

# MODOC COUNTY LGBTQ+ RESOURCES

## HOTLINE PHONE NUMBERS

---

### LGBT National Talk Line

“Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.”

**Contact:** (888) 843-4564

**Email:** [help@LGBThotline.org](mailto:help@LGBThotline.org)

**Website:** <https://lgbthotline.org/national-hotline/>

Last Verified On: 04/19/2024

### LGBT National Youth Talk Line

“Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, family, bullying, school issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.”

**Contact:** (800) 246-7743

**Email:** [help@LGBThotline.org](mailto:help@LGBThotline.org)

**Website:** <https://lgbthotline.org/youth-talkline/>

Last Verified On: 04/19/2024



### Trevor Lifeline

“Website, chat, & text crisis support, specializing in LGBTQ youth suicide prevention.”

**Contact:** (866) 488-7386

**Text:** START to 678-678

**Website:** <https://www.thetrevorproject.org/get-help-now/>

Last Verified On: 04/19/2024

## LEGAL RESOURCES

---

### National Center for Lesbian Rights (NCLR)

“A national nonprofit law firm that protects the legal and human rights of lesbians, gay men, bisexual & transgender people across the United States through impact litigation, public policy, advocacy, public education, & direct legal services.”

**Contact:** (415) 392-6257

**Website:** <http://www.nclrights.org/>

Last Verified On: 04/19/2024



# MODOC COUNTY LGBTQ+ RESOURCES

## SUPPORT GROUPS

---

### NorCal Outreach Project – Adults

“As Redding's LGBTQ+ Center, aims to support and unite the LGBTQIA+ community and its many Allies by providing social connection, public events, support groups and educational training. Strives to be inclusive of all genders and sexualities and celebrate diversity in our community, thereby creating a safer and more accepting place for all in rural northern California. Covering Lassen, Modoc, Shasta, Siskiyou, Tehama, and Trinity Counties.”

**Location:** 2042 Market Street, Redding, Ca

**Contact:** (530) 949-6267

**Website:** <https://norcaloutreach.org/>

Last Verified On: 04/19/2024

### NorCal Outreach Project – Young Adults between 7<sup>th</sup> and 12<sup>th</sup> Grades

“Spend some time with people your age who can relate to you. This is a safe place to ask questions, get advice, and feel supported.”

**When:** Wednesdays

**Time:** 5:30 p.m. – 7 p.m.

**Website:** <https://norcaloutreach.org/youth-groups>

Last Verified On: 04/19/2024

## PHC MEMBER BENEFITS

---

### Sensitive Services

Sensitive Services includes services for Family Planning, STD testing and treatment, AIDS/HIV testing, and Abortion (ending pregnancy) counseling and services.

You can go to your PCP directly, or any Medi-Cal provider for sensitive services. You do not need Prior Approval.

All members have the right to confidentiality when getting these services.

**Website:**

<http://www.partnershiphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaqltem28>

Last Verified On: 04/19/2024



# MODOC COUNTY LGBTQ+ RESOURCES

## RESOURCE DIRECTORIES

---

### **Pink Spots – The LGBTQ Directory**

**Website:** <https://www.gaypinkspots.com/>

Last Verified On: 04/19/2024

## SENIORS

---

### **SAGE**

“National organization offering supportive services and consumer resources for LGBTQ older adults and their caregivers.”

**Contact:** (212) 741-2247

**Website:** <https://www.sageusa.org/>

Last Verified On: 04/19/2024

## TRANSGENDER RESOURCES

---

### **Trans Lifeline**

“Trans Lifeline connects trans people to the community support and resources we need to survive and thrive.

**Contact:** (877) 565-8860

**Website:** <https://www.translifeline.org/>

Last Verified On: 04/19/2024

### **Trans Resilience - Resources**

“Here are a few resources that may be useful for community organizations, trans individuals, or therapists and medical providers.”

**Website:** <https://www.trans-ilience.com/>

Last Verified On: 04/19/2024

### **Transgender Map**

“This free website shows how to make a gender transition”

**Website:** <https://www.transgendermap.com/>

Last Verified On: 04/19/2024