

# PLACER COUNTY CRISIS RESOURCES

Available resources and services for those experiencing a crisis.  
**In the case of a life threatening emergency, call 911.**

## 24-HOUR CRISIS SERVICES

### CA Youth Crisis Line (CYCL)

“CYCL operates 24/7 as the statewide emergency response system for youth (ages 12-24) and families in crisis. Professionally trained staff and volunteer counselors provide crisis intervention counseling and resource referrals to service providers in the caller’s local community. Thoughts of suicide, depression, bullying, health and identity questions, trauma, human trafficking or any teen-related struggle are discussed with a crisis counselor in confidence and without judgement. We do not provide advice. We listen with compassion.”

**Call or Text:** (800) 843-5200

**Website:** <https://calyouth.org/cycl/>

Last Verified On: 02/06/2024

### National Runaway Safeline

“Our crisis services center team is available 24/7/365. Reach out to us in a way that works best for you. We are here to listen and here to help.”

**Contact:** (800) 786-2929

**Website:** <https://www.1800runaway.org/youth-teens/>

Last Verified On: 02/06/2024



### National Suicide Prevention Lifeline

“Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24/7.”

**Contact:** (800) 273-8255

**Website:** <https://suicidepreventionlifeline.org/>

Last Verified On: 02/01/2023

### The Trevor Project, LGBTQ Youth

“We provide information & support to LGBTQ young people 24/7, all year round.”

**Contact:** (866) 488-7386

**Text:** START to 678-678

**Website:** <https://www.thetrevorproject.org/>

Last Verified On: 02/06/2024

### Your Life Your Voice

“If you are having thoughts of harming yourself or you are being abused, please call us. These are serious issues that are best handled in one-on-one conversations with counselors.”

**Contact:** (800) 448-3000

**Text:** VOICE to 20121

**Website:**

<https://www.yourlifeyourvoice.org/Pages/home.aspx>

Last Verified On: 02/06/2024



# PLACER COUNTY CRISIS RESOURCES

## DOMESTIC VIOLENCE & ABUSE RESOURCES

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### Adult Protective Services

**Location:** 11512 B Avenue  
Auburn, CA 95603

**Contact:** (530) 889-7240

**Website:**

<https://www.placer.ca.gov/2158/Adult-System-of-Care>

Last Verified On: 02/06/2024

### Child Welfare Services

**Location:** 11512 B Avenue  
Auburn, CA 95603

**Contact:** (916) 872-6549

**Website:**

<https://www.placer.ca.gov/2057/Child-Welfare-Services-Foster-Care-Servi>

Last Verified On: 02/06/2024

### Male Survivor

“Committed to preventing, healing, and eliminating all forms of sexual victimization of boys and men through support, treatment, research, education, advocacy, and activism.”

**Website:** <https://malesurvivor.org/>

Last Verified On: 02/06/2024

### One Safe Place

“One SAFE Place is a Multi-services agency which provides legal services, safety, and emotional support to intimate partners, children, and seniors affected by domestic violence and sexual assault.”

**Location:** 2250 Benton Drive  
Redding, CA 96003

**Contact:** (530) 244-0117

**Website:** <https://ospshasta.org/>

Last Verified On: 02/06/2024

### Love is Respect

“Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.”

**Contact:** (866) 331-9474

**Text:** LOVEIS to 22522

**Website:** <https://www.loveisrespect.org/>

Last Verified On: 02/06/2024

### The Rape, Abuse & Incest National Network (RAINN)

“Largest anti-sexual violence organization. Carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice.”

**24/7 Help Hotline:** (800) 656-4673

**Website:** <https://www.rainn.org/>

Last Verified On: 02/06/2024

### RedRover

“Provides emergency sheltering, training, consultations for animals displaced by natural disasters and other crises.”

**Contact:** (916) 429-2457

**Website:** <https://redrover.org/relief/>

Last Verified On: 02/06/2024



# PLACER COUNTY CRISIS RESOURCES

## FAMILY SUPPORT SERVICES FOR TERMINALLY ILL CHILDREN

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### Community Hospice

“Many children have a hard time grieving the loss of someone close to them. Community Hospice offers resources for children and teens no matter where they are on their grief journey to help ease the pain...Programs supports children and teens who are grieving the death of someone close to them and are offered free of charge. Grieving children and teens are able to share their story about their loss, learn healthy ways to cope, and connect with other children and teens that have had similar losses.”

**Contact:** (209) 578-6300

**Website:** <http://heal.hospiceheart.org/youth-support/>

Last Verified On: 02/06/2024

## FOSTER AND KINSHIP SUPPORT SERVICES

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### Family Urgent Response System (FURS)

“FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, trauma-informed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about your worries and vent.”

**Call or Text Hotline:** (833) 939-3877

**Website:** <https://www.cal-furs.org/>

Last Verified On: 02/06/2024

## MENTAL HEALTH CRISIS RESOURCES

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### Beacon Health Options

“Beacon’s system is built on a strong support structure of doctors, nurses, advocates, and mentors fulfilling members’ behavioral, physical, and social health needs.”

**Contact:** (855) 765-9703

**Website:**

<https://www.beaconhealthoptions.com/>

Last Verified On: 02/06/2024

### Gambler’s Anonymous Hotline-Northern California

**Contact:** (855) 222-5542

Last Verified: 02/06/2024