

Weekly Medical Directors Briefing February 3 – 7, 2020

A Formulary Update from the Partnership Pharmacy Department

- Lidocaine (Lidoderm) 5% patch will be formulary with age limit of 18 years and older and quantity limit of 30 patches per 30 days
- Febuxostat (Uloric®, used to treat gout) added to formulary for dose of 1 per day
- Colchicine 0.6 mg capsules added to formulary for 60 per 30 days
- Flovent HFA-44 mcg & 110 mcg—Age restriction removed. Only restriction is limit of 1 unit per month with up to 3 units for 3 months. Flovent 220mcg: Step edit with prior claims for Flovent 44mcg or 110mcg or any other ICS containing inhaler in the past 6 months

First Do No Harm: A Webinar: Ensuring Safety and Correct Disposition when Performing a Medical Clearance Exam for Alcohol Withdrawal

Withdrawal from chronic alcohol consumption can range in severity from mild to very severe, with life-threatening delirium tremens. The physician or other clinician performing the history, physical exam, and lab evaluation has an important responsibility: to anticipate which patients are more likely to have a complicated withdrawal requiring more intensive monitoring. Lower risk patients can often be managed while living at home with close follow-up.

Watch our webinar on [First Do No Harm: Medical Clearance Exam for Alcohol](#).

Here are our clinical guidelines, suggested template/order set, and decision flow for [Emergency Department Screenings for Outpatient Alcohol Withdrawal Management](#).

ACEs Aware, Request for Proposal Issued

A [Request for Proposal \(RFP\)](#) was issued on December 20, 2019, for the [ACEs Aware Initiative](#), California's effort to screen, treat, and health the harmful effects of childhood trauma. The RFP supports the work of the Department of Health Care Services (DHCS) of the California Surgeon General to implement ACEs Aware.

Please visit the [ACEs Aware Learning & Engagement Opportunities](#) page for further updates. RFP applications are due on Monday, February 10, 2020, and should be sent in Microsoft Word format to info@acesaware.org.

The ACEs Aware initiative is a first-in-the-nation statewide effort to screen children and adults for Adverse childhood Experiences (ACEs) in primary care, and to treat the impacts of toxic stress with trauma-informed care. ACEs Aware is built on the consensus of scientific evidence demonstrating that early detection and evidence-based intervention improves outcomes. The bold goal of this initiative is to reduce ACEs and toxic stress by half in one generation, and to launch a national movement to ensure everyone is ACEs Aware.

For more information, visit ACEsAware.org. Questions about the initiative may be sent to info@acesaware.org.

Project ECHO™ Type 1 Diabetes

Access to endocrinologists for people with Type 1 Diabetes (T1D) is challenging for many people across the United States. Stanford University is looking for **primary care providers who give care to those with T1D to complete a survey and adult participants (age 18 and over) who have been diagnosed with T1D who only see an endocrinologist once a year or a primary care provider for T1D** needs to participate in a focus group. Adult participants may be asked to come to a one to two hour long focus group with about 5-9 other adults with T1D to discuss experiences in their diabetes care.

Inclusion Criteria:

- PCPs: Licensed Provider in the State of California
- Adults (18+) with T1D: T1D Diagnosis and not routinely seeing a specialist for their diabetes care

Exclusion Criteria:

- PCPs: N/A
- Adults (18+) with T1D: Not interest in participating

More Information: If you're interested in learning more about this study, please reach out to the project staff listed on the right. You may also visit Project ECHO's [website](#) for additional information.

PHC Educational Opportunities and Events

Provider Loan Repayment Program Webinar

Partnership HealthPlan of California (PHC) and Physicians for a Healthy California, held a webinar covering the CalHealthCares Loan Repayment Program, on December 18, 2019.

Topics included:

- General Program Overview
- Year 2 funding cycle details
- Application submission and on-line portal guidance
- Review sample Personal Statement
- Question and Answer opportunity

Who Should Watch? All Physician Specialties (including Primary Care), Dentist, and staff responsible for recruitment and retention of providers (that want to learn more about the CalHealthCares loan repayment program).

