



# MODOC COUNTY SUBSTANCE USE RESOURCES

## PARTNERSHIP WELLNESS & RECOVERY PROGRAM

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### Wellness & Recovery Program

“Wellness and Recovery is Partnership HealthPlan of California's Program for substance use disorder services. Serving Humboldt, Lassen, Mendocino, Modoc, Shasta, Siskiyou, and Solano counties. Medi-Cal beneficiaries in the seven counties can be screened and connected to a treatment provider by calling Carelon Behavioral Health.”

**Contact:** (855) 765-9703

**Website:** <https://www.partnershiphp.org>

Last Verified On: 01/16/2025



## QUIT SMOKING ASSISTANCE

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### Kick It California

“We’re a free program that helps Californians quit tobacco and nicotine with the help of proven, science-based strategies. Take the first step toward quitting.”

#### Call and Chat Counseling:

**English:** 1-800-300-8086

**Español:** 1-800-600-8191

**Chinese:** 1-800-838-8917

**Korean:** 1-800-556-5564

**Vietnamese:** 1-800-778-8440

#### Quit Pouches:

<https://www.kickitca.org/pouches>

**Website:** <https://www.kickitca.org/>

Last Verified On: 09/04/2024

### Alexa Skills Stop Vaping Coach

“With the Stop Vaping Coach skill, get quit vaping tips or sign up to speak with a quit coach.”

#### Website:

[https://www.amazon.com/dp/B07YBTN1GY/ref=sr\\_1\\_1?keywords=stop%20vaping%20coach&qid=1569431942&s=gateway&sr=8-1&fbclid=IwAR0Bqqyt0UWfJ7MYVSYHQ2NMAbvvhO0UMkCbv7dP7vHPj9fEZwliaP-SEZI](https://www.amazon.com/dp/B07YBTN1GY/ref=sr_1_1?keywords=stop%20vaping%20coach&qid=1569431942&s=gateway&sr=8-1&fbclid=IwAR0Bqqyt0UWfJ7MYVSYHQ2NMAbvvhO0UMkCbv7dP7vHPj9fEZwliaP-SEZI)

Last Verified On: 01/21/2025



# MODOC COUNTY SUBSTANCE USE RESOURCES

## MODOC COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES

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### Behavioral Health

“Modoc County Behavioral Health provides assessment, diagnosis, and treatment to individuals requiring mental health, substance use disorder or dual diagnosis treatment. The outpatient treatment team consists of trained professionals including licensed therapists, behavioral health nurses, case managers, counsellors, and support staff.”

**Location:** 441 North Main Street  
Alturas, CA 96101

**Contact:** (530) 233-6312

**Toll Free:** (800) 699-4880

**Website:**

<https://behavioralhealth.co.modoc.ca.us/>

Last Verified On: 01/21/2025

### Sunrays of Hope, Inc. Wellness Center

“Sunrays of Hope is a wellness center and a drop-in center at the same time. As a wellness center, it works in providing opportunities in receiving emotional and tangible peer support, through times of personal or professional crises.”

**Location:** 113 E North Street  
Alturas, CA 96101

**Contact:** (530) 233-9696

Last Verified On: 01/21/2025

## MEDICATION ASSISTED TREATMENT PROGRAM (MAT)

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### Modoc Medical Clinic

(Referral may be required)

**Location:** 229 West McDowell Avenue  
Alturas, CA 96101

**Contact:** (530) 233-7052

**Website:** <http://www.modocmedicalcenter.org/>

Last Verified On: 01/21/2025

## ALCOHOL SUPPORT

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### Alcohol Rehab Help

“If you or a loved one is struggling with alcohol addiction, you can rely on us to guide you to the best rehabilitation and treatment resources.”

**24/7 Helpline:** (928) 436-6654

**Website:** <https://alcoholrehabhelp.org/>

Last Verified On: 01/21/2025



# MODOC COUNTY SUBSTANCE USE RESOURCES

## ANONYMOUS SUPPORT SERVICES

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### Northern California Fellowship of Alcoholics Anonymous

**24-Hour Hotline:** (530) 225-8955

**Website:** <https://aanorcal.org>

Last Verified on: 01/21/2025

### Narcotics Anonymous of Modoc County

**Website:** <http://www.na.org/meetingsearch>

Last Verified On: 01/21/2025

### Al-Anon District 4 Northern California

**District 4 Contact:** (530) 378-9185

**Website:** <https://norcal-al-anon.blogspot.com/>

Last Verified On: 01/21/2025

### Modoc County Co-Dependents (CoDA) Anonymous

**Website:** <http://locator.coda.org>

Last Verified On: 01/21/2025

## PERINATAL SUBSTANCE USE RESOURCES

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### Behavioral Health

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**Location:** 441 North Main Street  
Alturas, CA 96101

**Contact:** (530) 233-6312

**Toll Free:** (800) 699-4880

**Website:**

<https://behavioralhealth.co.modoc.ca.us/>

Last Verified On: 01/21/2025

### MotherToBaby

“We specialize in answering questions about the safety/risk of exposures, such as medications, vaccines, chemicals, herbal products, substances of abuse, maternal health conditions and much more, during pregnancy or breastfeeding. Our no-cost information service is available to mothers, health professionals, and the general public via chat, text, phone, and email in both English and Spanish.”

**Contact:** (866) 626-6847

**Website:** <https://mothertobaby.org/pregnancy-breastfeeding-exposures/>

Last Verified On: 01/21/2025

## SUPPORT SERVICES

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### Colusa County Recovery

“Virtual Recovery: Anytime, Anywhere. Welcome to Colusa County Recovery, your virtual companion and online resource. We are your launchpad to hope, shared experiences, mutual empowerment, and essential recovery tools – all from the comfort and privacy of your own space.”

**Text/Call:** (530) 845-2364

**Email:** [colusacountyrecovery@gmail.com](mailto:colusacountyrecovery@gmail.com)

**Website:**

<https://www.colusacountyrecovery.com/>

Last Verified On: 01/21/2025