

GLENN COUNTY PERINATAL RESOURCES

PREGNANCY SUPPORT SERVICES

Glenn County Maternal Child Adolescent Health

"MCAH coordinates programs for women of childbearing years and children 0 to 18 years of age. The program provides direct services such as pregnancy testing and home visits, as well as outreach, education and referrals."

Location: 240 N. Villa Ave. Willows, CA 95677 Contact: (530) 934-6588 Toll Free: (800) 655-5418 Website:

https://www.countyofglenn.net/dept/healthhuman-services/publichealth/services/maternal-child-adolescenthealth-mcah Last Verified On: 05/31/2024

Text4Baby

"Receive free text messages three times per week, timed to their due date or their baby's birth date, through pregnancy and up until the baby's first birthday." English Text: BABY to 511411

Spanish Text: BEBE to 511411 Website: https://www.text4baby.org/ Last Verified On: 05/31/2024



Toolkit for Pregnant People and New Parents

"Resources and tools to help pregnant people, breastfeeding people, and new parents caring for infants to protect their health and help people who serve these communities communicate with them."

Website:

https://www.cdc.gov/coronavirus/2019ncov/communication/toolkits/pregnant-peopleand-new-parents.html Last Verified On: 05/31/2024





ADOPTION SERVICES

Adoption Choices

"Adoption Choices of Northern California is a private, non-profit licensed adoption facilitator which assists both birth parents and prospective adoptive parents to engage in successful adoption experience. We provide adoption facilitation of newborns." Contact: (530) 891-0302 Toll Free: (800) 607-9200 Website: <u>http://ac-nc.org/</u> Last Verified On: 05/31/2024

Adoption Connection

"Counselors are here to explain all of the steps in the adoption process. We can help you understand what would happen between now and the baby's arrival and afterwards." **Location:** 1710 Scott St. San Francisco, CA 95115 **Contact:** (888) 517-5580 **Website:** https://adoptionconnection.jfcs.org/impregnant/ Last Verified On: 05/31/2024

American Adoptions

"Interested in making an adoption plan for your child? Talk to an adoption specialist today." **Toll Free Contact:** (800) – ADOPTION (236-7846)

Website:

https://www.americanadoptions.com/pregnant/f ree_info

Last Verified On: 05/31/2024

Lifetime Adoption

"Pregnant or considering adoption for your child? Get a FREE adoption planning kit today."

Toll Free Contact: (800) 923-6784 Website:

https://lifetimeadoption.com/birthmothers/adopt ion-kit/

Last Verified On: 05/31/2024

BREASTFEEDING SUPPORT

La Leche League of Northern California and Hawaii

"Helping breastfeeding mothers through mother-to-mother support, encouragement, information, and education." **Contact:** (707) 485-1940 **Website:** <u>http://lllnorcal.org/groups/reddingca</u> Last Verified On: 05/31/2024





WOMEN, INFANTS & CHILDREN (WIC)

Women, Infants, & Children

"The WIC program will provide women, infants, and children healthy food and the knowledge and opportunity to make healthy choices that are consistent with local, federal, and state guidelines. By placing people first, in an atmosphere of dignity and respect, we can promote the health and well-being for all Californians to enjoy a higher quality of life. Parents, including single fathers, can receive benefits for infants and children under five years old."

Website: https://www.countyofglenn.net/dept/health-human-services/public-health/women-infantschildren-wic#Sites

Last Verified On: 05/31/2024

WIC - Orland

Location: 127 E. Walker St., Orland, CA 95963 Contact: (530) 865-8791 Last Verified On: 05/31/2024 WIC - Willows Location: 245 N. Villa Ave., Willows, CA 95988 Contact: (530) 865-8791 Last Verified On: 05/31/2024

HOME VISITING PROGRAMS

Glenn County Office of Education – Home Based/Prenatal Home Visiting

"Offers regularly scheduled visits by a developmental specialist to support women throughout their pregnancy. Full-year homebased programs offering weekly home visits with activities for parent and child. Available in Orland, Willows, and Hamilton City for children 0-3."