Note: This Webinar is On Demand, meaning that it is open to watch at your availability.

[Watch the Webinar on YouTube](#)

[PHC's Provider Recruitment Program \(PRP\)](#)

Apply for CalHealthCares Loan Repayment Program, Starting January 13, 2020! Deadline is this Friday, February 7!

To answer questions about the application process, Physicians for a Healthy California is hosting several webinars so applicants may receive detailed information and get answers to their individual questions on the spot.

Click on a date below to register:

- [Practice Support Grant Webinar](#), November 20, 2019
- [Webinar #1](#), December 11, 2019
- [Webinar #2](#), January 9, 2020
- [Webinar #3](#), January 15, 2020
- Webinar #4, January 21, 2020 (not posted yet)
- Webinar #5, January 27, 2020 (not posted yet)
- Webinar #6, February 4, 2020 (not posted yet)
- [Visit CalHealthCare.org for more information](#)

ABCs of Quality Improvement

At this free, all-day training, participants will be introduced to the Model for Improvement, learn how to develop aim statements, measures and PDSA cycles, and will learn how to use data for quality improvement.

Who should attend? QI clinical champions (providers and nurses), clinic managers, QI staff or project leads, and front and back office staff are encouraged to attend.

Date: March 11, 2020

Time: 8 a.m. - 4:30 p.m.

Location: Hyatt Regency Sonoma Wine Country - Santa Rosa, CA

Registration: [click here](#)

Date: April 16, 2020

Time: 9 a.m. – 4:30 p.m.

Location: The McConnel Foundation Lema Ranch – Redding, CA

Registration: [click here](#)

Recommended Educational Opportunities Outside of PHC

2020 Adult Immunization Updates, California Primary Care Association

Learn about the latest recommendations for adult immunizations from the CDC's Advisory Committee on Immunization Practices (ACIP). This 60-minute presentation will cover 2020 updates to the Adult Immunization Schedule, including recommendations for patients with medical conditions and other indications. A detailed review of the Centers for Disease Control and Prevention (CDC) immunization schedule tables will be provided, using a series of case examples.

LEARNING OBJECTIVES

1. Learn current ACIP recommendations for adult immunizations;
2. Understand the recent changes to vaccine recommendations; and,
3. Understand how to refer to the CDC immunization schedule tables for age-based and indications-based recommendations.

Date: February 26, 2020

Time: 11 a.m. - 12 p.m.

Registration: [click here](#)

Eating Disorders 101 - Prevention and Screening Webinar

The majority of those who struggle with Eating Disorders (EDs) never receive treatment, even though effective treatments for a range of eating disorders are well established ([National Institute of Mental Health](#)). There is a need to train primary care and behavioral health providers on how to recognize the signs and symptoms of eating disorders in children, adolescents, and young adults; and to appropriately screen, intervene and treat or refer patients to specialized care in an integrated setting.

This training series will be in collaboration with the National Center of Excellence for Eating Disorders (NCEED), an organization founded in 2018 by the Substance Abuse and Mental Health Services Administration. The goal of this webinar series is to increase health center capacity to detect and treat eating disorders and to increase public knowledge and awareness of these illnesses. This webinar series will address both adolescent and adult populations and address co-occurring diagnoses with eating disorders, mental health and substance use disorder.

Event Information & Registration: [click here](#)

Webinar 2: The Role of Primary Care in Treating Eating Disorders

Date: February 2, 2020

Time: 1 p.m. to 2 p.m.

Webinar 3: The Role of Behavioral Health in Treating Eating Disorders

Date: February 20, 2020

Time: 1 p.m. to 2 p.m.

Webinar 4: Addressing Systemic Care Coordination between Health Plans

Date: March 5, 2020

Time: 1 p.m. to 2 p.m.