

Advance Care Planning Online Resources

Coalition for Compassionate Care of California

<http://coalitionccc.org/tools-resources/advance-care-planning-resources>

Widely used curricula supporting culturally congruent care, ACP and Physician Orders for Life Sustaining Treatment (POLST). Many free and low-cost resources and videos are available, including decision guides, tips for starting ACP conversations, information for professionals and consumers (with tailored resources for pediatrics, faith communities, skilled nursing facilities and long term care facilities). Many resources are available in different languages.

Chinese American Coalition for Compassionate Care (*Heart to Heart*)

caccc-usa.org

Heart to Heart cards are a bilingual (Chinese/English) communication activity designed to make it easier to understand what people might prefer when their lives are threatened by injury or disease.

Coda Alliance (*Go Wish*)

gowish.org

Offers a fun and non-threatening way to explore people's preferences for care when seriously ill.

Institute for Healthcare Improvement (*The Conversation Project*)

theconversationproject.org

Stories for sharing, tools, and tips for initiating ACP. The primary focus is to help people overcome barriers to planning and to start talking to family and loved ones.

Prepare for Your Care

prepareforyourcare.org

A web site designed to empower people to make decisions, talk with providers and get medical care that is right for them. Prepare for Your Care walks people through the basic steps in ACP and provides prompts and videos to help them get started.

Ariadne Labs (*Serious Illness Care*)

ariadnelabs.org/areas-of-work/serious-illness-care

Ariadne Labs consolidates evidence-supported videos, tools and resources to support decision making for the seriously ill including a downloadable "*Serious Illness Conversation Guide*."

BeginTheConversation.org

begintheconversation.org

Learn how to take the first steps to begin the conversation. Workbook and toolkit available with information to support community engagement and empowerment.

The Conversation Project Toolkit

theconversationproject.org/starter-kit/intro/

Resources and discussion guide for people who want to talk with their loved ones about end-of-life wishes (available in multiple languages).

Consumer Reports (*Advance Care Planning*)



<http://consumerhealthchoices.org/wp-content/uploads/2017/04/CarePlanningCCCC-ER.pdf>
Free, downloadable patient ACP booklet available in English and Spanish.

Aging with Dignity (*Five Wishes*)

agingwithdignity.org

The non-profit Aging with Dignity provides people with the practical information, advice and legal tools including the popular, low cost and easy to use *Five Wishes* Advance Directive.

American Bar Association

americanbar.org/groups/law_aging/resources/consumer_s_toolkit_for_health_care_advance_planning.html

Toolkit for approaching and completing Advance Directives, with links to state-specific Advance Directives.

Respecting Choices

gundersenhealth.org/respecting-choices/

Evidence-informed training program and resources to promote person-centered care and ACP.

Common Practice (*Hello/Gift of Grace*)

commonpractice.com/hello

Information on the evidence-based conversation game Hello (formerly Gift of Grace) to assist people in discussing what matters most to them.

American Society of Clinical Oncology (ASCO Answers: Advanced Cancer Care Planning)

http://www.cancer.net/sites/cancer.net/files/advanced_cancer_care_planning.pdf

A free decision-making booklet for patients and families facing serious illness with information and resources about care options, communication tips and coping at end of life.

National POLST (Physician Orders for Life-Sustaining Treatment) Paradigm

www.POLST.org

Information and patient resources on each state's POLST efforts.

National Institute on Aging (*Advance Care Planning Tips*)

<https://www.nia.nih.gov/health/advance-care-planning-healthcare-directives>

Free information on ACP in an easy to read format with links to local *Agencies on Aging* and to Advance Directives for all 50 states. Printable wallet card.

National Hospice and Palliative Care Organization (*Caring Connections*)

caringinfo.org

Free resources to help people make medical decisions, with links to Advance Directives for all 50 states.

Advance Care Planning Decisions

<https://www.acpdecisions.org/>

Angelo Volandes (author of *The Conversation*) offers videos and resources to guide understanding of complex healthcare decisions at end of life.

California State University Institute for Palliative Care

<https://csupalliativecare.org/programs/advance-care-planning/>

Extensive ACP education and materials (including virtual, self-paced courses) for health professionals.