

PLACER COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES

Placer County HHSA

"Human Services provides a variety of programs to help Placer County families and individuals have a better future through access to healthy nutrition, healthcare, affordable housing, and training." **Location:** 3091 County Center Dr Ste 290, Auburn, CA 95603 **Contact:** (530) 886-1870 **Website:** <u>https://www.placer.ca.gov/1679/Health-Human-Services</u> Last Verified On: 12/12/2023

Underage Drinking Prevention Information:

https://www.co.shasta.ca.us/index/hhsa/alcohol -tobacco-drugs/substance-abuse-prevention Last Verified On: 07/26/2021

ANONYMOUS SUPPORT SERVICES

Northern California Fellowship of Alcoholics Anonymous 24-Hour Hotline: (530) 225-8955 Website: <u>https://aanorcal.org</u> Last Verified On: 07/12/2023

American River Area NA Meetings

Website: <u>https://sacramentona.org/meetings/</u> Last Verified On: 12/14/2023

Al-Anon District 4 Northern California

Website: <u>https://northerncaliforniaal-anon.org/</u> Last Verified On: 07/12/2023



Sierra Foothills NA Meetings Website: <u>https://www.sfana.org/</u>

Roseville NA Meetings Website: <u>https://www.narcotics.com/na-meetings/california/roseville/</u> Last Verified On: 12/14/2023

Sierra Foothills NA Meetings

Website: <u>https://www.sfana.org/</u> Last Verified On: 12/14/2023





PERINATAL SUBSTANCE USE RESOURCES

MotherToBaby

"We specialize in answering questions about the safety/risk of exposures, such as medications, vaccines, chemicals, herbal products, substances of abuse, maternal health conditions and much more, during pregnancy or breastfeeding. Our no-cost information service is available to mothers, health professionals, and the general public via chat, text, phone, and email in both English and Spanish."

Contact: (866) 626-6847

Website: <u>https://mothertobaby.org/pregnancy-breastfeeding-exposures/</u> Last Verified On: 07/12/2023

QUIT SMOKING ASSISTANCE

California QUITS

"Free, Quit Coach Live Support, Texting Program. Resources for Teens and Adults to quit vaping and tobacco." **Call and Chat Counseling**: English Smokers: (800) 662-8887 English Vaping: (844) 866-8273 Spanish: (800) 456-6386 Chinese: (800) 838-88917 Korean: (800) 778-8440 **Text**: "Quit Vaping" to 66819 **Text:** "Quit" Smoking" to 66819

Website: <u>https://www.kickitca.org/</u> Last Verified On: 07/12/2023

Perinatal Substance Use Services

"We welcome women who, in addition to substance use issues, may have mental health issues that contribute to the current circumstances. Examples of such needs may be feelings of anxiety or depression, which often accompany substance use. Services range from outpatient, detoxification, and residential and transitional housing. Some services may even include child care (while you receive treatment) and help with transportation to program." Location: 101 Cirby Hills Drive Roseville, CA 96521 Contact: (530) 889=7240 Website: https://www.placer.ca.gov/2195/Perinatal-

Substance-Use-Services Last Verified On: 12/13/2023

Alexa Skills Stop Vaping Coach

"With the Stop Vaping Coach skill, get quit vaping tips or sign up to speak with a quit coach."

Website:

https://www.amazon.com/dp/B07YBTN1GY/ref =sr 1 1?keywords=stop%20vaping%20coach &qid=1569431942&s=gateway&sr=8-1&fbclid=IwAR0Bqqyt0UWfJ7MYVSYHQ2NMA bvvhO0UMkCbv7dP7vHPj9fEZwliaP-SEZI Last Verified On: 07/12/2023





MEDICATION ASSISTED TREATMENT PROGRAMS (MAT) & NARCOTIC TREATMENT PROGRAMS (NTP)

Addiction Management – Medication Assisted Treatment (MAT)

MAT (Referrals might be required) Location: 844 Old Tunnel Road Grass Valley. CA 95945 Contact: (530) 273-9762 Website: <u>http://www.hillcountryclinic.org/</u> Last Verified On: 12/14/2023

Granite Wellness Center

MAT (Referrals might be required) Location: 406 Sunrise Avenue, Suite #105 Roseville, CA 95661 Contact: (530) 388-0359 Website: https://www.granitewellness.org/medicalservices/ Last Verified On: 07/12/2023

