

BUTTE COUNTY SUPPORT GROUP RESOURCES

ANONYMOUS SUPPORT SERVICES

Al-Anon District 4 Northern California

District 4 Contact: (530) 378-9185

Website: <https://norcal-al-anon.blogspot.com/>

Last Verified On: 07/27/2023

Northern California Fellowship of Alcoholics Anonymous

“AA is a fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere.”

24-Hour Hotline: (530) 225-8955

Website: <https://aanorcal.org>

Last Verified on: 07/27/2023



PARENTING SUPPORT GROUPS

ARC Family Support Services

“The Arc of Butte County offers various Family Support Programs designed to strengthen and foster healthy families. Family Support is offered to parents, guardians, grandparents and care providers of children with Autism, Cerebral Palsy, Down Syndrome, head trauma, seizure disorders and more. This caring environment offers a place for families to share their triumphs, frustrations and fears with others who have endured similar situations. Through the exchange of shared experiences, families can learn new childcare skills and coping mechanisms in a facilitated environment.”

Contact: (530) 399-7246

Website: <https://arcbutte.org/what-we-do/family-support-program.html>

Last Verified On: 10/26/2023

Butte Strengthening Families

“Strengthening Families (SFP) is a nationally and internationally recognized parenting and family support program. SFP consists of a Challenge Day, 12 sessions, and a graduation night focused on building the parent’s, the teens, and the family’s capacity for healthy functional relationships.”

Contact: (530) 891-2891

Website:

<https://butteyouthnow.org/strengthening-families/>

Last Verified On: 10/26/2023



BUTTE COUNTY SUPPORT GROUP RESOURCES

SUPPORT HOTLINES

Institute on Aging - Senior Intervention hotline

“The Friendship Line” non-emergency support calls

Contact: 1-800-971-0016

Website: <https://www.ioaging.org/services/all-inclusive-health-care/friendship-line>

Last Verified On: 07/27/2023

Miracle Messages Buddy Program

“Miracle Friends, is a phone and text-based buddy system that matches trained volunteers with individuals experiencing homelessness for weekly phone calls and texts, to provide basic companionship and social support... Miracle Friends supports unhoused neighbors and formerly homeless senior citizens.”

Hotline: 800-MISS-YOU

Website: <https://www.miraclemessages.org>

Last Verified On: 07/27/2023

SUPPORT SERVICES

DADS Chat with an Expert – Postpartum Support International

“Free call-in forum for dads facilitated by a perinatal mood disorder expert.”

Date/Time: First Monday of each month at 5 p.m.

Call-In Number: 1-800-944-8766, code 73162#

Website: <https://www.postpartum.net/get-help/help-for-dads/>

Last Verified On: 07/27/2023

Miracle Messages Program

“Miracle Messages provides reunion services for individuals experiencing homelessness. A person experiencing homelessness records a message to a loved one (or vice versa). Then, our network of volunteer “digital detectives” attempt to locate the loved one and deliver the message. To date, we’ve reunited 400+ families (average time separated: 15 years), with 15% of reunions resulting in stable housing and 80% in a positive outcome.”

Hotline: 800-MISS-YOU

Website: <https://www.miraclemessages.org>

Last Verified On: 07/27/2023

YOUTH SUPPORT GROUPS

Talk About Grief

“Virtual Grief Support Group. Many children have a hard time grieving the loss of someone close to them. Community Hospice offers resources for children and teens no matter where they are on their grief journey to help ease the pain...Our Child Grief Support Programs supports children and teens who are grieving the death of someone close to them and are offered free of charge.”

Contact: (209) 578-6300

Website: <http://heal.hospiceheart.org/youth-support/>

Last Verified On: 07/27/2023