number: 1-800-944-8766, code 73162#

Website: <https://www.postpartum.net/get-help/resources-for-fathers/chat-with-an-expert-for-dads/>

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SUPPORT GROUPS

Postpartum Support International Online Support Meetings

“Black Mamas Matter Support Group, Perinatal Mood Support Group, Pregnancy Mood Support Group, NICU Parents, Military Moms, Pregnancy and Infant Loss”

Website: <https://www.postpartum.net/get-help/psi-online-support-meetings/>

Last Verified On: 05/13/2021

PALS – Pregnancy After Infant Loss Online Support Groups

“Pregnancy After Loss Support moderates 14 online support groups on Facebook. These group encourage peer-to-peer support during the stages after pregnancy loss.”

Website:

<https://pregnancyafterlosssupport.org/get-support/pals-private-groups/>

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