

DEL NORTE COUNTY MAY EVENTS

FREE EVENTS

Eat Fresh Mini Course

"Free, self-paced, online nutrition education." **Date:** Monthly **Location:** Free Online Course **Contact:** <u>info@eatfresh.org</u> **Website:** <u>https://eatfresh.org/eatfreshorg-mini-</u> <u>course</u> Last Verified On: 10/03/2023

Del Norte Child Care Council Events

"Serving Children and Families" Website: <u>https://www.dnccc.com/events/</u> Last Verified On: 10/03/2023

Crescent City Events Calendar Facebook Website:

https://www.facebook.com/groups/Crescent.Cit y.Event.Calendar/ Last Verified On: 10/03/2023

Upcoming Events in Del Norte County and Crescent City, California Website:

https://visitdelnortecounty.com/events-increscent-city-california/ Last Verified On: 11/15/2023

Meditation and Mindfulness

"Meditation helps us build a relationship to a place of inner quietude. Whether you're a beginner or a skilled practitioner, join us for free online meditation sessions each week led by DC-based meditation teachers on Tuesdays and Fridays."

Date: Weekly 12:00 PM to 12:45 PM **Location:** Free Online

Contact: info@si.edu

Website:

https://smithsonian.zoom.us/meeting/register/t ZUpdeuhqjltG9HB6wJ6vIhf5Vk-_Tm-

RCtZ#/registration Last Verified On: 10/03/2023

