



TRINITY COUNTY YOUTH RESOURCES

**Note: Some services may have changed due to COVID-19,
Please call to confirm hours and services available**

CRISIS HOTLINES

CA Youth Crisis Line (CYCL)

“The California Youth Crisis Line operates 24/7 as the statewide emergency response system for youth (ages 12-24) and families in crisis. Professionally trained staff and volunteer counselors provide crisis intervention counseling and resource referrals to service providers in the caller’s local community. Thoughts of suicide, depression, bullying, health and identity questions, trauma, human trafficking or any teen-related struggle are discussed with a crisis counselor in confidence and without judgement. We do not provide advice. We listen with compassion.”

Contact: (800) 843-5200

Website: <https://calyouth.org/cycl/>

Last Verified: 10/01/2021

National Runaway Safeline

“Get support. We are here to listen and here to help. We will listen to your story. We are available 24/7 for youth and families in crisis.”

Contact: (800) 786-2929

Text: 66008

Website: <https://www.1800runaway.org/youth-teens/>

Last Verified On: 10/01/2021



Trevor Lifeline

“Website, chat, & text crisis support, specializing in LGBTQ youth suicide prevention.”

Contact: (866) 488-7386

Text: START to 678678

Website: <https://www.thetrevorproject.org/get-help-now/>

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DOMESTIC VIOLENCE & ABUSE RESOURCES

Human Response Network

“HRN services focus on empowering clients with the skills and support necessary to enable them to transition out of poverty and become self-sufficient providers for themselves and their family. Our programs are aimed at improving early childhood development; assisting victims of domestic violence and sexual assault; providing supports; and serving families, youth, and the community.”

Location: 111 Mountain View Street
Weaverville, CA 96093

Contact: (530) 623-2024

Toll Free: (800) 358-5251

Website:

<http://www.humanresponsenetwork.org/>

Last Verified On: 10/01/2021

Love is Respect

“Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.”

Contact: (866) 331-9474

Text: LOVEIS to 22522

Website: <https://www.loveisrespect.org/>

Last Verified On: 10/01/2021

One Safe Place

“One SAFE Place is a Multi-services agency which provides legal services, safety, and emotional support to intimate partners, children, and seniors affected by domestic violence and sexual assault. Together, we will work toward a future where everyone in our community feels strong, healthy, and safe at home.”

Location: 2250 Benton Drive
Redding, CA 96003

Contact: (530) 244-0117

Website: <https://ospshasta.org/>

Last Verified On: 10/01/2021

Your Life Your Voice

“You don’t have to face your problems alone. If you are having thoughts of harming yourself or you are being abused, please call us. These are serious issues that are best handled in one-on-one conversations with counselors. Counselors are ready for your call 24/7.”

Contact: (800) 448-3000

Text: VOICE to 20121

Website:

<https://www.yourlifeyourvoice.org/Pages/home.aspx>

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EDUCATION & EMPLOYMENT

California Student Aid Commission

“If you are or were in foster care for at least one day, between the ages of 16 and 18 as a dependent or ward of the court and have financial need, you may qualify for up to \$5,000 a year for career and technical training or college. You don’t have to pay this money back. You may also be able to use your grant to help pay for child care, transportation and rent while you’re in school. You can use your Chafee Grant at any eligible California college or university or career or technical school, as well as schools in other states.”

Website: <https://chafee.csac.ca.gov/>

Last Verified On: 10/01/2021

FOSTER AND KINSHIP SUPPORT SERVICES

Trinity County Transitional Services for Youth

“There are a variety of services available to youth who are in foster care from age 16 and up, including some services for youth as they age out of foster care and beyond, transitioning to independence.”

Contact: (530) 623-1314

Website:

<https://www.trinitycounty.org/Transitional-Services-for-Youth>

Last Verified On: 10/01/2021

Family Urgent Response System (FURS)

“FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, trauma-informed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about your worries and vent.”

