

COLUSA COUNTY SUPPORT GROUP RESOURCES

ANONYMOUS SUPPORT SERVICES

Al-Anon District 4 Northern California

District 4 Contact: (530) 378-9185

Website: <https://norcal-al-anon.blogspot.com/>

Last Verified On: 07/27/2023

Northern California Fellowship of Alcoholics Anonymous

“AA is a fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere.”

24-Hour Hotline: (530) 225-8955

Website: <https://aanorcal.org>

Last Verified on: 07/27/2023



PARENTING SUPPORT GROUPS

First 5 - Colusa

“First 5 Colusa is committed to enhancing the lives of all children, prenatal through age 5, through education, outreach & systems change.”

Contact: (530) 458-7678

Location: 217 9th St. Ste. B
Colusa, CA 95932

Website: <https://www.colusacapc.net/about-1-c1x1t>

Last Verified On: 11/03/2023

Community in Unity Family Resource Center

“The FRC works directly with the Colusa County Free Library and First 5 Colusa to provide a welcoming space for family engagement, parenting classes, and early learning through the Growing Start Parent Playgroups and other programs and activities.”

Location: 131 5th Street
Colusa, CA 95932

Contact: (530) 225-4375

Website:

<https://www.countyofcolusa.org/762/Community-in-Unity-Family-Resource-Center>

Last Verified On: 11/03/2023

SUPPORT HOTLINES

Institute on Aging - Senior Intervention hotline

“The Friendship Line” non-emergency support calls

Contact: 1-800-971-0016

Website: <https://www.ioaging.org/services/all-inclusive-health-care/friendship-line>

Last Verified On: 07/27/2023

Colusa County Behavioral Health

Location: 162 Carson St Suite A, Colusa, CA 95932

Contact: (530) 458-0320

24-Hour Hotline: (888) 793-6580

Website:

<https://www.countyofcolusa.org/325/Behavioral-Health>

Last Verified On: 12/12/2023



COLUSA COUNTY SUPPORT GROUP RESOURCES

SUPPORT SERVICES

DADS Chat with an Expert – Postpartum Support International

“Free call-in forum for dads facilitated by a perinatal mood disorder expert.”

Date/Time: First Monday of each month at 5 p.m.

Call-In Number: 1-800-944-8766, code 73162#

Website: <https://www.postpartum.net/get-help/help-for-dads/>

Last Verified On: 07/27/2023

Miracle Messages Program

“Miracle Messages provides reunion services for individuals experiencing homelessness. A person experiencing homelessness records a message to a loved one (or vice versa). Then, our network of volunteer “digital detectives” attempt to locate the loved one and deliver the message. To date, we’ve reunited 400+ families (average time separated: 15 years), with 15% of reunions resulting in stable housing and 80% in a positive outcome.”

Hotline: 800-MISS-YOU

Website: <https://www.miraclemessages.org>

Last Verified On: 07/27/2023