Location: 311 South Villa Avenue, Willows, CA 95988 Contact: (530) 934-6575

Website:

https://www.glenncoe.org/Departments/Child--Family-Services/Preschool-and-Child-Development-Programs/Home-BasedPrenatal-/

Last Verified On: 05/31/2024





HOUSING RESOURCES

CalWORKS Housing Support Program

"HSP offers financial assistance and housingrelated wraparound supportive services, including but not limited to: rental assistance, housing navigation, case management, security deposits, utility payments, moving costs, interim shelter assistance, legal services, and credit repair." Location: 127 E. Walker St., Orland, CA 95963 Contact: (530) 865-1165 Website: https://www.countyofglenn.net/dept/healthhuman-services/welcome

Last verified on: 05/31/2024

MATERNAL MENTAL HEALTH

Carelon Behavioral Health (formerly Beacon)

"Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions." **Contact:** (855) 765-9703 **Website:** <u>https://www.carelon.com</u> Last Verified On: 05/31/2024

Paternal Postpartum Depression Guide

Website: <u>https://parentingpod.com/paternal-postpartum-depression/</u> Last Verified On: 05/31/2024

Mind Body Pregnancy

"Mind Body Pregnancy covers all topics related to emotional health during the reproductive period of a woman's life. This includes your mood, your anxiety, mental illness, hormones, treatments, and many others."

Website: <u>http://mindbodypregnancy.com/</u> Last Verified on: 05/31/2024





PERINATAL SUBSTANCE USE RESOURCES

Mother To Baby

"We specialize in answering questions about the safety/risk of exposures, such as medications, vaccines, chemicals, herbal products, substances of abuse, maternal health conditions and much more, during pregnancy or breastfeeding. Our no-cost information service is available to mothers, health professionals, and the general public via chat, text, phone, and email in both English and Spanish."

Contact: (866) 626-6847

Website: <u>https://mothertobaby.org/pregnancy-breastfeeding-exposures/</u> Last Verified On: 05/31/2024

Glenn County Perinatal Program – Discovery House

"Glenn County Perinatal Program (Discovery House) in Orland, California is a drug treatment facility focusing on substance abuse treatment services. Providing substance abuse treatment with outpatient care. Dual diagnosis or persons with co-occurring disorders, pregnant or postpartum women, women, and criminal justice clients are supported for drug rehab." Location: 1187 East South Street Orland, CA 95963 Contact: (530) 623-1362 Toll Free Crisis Line: (530) 865-1146 Website: https://www.drug-rehabheadquarters.com/california/facility/glenncounty-perinatal-program-orland/ Last Verified On: 05/31/2024

POSTPARTUM SUPPORT SERVICES

Postpartum Support International Helpline

"In English and Spanish, serves more than 600 callers a month, and rapidly refers callers to appropriate local resources including emergency services." **PSI Helpline:** (800) 944-4773 **Text English:** (503) 894-9453 **Text Spanish:** (971) 420-0294 **Website:** <u>https://www.postpartum.net/</u> Last Verified On: 05/31/2024

DADS Chat with an Expert – Postpartum Support International

"Free call-in forum for dads facilitated by a perinatal mood disorder expert." Date/Time: First Monday of each month at 5 p.m.

Call-In Number: 1-800-944-8766, code 73162#

Website: <u>https://www.postpartum.net/get-help/chat-with-an-expert-for-dads/</u> Last Verified On: 05/31/2024





SUPPORT GROUPS

Postpartum Support International Online Support Meetings

"Black Mamas Matter Support Group, Perinatal Mood Support Group, Pregnancy Mood Support Group, NICU Parents, Military Moms, Pregnancy and Infant Loss" Website: <u>https://www.postpartum.net/gethelp/psi-online-support-meetings/</u>

Last Verified On: 05/31/2024

PALS – Pregnancy After Infant Loss Online Support Groups

"Pregnancy After Loss Support moderates 14 online support groups on Facebook. These group encourage peer-to-peer support during the stages after pregnancy loss." **Website:**

https://pregnancyafterlosssupport.org/getsupport/pals-private-groups/ Last Verified On: 05/31/2024

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