

MODOC COUNTY SUPPORT GROUP RESOURCES

Support groups related to youth, adults, seniors, and their caregivers that are available in the county. Please contact the hosting agency for more information and meeting times.



ANONYMOUS SUPPORT SERVICES

Al-Anon District 4 Northern California

District 4 Contact: (530) 378-9185

Website: <https://norcal-al-anon.blogspot.com/>

Last Verified On: 02/06/2025

Northern California Fellowship of Alcoholics Anonymous

“AA is a fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about their drinking problem.”

24-Hour Hotline: (530) 225-8955

Website: <https://aanorcal.org>

Last Verified on: 02/06/2025

Narcotics Anonymous of Modoc County

“We offer recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings. The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle.”

Website: <http://www.na.org/meetingsearch>

Last Verified on: 02/06/2025

Modoc County Co-Dependents (CoDA) Anonymous

“Dedicated to everyone who struggles with issues of codependence.”

Website: <http://locator.coda.org>

Last Verified On: 02/06/2025

PARENTING SUPPORT GROUPS

T.E.A.C.H. Training Employment and Community Help, Inc.

“The only diverse, multi-program community based non-profit in Modoc County. T.E.A.C.H. is dedicated to assisting and empowering individuals and families to improve their quality of life and self-sufficiency”

Location: 112 E 2nd Street

Alturas, CA 96101

Contact: (530) 233-3111

24 Hour Crisis Line: (855) 855-6745

Website: <http://www.teachinc.org/>

Last Verified On: 02/06/2025

Alyssa Araiza Wings of Angels Organization

“Committed to aiding families who have children suffering with pediatric cancer or life threatening illness by providing unique support in ways other organizations do not. Families served live in Shasta, Siskiyou, Trinity, Lassen, and Modoc counties in Northern California.”

Location: 6907 Weeks Road

Redding, CA 96002

Contact: (530) 378-2373

Website: <https://www.aawoa.com/>

Last Verified On: 02/06/2025



MODOC COUNTY SUPPORT GROUP RESOURCES

SUPPORT HOTLINES

Institute on Aging - Senior Intervention hotline

“The Friendship Line” non-emergency support calls

Contact: 1-800-971-0016

Website: <https://www.ioaging.org/services/all-inclusive-health-care/friendship-line>

Last Verified On: 02/06/2025

Miracle Messages Buddy Program

“Miracle Friends, is a phone and text-based buddy system that matches trained volunteers with individuals experiencing homelessness for weekly phone calls and texts, to provide basic companionship and social support... Miracle Friends supports unhoused neighbors and formerly homeless senior citizens.”

Hotline: 800-MISS-YOU

Website: <https://www.miraclemessages.org>

Last Verified On: 02/06/2025

SUPPORT SERVICES

DADS Chat with an Expert – Postpartum Support International

“Free call-in forum for dads facilitated by a perinatal mood disorder expert.”

Date/Time: First Monday of each month at 5 p.m.

Call-In Number: 1-800-944-8766, code 73162#

Website: <https://www.postpartum.net/get-help/help-for-dads/>

Last Verified On: 02/06/2025

Miracle Messages Program

“Miracle Messages provides reunion services for individuals experiencing homelessness. A person experiencing homelessness records a message to a loved one (or vice versa). Then, our network of volunteer “digital detectives” attempt to locate the loved one and deliver the message. To date, we’ve reunited 400+ families (average time separated: 15 years), with 15% of reunions resulting in stable housing and 80% in a positive outcome.”

Hotline: 800-MISS-YOU

Website: <https://www.miraclemessages.org>

Last Verified On: 02/06/2025



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YOUTH SUPPORT GROUPS

Talk About Grief

“Virtual Grief Support Group. Many children have a hard time grieving the loss of someone close to them. Community Hospice offers resources for children and teens no matter where they are on their grief journey to help ease the pain...Our Child Grief Support Programs supports children and teens who are grieving the death of someone close to them and are offered free of charge. Through the Child Grief Support Programs at Community Hospice, grieving children and teens are able to share their story about their loss, learn healthy ways to cope, and connect with other children and teens that have had similar losses.”

Contact: (209) 578-6300

Website: <http://heal.hospiceheart.org/youth-support/>

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