

YOLO COUNTY SUPPORT GROUP RESOURCES

**Note: Some services may have changed due to COVID-19,
please call to confirm hours and services available**

ALCOHOLIC ANONYMOUS (AA)

“Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.”

Yolo County AA District 17

Location: Davis, Woodland, West Sacramento, Dixon, Winters, Esparto, Clarksburg

24 Hour AA Helpline: (916) 454-1100

Website: <http://aadavis.org/>

Last Verified On: 07/21/2021

Central California Fellowship of AA

Location: 9960 Business Park Drive #101, Sacramento, CA 95827

Contact: (916) 454-1771

24 Hour AA Helpline: (916) 454-1100

Website: <http://aasacramento.org/>

Last Verified On: 07/21/2021



Young People in AA, Sacramento

Location: 9960 Business Park Drive #101, Sacramento, CA 95827

Contact: (916) 454-1771

24 Hour AA Helpline: (916) 454-1100

Website: <https://aasacramento.org/is-aa-for-you/sacypaa-sacramento-young-persons-aa/>

Last Verified On: 07/21/2021

AL-ANON/ALATEEN

“The Al-Anon program is based on 12 Steps adapted from Alcoholics Anonymous which we apply to our lives, one day at a time. Although a separate entity, we cooperate with AA, and consider it an important resource for understanding alcoholism.”

Al-Anon Alateen in Northern California

Contact: (888) 425-2666

Website: <https://northerncaliforniaal-anon.org/alateen/>

Last Verified On: 07/21/2021

Al-Anon Sacramento Area

Location: 5429 Palm Avenue, Suite A Sacramento, CA 95841

Contact: (916) 334-2970

Website: <https://sacal-non.blogspot.com/p/about-us.html>

Last Verified On: 07/21/2021

Al-Anon Family Groups

Contact: (888) 425-2666

Email: wso@al-anon.org

Website: <https://al-anon.org/>

Last Verified On: 07/21/2021

Sacramento Al-Anon Information Services

Contact: (916) 334-2970

Email: aisbookcenter@yahoo.com

Website: <http://sacal-anon.blogspot.com/>

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CAREGIVER SUPPORT

YoloCares – Center for Caregiver Support

“The Center for Caregiver Support provides four programmatic areas to address the medical, emotional, and practical needs of your family.

Location: 1909 Galileo Court, Suite A
Davis, CA 95618

Contact: (530) 758-5566

Website: <https://yolocares.org/our-services/the-center-for-caregiver-support/>

Last Verified On: 07/12/2022

CODEPENDENTS ANONYMOUS (CoDA)

“Co-Dependents Anonymous, a program of recovery from codependence, where each of us may share our experience, strength, and hope in our efforts to find freedom where there has been bondage and peace where there has been turmoil in our relationships with others and ourselves.”

Co-Dependents Anonymous

Contact: (888) 444-2359

Contact Spanish: (888) 444-2379

Website: <https://coda.org/>

Last Verified On: 07/21/2021

NorCal Co-Dependents Anonymous

Website: <http://www.norcalcoda.org/>

Last Verified On: 07/21/2021

EMPOWER YOLO

“Services provided: safe shelter for victims of domestic violence/sexual assault/human trafficking, crisis line, restraining orders, family legal services, therapy, housing referrals, food referrals & distribution, health insurance by appointment, emergency clothing, hygiene products, diapers, case management, and other services as needed.”

24-hour Crisis Line: (530) 662-1133

Contact: (530) 661-6336

Website: <http://empoweryolo.org/>

Last Verified On: 07/21/2021

Dowling Center

Location: 175 Walnut Street
Woodland, CA 95695

Contact: (530) 661-6336

Last Verified On: 07/21/2021

Davis Center

Location: 441 D Street
Davis, CA 95616

Contact: (530) 757-1261

Last Verified On: 07/21/2021

Family Resource Center

Location: 1441 Danbury Drive
Davis, CA 95618

Contact: (530) 759-2159

Last Verified On: 07/21/2021





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EMPOWER YOLO, Continued

Knights Landing Center

Location: 9586 Mill Street
Knights Landing, CA 95645
Contact: (530) 735-1776
Last Verified On: 07/21/2021

West Sacramento Center

Location: 1025 Triangle Court, Suite 600
West Sacramento, CA 95645
Contact: (916) 873-8824
Last Verified On: 07/21/2021

FAMILY & BEREAVEMENT SUPPORT

WarmLine Family Resource Center

“Parents who have questions about their child's development, developmental delay or disability (birth - 22 years old).”

Location: 2424 Castro Way
Sacramento, CA 95818
Contact: (916) 455-9500
Toll Free: (844) 455-9517
Spanish: (916) 922-1490
Website: <http://www.warmlinefrc.org>
Last Verified On: 07/21/2021

Yolo Healthy Aging Alliance

“The Alliance is a non-profit organization that brings together senior-issues advocates and service providers to ensure people in Yolo County can access the full range of services and supports they need to age with dignity, choice, and independence.”

A directory of local Support Groups
Contact: (530) 757-5583
Location: 600 A Street, Suite C
Davis, CA 95616
Website:
<https://yolohealthyaging.org/resources/support-groups/>
Last Verified On: 07/21/2021

LGBTQIA+ SUPPORT GROUPS

Trans and Nonbinary Teen Support Group

“A place for teens to support one another around identity, friendships, school, family support, amongst other concerns.”

Location: Downtown Davis
Contact: (530) 230-3438
Website:
<https://www.acesconnection.com/g/yolo-county-ca-aces/blog/transgender-and-nonbinary-teen-support-group>
Last Verified On: 07/21/2021

Sacramento LGBT Community Center

“If you are dealing with any issue that feels beyond your control, including depression, anxiety, victimization, homelessness, stress or relationships issues, we are here to listen without judgement...All services are free.”

Location: 1015 20th Street
Sacramento, CA 95811
Contact: (916) 442-0185
Email: info@saccenter.org
Website: <https://saccenter.org/>
Last Verified On: 07/21/2021



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NARCOTICS ANONYMOUS (NA)

“NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using.”

Narcotics Anonymous World Service

Contact: (818) 773-9999

Website: <https://www.na.org/meetingsearch/>

Last Verified On: 07/21/2021

Sacramento Fellowship of Narcotics Anonymous

Contact: (877) 623-6363

Website:

<https://sites.google.com/sacfna.org/welcomehome/home>

Last Verified On: 07/21/2021

SENIORS

Davis Senior Center

Location: 646 A Street

Davis, CA 95616

Contact: (530) 757-5696

TDD: (530) 757-5666

Email: seniorservices@cityofdavis.org

Website: <https://cityofdavis.org/city-hall/parks-and-community-services/senior-services>

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SUPPORT HOTLINES

Miracle Messages Buddy Program

“Miracle Friends, is a phone and text-based buddy system that matches trained volunteers with individuals experiencing homelessness for weekly phone calls and texts, to provide basic companionship and social support... Miracle Friends supports unhoused neighbors and formerly homeless senior citizens.”

Hotline: 1-800 – MISS-YOU

Website: <https://www.miraclemessages.org>

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SUPPORT SERVICES

Miracle Messages Program

“Miracle Messages provides reunion services for individuals experiencing homelessness. A person experiencing homelessness records a message to a loved one (or vice versa). Then, our network of volunteer "digital detectives" attempt to locate the loved one and deliver the message. To date, we've reunited 400+ families (average time separated: 15 years), with 15% of reunions resulting in stable housing and 80% in a positive outcome.”

Hotline: 1-800 – MISS-YOU

Website: <https://www.miraclemessages.org>

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