### **HOTLINE PHONE NUMBERS**

#### **LGBT National Talk Line**

"Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and much more."

Contact: (888) 843-4564 Email: help@LGBThotline.org

Website: https://lgbthotline.org/national-

hotline/

Last Verified On: 04/19/2024

### **LGBT National Youth Talk Line**

"Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, family, bullying, school issues, HIV/AIDS anxiety, safer sex information, suicide, and much more."

Contact: (800) 246-7743 Email: <u>help@LGBThotline.org</u>

Website: https://lqbthotline.org/youth-talkline/

Last Verified On: 04/19/2024



### **Trevor Lifeline**

"Website, chat, & text crisis support, specializing in LGBTQ youth suicide prevention."

Contact: (866) 488-7386 Text: START to 678678

Website: https://www.thetrevorproject.org/get-

help-now/

Last Verified On: 04/19/2024

### **LEGAL RESOURCES**

### **National Center for Lesbian Rights (NCLR)**

"A national nonprofit law firm that protects the legal and human rights of lesbians, gay men, bisexual & transgender people across the United States through impact litigation, public policy, advocacy, public education, & direct legal services."

Contact: (415) 392-6257

Website: http://www.nclrights.org/



### **PHC MEMBER BENEFITS**

#### **Sensitive Services**

"Sensitive Services includes services for Family Planning, STD testing and treatment, AIDS/HIV testing, and Abortion (ending pregnancy) counseling and services. You can go to your PCP directly, or any Medi-Cal provider for sensitive services. You do not need Prior Approval. All members have the right to confidentiality when getting these services."

#### Website:

http://www.partnershiphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaqItem28

Last Verified On: 04/19/2024

### **RESOURCE CENTERS**

### **Tri-County Diversity**

"Tri-County Diversity provides resources, information, and support to Yuba, Sutter, and Colusa County in Northern California. We have had many groups and events through the years - Some of our current groups and main events include our TCD YOUTH! Group, TCD Young Adults Group, OUT at the Movies, Craft Club, Games Night, Potlucks, Pride Picnics, Friendsgiving, and our Annual Holiday Parties."

Location: 201 D Street Suite L

Marysville, CA 95901 Contact: (530) 763-2116

Website: https://www.tricountydiversity.org/





Pink Spots – The LGBTQ Directory
Website: https://www.gaypinkspots.com/

Last Verified On: 04/19/2024

#### **SENIORS**

### **SAGE**

"National organization offering supportive services and consumer resources for LGBTQ older adults and their caregivers."

Contact: (212) 741-2247

Website: https://www.sageusa.org/

Last Verified On: 04/19/2024

### SUPPORT GROUPS

### LGBTQ+ Support Groups - TransFamily Support Services

"Middle School Support Group, High School Support Group, Young Adult Support Group, Parent & Caregiver Support Group, Parents of Trans Little Support Group, and Gathering for

Trans with Littles"

Contact: 858-304-0085

Email: Info@TransFamilySOS.org

Website:

https://transfamilysos.org/services/support-

groups/

Last Verified On: 04/19/2024

### TRANSGENDER RESOURCES

### **Trans Lifeline**

"Trans Lifeline connects trans people to the community support and resources we need to survive and thrive.

Contact: (877) 565-8860

Website: https://www.translifeline.org/

Last Verified On: 04/19/2024

### **Transgender Map**

"This free website shows how to make a gender transition"

Website: https://www.transgendermap.com/



### TRANSGENDER RESOURCES, Continued

### **Trans Resilience - Resources**

"Here are a few resources that may be useful for community organizations, trans individuals, or therapists and medical providers."

Website: https://www.trans-ilience.com/

