



# PLACER COUNTY SENIOR RESOURCES



## ADULT PROTECTIVE SERVICES

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### Adult Protective Services – Roseville

“County APS agencies investigate reports of abuse of elders and dependent adults who live in private homes and hotels or hospitals and health clinics when the abuser is not at staff member.”

**Location:** 101 Cirby Hills Drive  
Roseville, CA 95678

**Contact:** (916) 787-8860

**24-Hour Contact:** (530) 289-3720

**Website:**

<https://www.placer.ca.gov/2524/Adult-Protective-Services>

Last Verified On: 12/14/2023

## CAREGIVER SUPPORT SERVICES

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### Seniors First

“On average, Seniors First provides approximately 80,000 individual services to seniors each year with programs and services that enhance and improve their health, safety, overall well-being and quality of life.”

**Location:** 12183 Locksley Lane, Suite 205  
Auburn, CA 95602

**Contact:** (530) 889-5900

**Website:** <https://seniorsfirst.org/resources/for-caregivers/>

Last Verified On: 11/15/2023



# PLACER COUNTY SENIOR RESOURCES

## FOOD PROGRAMS FOR SENIORS

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### Saint Vincent de Paul “To Go”

“St. Vincent de Paul’s TO GO serves a warm meal three days each week, and a cold meal two days a week. In collaboration with our community partners, The Salvation Army & First United Methodist Church, a free meal is available to both homeless and low-income individuals and families in Roseville every day of the week and helps to meet their basic nutritional needs. There is no application, nor ID requirement.”

**Location:** 105 Bonita Street  
Roseville, CA 95687

**Contact:** (916) 781-3303

**Website:** <https://www.placersvdp.com/get-help/#foodlocker>

Last Verified On: 12/12/2023

### FREED – Fix It Program

“Do you have a leaky faucet or need grab bars in your bathroom? FREED can have volunteers make minor home repairs or modifications which are health or safety related. Some of our services include installing grab bars to prevent falls; installing hand rails; repairing leaky faucets; support in building ramps; and minor entryway repairs. Seniors aged 60 and above living in Nevada or Sierra Counties are eligible for Fix It services.”

**Contact:** (530) 477-3333

**TTY:** (530) 477-8194

**Website:**

<https://freed.org/services/independent-living/fix-it-program/>

Last Verified On: 06/26/2023

## IN-HOME SUPPORTIVE SERVICES (IHSS)

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### Placer County (IHSS) Program

“The In-Home Supportive Services (IHSS) program will help pay for services provided to you so that you can remain safely in your own home. To be eligible, you must be over 65 years of age, disabled, or blind. Disabled children are also potentially eligible for IHSS. IHSS is considered an alternative to out-of-home care, such as nursing homes or board and care facilities.”

**Contact:** (530) 885-7115

**Location:** 101 Cirby Hills Dr.  
Roseville, CA 95678

**Website:** <https://www.placer.ca.gov/2339/In-Home-Supportive-Services-IHSS>

Last Verified On: 06/26/2023

### Agency on Aging Area 4 – Del Oro Caregiver Resource Center

“Del Oro Caregiver Resource Center is a private nonprofit agency dedicated to improving the wellbeing of family caregivers throughout their journey. We offer services to family caregivers of adults with chronic and disabling conditions or diseases. With a team of highly-qualified, professional staff, Del Oro helps families through a full range of programs and services.”

**Location:** 1401 El Camino Ave., 4<sup>th</sup> Floor  
Sacramento, CA 95815

**Contact:** (916) 486-1876

**Website:** <https://www.deloro.org/>

Last Verified On: 09/11/2023



# PLACER COUNTY SENIOR RESOURCES

## LEGAL SERVICES

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### Legal Services of Northern California

“Housing and public benefits. We also offer weekly self-help clinics for help with family law matters, temporary restraining orders, and other civil matters at various locations. Check with the office or local court for the location and schedule.”

**Location:** 190 Reamer Street  
Auburn, CA 95603

**Contact:** (530) 823-7560

**Toll Free:** (800) 660-6107

**Evening Intake:** (866) 815-5990

**Website:** <https://lsnc.net/office/auburn>

Last Verified On: 06/26/2023

## MENTAL HEALTH SERVICES

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### Carelon Behavioral Health

“Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions.”

**Contact:** (855) 765-9703

**Website:** <https://www.carelon.com>

Last Verified On: 05/01/2023

## SENIOR CENTERS

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### Auburn Senior Center

“Our mission is to honor the dignity of seniors by enriching their quality of life while supporting their independence and vitality. We promote their participation in all aspects of community life by providing opportunities for socialization, recreation, education, information, health and fitness.”

**Location:** 11960 Heritage Oak Place,  
Suite #15

Auburn, CA 95603

**Contact:** (530) 823-8172

**Website:** <https://www.auburnseniorcenter.com/>

Last Verified On: 11/15/2023



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Last Verified On: 09/06/2023

## TRANSPORTATION RESOURCES

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### Partnership Transportation Services – Non-Medical Transportation (NMT)

For PHC members who need assistance getting to medical appointments by car, bus, train, or taxi.

**Contact:** (866) 828-2303

**Website:**  
<http://www.partnershiphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaqltem31>

Last Verified On: 04/03/2023

### Partnership Transportation Services – Non-Emergency Medical Transportation (NEMT)

For PHC members who need assistance getting to medical appointments by wheelchair van, gurney, airway management, and/or medical observation during transport.

**Contact:** (866) 828-2303

**Website:**  
<http://www.partnershiphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaqltem32>

Last Verified On: 04/03/2023

### Placer County Transit

“Our goal at Placer County Transit (PCT) is to provide a safe and direct means of transportation service for western Placer County residents.”

**Contact:** (530) 745-7570

**Website:** <https://placercountytransit.com/>

Last Verified On: 06/26/2023