Call or Text Hotline: (833) 939-3877

Contact: (916) 657-1858

Website:

<https://cdss.ca.gov/inforesources/cdss-programs/foster-care/furs>

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MENTAL HEALTH SERVICES

Beacon Health Options

“Beacon’s system is built on a strong support structure of doctors, nurses, advocates, and mentors fulfilling members’ behavioral, physical, and social health needs.”

Contact: (855) 765-9703

Website:

<https://www.beaconhealthoptions.com/>

Last Verified On: 10/01/2021

PHONE / APP SUPPORT

Actively Moving Forward – Heal Grief App

“The AMF Heal Grief App provides a national network of young adults all connected, heard, and understood by other like-minded young adults grieving a similar death loss, in a way young adults communicate best, digitally, and 24/7. All through the App, community members have access to facilitated virtual support groups, tools, resources, reading, videos, supportive quotes, community engagement via direct messaging, group chats, posts, and interactive comment boards that bereavement care professionals monitor.”

Website: <https://healgrief.org/amf-app/>

Last Verified On: 10/01/2021

All-Options

“Uses direct service and social change strategies to promote unconditional, judgment-free support for people in all their decisions, feelings, and experiences with pregnancy, parenting, abortion, and adoption.”

Talkline: (888) 493-0092

Last Verified On: 10/01/2021

BE STRONG APP

“The Be Strong APP unites power with choice that saves & changes lives. You’ll find resources, support, intervention and best practices on combatting many adversities by increasing resilience, supporting you in emotional, behavioral and everyday challenges. If you or those you know are struggling with hunger, housing, escaping violence, mental health and more...help is at your fingertips.”

Contact: (954) 246-5807

Email: <https://bestrong.global/#contact>

Website: <https://bestrong.global/#download-app>

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TRINITY COUNTY SUPPORT GROUP RESOURCES

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SUPPORT GROUPS

Talk About Grief

“Virtual Grief Support Group. Many children have a hard time grieving the loss of someone close to them. Community Hospice offers resources for children and teens no matter where they are on their grief journey to help ease the pain...Our Child Grief Support Programs supports children and teens who are grieving the death of someone close to them and are offered free of charge. Through the Child Grief Support Programs at Community Hospice, grieving children and teens are able to share their story about their loss, learn healthy ways to cope, and connect with other children and teens that have had similar losses.”

Contact: (209) 578-6300

Website: <http://heal.hospiceheart.org/youth-support/>

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SUPPORT SERVICES

Alyssa Araiza Wings of Angels Organization

“Committed to aiding families who have children suffering with pediatric cancer or life threatening illness by providing unique support in ways other organizations do not. Families served live in Shasta, Siskiyou, Trinity, Lassen, and Modoc counties in Northern California.”

Location: 6907 Weeks Road
Redding, CA 96002

Contact: (530) 378-2373

Website: <https://www.aawoa.com/>

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YOUTH ACTIVITIES

Friday Night Live/Club Live

“The Friday Night Live Partnership’s mission is to work hand in hand with young people throughout the county to promote positive youth leadership opportunities free of alcohol, tobacco, drugs, and violence. FNL (high school program) and Club Live (middle school program) engage students in meaningful opportunities for leadership and advocacy, skill-building, and much more!”

Contact: (530) 623-1823

Website: <https://fridaynightlive.org/>

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YOUTH CENTERS

Hayfork Youth Center

"A drop in facility for youth ages 10 through high school."

Location: 6801 CA Highway 3

Hayfork, CA 96041

Contact: (530) 628-5210

Last Verified On: 10/01/2021

Human Response Network - Hayfork Community Center

Location: 154 Tule Creek Road

Hayfork, CA 96041

Contact: (530) 628-4565

Website: <https://www.hrnrtrinity.org/>

Last Verified On: 10/01/2021

Human Response Network - Weaverville Youth Center

“The Youth Center provides a safe, enriching environment and is provided at no cost to youth ages 10 through 17.”

Location: Washington Street, on the back side of Weaverville Elementary School Campus

Contact: (530) 623-2785 or (530) 623-2024

Website: <https://www.hrnrtrinity.org/community-services-1>

Last Verified On: 10/01/2021