

YOLO COUNTY MENTAL HEALTH RESOURCES

**Note: Some services may have changed due to COVID-19,
please call to confirm hours and services available**

24-HOUR ACCESS & CRISIS LINES

Yolo County 24-Hour Crisis Line

“Confidential telephone counseling and referral information is provided any time of day or night by trained crisis volunteers. Immediate crisis intervention over the phone can decrease the need for more intensive counseling services.”

Davis: (530) 756-5000

Woodland: (530) 666-7778

West Sacramento: (916) 372-6565

Toll Free: (888) 233-0228

Website:

<http://www.suicidepreventionyolocounty.org/services/>

Last Verified On: 05/21/2021

Yolo County Mental Health Crisis & Access Line

“Mental health crisis screening, triage and access to resources.”

Toll Free: (888) 965-6647

TDD: (800) 735-2929

Website:

<https://www.yolocounty.org/government/general-government-departments/health-human-services/mental-health>

Last Verified On: 05/21/2021

National Alliance on Mental Illness (NAMI), 24 Hours Crisis Line

“Crisis Help; Mental Health assessments, referrals and linkage to care; 5150 Evaluations, In-person/telehealth medication evaluations; Substance Use Disorder – linkage to treatment.”

Toll Free: (530) 756-8181

TTD: (800) 965-6647

Website: <https://www.namiyolo.org/crisis/>

Last Verified On: 05/21/2021



The Allied Services for Kids (ASK) – Teen/Runaway Line

“Support line open 24/7 for whenever a teen may need anonymous crisis support.”

Davis: (530) 753-0797

Woodland: (530) 668-8445

West Sacramento: (916) 371-3779

Website:

<http://www.suicidepreventionyolocounty.org/services/>

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“Yolo County mental health, urgent care clinic, and triage services. Call or come in for your confidential Mental Health and Substance Use Disorder Screening.”

Screening: (888) 956-6647

Woodland

Location: 137 N. Cottonwood Street
Woodland, CA 95695

Contact: (888) 965-6647

TDD: (800) 735-2929

Website: <https://www.yolocounty.org/health-human-services/mental-health/mental-health-services>

Last Verified On: 05/21/2021

West Sacramento

Location: 500 B Jefferson Boulevard
West Sacramento, CA 95606

Contact: (888) 965-6647

TDD: (800) 735-2929

Website: <https://www.yolocounty.org/health-human-services/mental-health/mental-health-services>

Last Verified On: 05/21/2021

Davis

Location: 600 A Street, Suite A
Davis, CA 95616

Contact: (888) 965-6647

TDD: (800) 735-2929

Website: <https://www.yolocounty.org/health-human-services/mental-health/mental-health-services>

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MENTAL HEALTH PROGRAMS

Beacon Health Options

“Beacon’s system is built on a strong support structure of doctors, nurses, advocates, and mentors fulfilling members’ behavioral, physical, and social health needs.”

Contact: (855) 765-9703

Website:

<https://www.beaconhealthoptions.com/>

Last Verified On: 05/21/2021

CommuniCare Behavioral Health Care

“Provides a wide range of services to support comprehensive mind and body wellness.”

Davis: (530) 758-2060

Woodland: (530) 405-2800

West Sacramento: (916) 403-2900

Last Verified On: 05/21/2021

Allied Services for Kids (ASK), Teen Crisis Line

“Provides 24-hour availability to teens and families in crisis. Whatever the problem, teens are welcome to call this confidential crisis line for support.”

Davis: (530) 753-0797

Woodland: (530) 668-8445

West Sacramento: (916) 371-3779

Website:

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MENTAL HEALTH SUPPORT SERVICES

RISE, Inc. – Esparto

“Provides therapeutic mental health care to individuals and families in rural communities.”

Location: 17317 Fremont Street
Esparto, CA 95627

Contact: (530) 787-4110

Website: <https://www.riseinc.org/counseling-services>

Last Verified On: 05/21/2021

RISE, Inc. – Winters

“Provides therapeutic mental health care to individuals and families in rural communities.”

Location: 200 Baker Street
Winters, CA 95694

Contact: (530) 794-6000

Website: <https://www.riseinc.org/counseling-services>

Last Verified On: 05/21/2021

NAMI Yolo County

“Offers family support groups for those who have a family member dealing with mental illness.”

Contact: (530) 756-8181

Email: friends@namiyolo.org

Website: <https://www.namiyolo.org/support-groups/>

Last Verified On: 05/21/2021

First Responder’s Mental Health Urgent Care, Yolo County

“Crisis assessment and supportive counseling; referrals to other local community services.”

Location: 500 B Jefferson Boulevard
West Sacramento, CA 95605

Contact: (855) 897-2033

Website:

<https://www.acesconnection.com/g/yolo-county-ca-aces/blog/yolo-county-hhsa-first-responders-mental-health-urgent-care-in-west-sac>

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WELLNESS CENTERS

Woodland Wellness Center

“The Wellness Centers offer activities and services for transition age youth (TAY), adults, and older adults”.

Intake Line: (530) 666-8630

Fax: (530) 666-8633

Website: <https://www.yolocounty.org/health-human-services/mental-health/mental-health-services/adult-wellness-center>

Last Verified On: 05/21/2021

Woodland Community College STAY Well Center

“The STAY Center is a partnership with Yolo County Health and Human Services and is a place where student connect with their peers, as well as meet with trained advisor and mentors who have experienced crisis issues.”

Address: 2300 East Gibson Road, Room 744
Woodland, CA 95776

Hours: Monday – Friday 9 a.m. - 5 p.m.

Website: <https://www.yolocounty.org/health-human-services/mental-health/mental-health-services/adult-wellness-center>

Last Verified On: 05/21/2021

West Sacramento Wellness Center

“The Wellness Centers offer activities and services for transition age your (TAY), adults, and older adults”.

Contact: (916) 375-6340

Address: 500-B Jeffers Boulevard
West Sacramento, CA 95605

Hours: Tuesday & Thursday 10 a.m. - 3 p.m.

Website: <https://www.yolocounty.org/health-human-services/mental-health/mental-health-services/adult-wellness-center>

Last Verified On: 05/21/2021

Davis Mental Health Services Act TAY Wellness Center

“The Wellness Centers are drug-free and alcohol –free environments. The Wellness Centers offer activities and services for transition age youth (TAY), adults and older adults. Participation in woodland, West Sacramento and Davis Wellness Center is limited to HSA behavioral health consumers”.

Address: 600 A Street
Davis CA 95616

Hours: Tuesdays 11 a.m. - 3 p.m.

Mental Health: (530) 757-5530

Services Center: (530) 757-5502

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