

# 2020 Quality Measure Highlight

## Postpartum Care

### MEASURE DESCRIPTION

The percentage of deliveries of live births that had a postpartum visit on or between 7 and 84 days after delivery.

**Denominator:** Eligible population, women who delivered a live birth on or between October 8 of the year prior to the measurement year and October 7 of the measurement year. Include women who delivered in any setting.

**Numerator:** A postpartum visit on or between 7 and 84 days after delivery.

Any of the following meet criteria:

- A postpartum visit
- Cervical cytology
- A bundled service where the organization can identify the date when postpartum care was rendered.

### Coding

Postpartum visit CPT: 57170, 58300, 59430, 99501

Diagnosis ICD-10 codes: Z01.411, Z01.419, Z01.42, Z30.430, Z39.1, Z39.2

Cervical cytology CPT: 88141–88143, 88147, 88148, 88150–88154, 88164–88167, 88174, 88175

**Measure Type:** Hybrid (medical record/ claims/ lab data)

**Intent / Importance:** Timely postpartum care is a measure of quality care and can contribute to healthier outcomes for women after delivery. The postpartum visit is an important opportunity to educate new mothers on expectations about motherhood, address concerns, and reinforces the importance of routine preventive health care.<sup>1</sup> The American College of Obstetricians and Gynecologists (ACOG) recommends that a timely postpartum visit be used to assess the health of the infant, mother's medical and psychological condition, breastfeeding, and contraceptive plan.<sup>1</sup>

<sup>1</sup>Stuebe, A., Borders, A. "Optimizing Postpartum Care." The American College of Obstetricians and Gynecologists: Committee Opinion No.666 (2016). Web. 3 May 2017.

**Please Note**

- As part of the Perinatal QIP, participating providers can earn up to **\$75 per patient** in the eligible population by filling out the submission tracker indicating two timely postpartum visits occurred.
- For more information, please refer to the [Perinatal QIP webpage](#), or contact the Perinatal QIP Team at [perinatalqip@partnershiphp.org](mailto:perinatalqip@partnershiphp.org).

**Compliant Documentation**

Documentation in the medical record must include a note indicating the date when a postpartum visit occurred and the following:

- Date of delivery and live birth confirmation
- A complete postpartum visit that includes all of the following:
  - Weight, blood pressure, and evaluation of the abdomen and breasts.
    - ✓ Notation of “normal”/ “abnormal” components of a medically necessary physical exam
    - ✓ Notation of abdominal exam as: “normal”/ “abnormal” or “not clinically indicated”
    - ✓ Notation of “breastfeeding” is acceptable for the “evaluation of breasts” component
- Depression screening using one of the approved tools at each visit
- The provider also attests that the following evaluation occurred:
  - Evaluation of lactation (if breastfeeding)
  - Discussion of family planning

**Best and Promising Practices**

Schedule post-partum visits prior to discharge from hospital

- Develop weekend and holiday discharge call back system
- Use PHC patient incentive program to encourage appointments
- Enroll at-risk patients in PHC Care Coordination during pregnancy
- Essential Documentation
  - Delivery date and confirmation of birth outcome
  - Depression screen (tool and score)
  - Assessment and physical exam as indicated
  - Use of correct codes for post-partum visits Z39.2