CHILD DEVELOPMENT RESOURCES

First 5

"The First 5 Plumas and partnering grantees work to ensure Plumas County children have the best start in their first 5 years of life."

Contact: (530) 394-7016

Location: 270 Hospital Rd Suite 206 Quincy,

CA 95971

Website: www.first5plumas.org

Last Verified On: 01/30/2024

Plumas Stars - Plumas Rural Services

"Supports individuals and agencies providing early learning and care to children. Serves Plumas County residents. Provides resources on website including: Free online development screening - Ages and stages questionnaire Resources and links for parents and providers."

Contact: (530) 283-4453

Website: http://www.plumasstars.org

Last Verified On: 01/30/2024

Plumas Rural Services – Early Head Start Resource Center

"Service that provides resources and support to families with infants and toddlers age birth to three who are, or may be at risk, for disabilities or developmental delays."

Location: 711 East Main Street, Quincy, CA

95971

Website: https://plumasruralservices.org/early-

start

Contact: (530) 283-2735 Last Verified On: 01/30/2024



Sierra Cascade Family Opportunities – Head Start

"Sierra Cascade Family Opportunities provides free high quality child development services."

Contact: (800) 404-1242

Website:

https://www.facebook.com/headstart4u.org/



CHILDCARE RESOURCES

Plumas Rural Services – Child Care Resource & Referral

"This is a county-wide child care information and referral program. Services are funded with state and federal grants through the California Department of Education, with additional funds from local resources."

Location: 711 East Main Street, Quincy, CA

95971

Website: https://plumasruralservices.org/Child-

Care-Resource-Referral Contact: (530) 283-4453 Last Verified On: 01/30/2024

FAMILY RESOURCE CENTERS

Plumas Rural Services – Family Empowerment Center

"This service provides information, training, support and advocacy to parents and guardians of children and young adults with ANY disability in Lassen, Modoc, Plumas and Sierra Counties."

Location: 711 East Main Street, Quincy, CA

95971 **Website:**

https://plumasruralservices.org/Family-

Empowerment-Center

Contact: (530) 283-2735 ext. 880



FINANCIAL ASSISTANCE RESOURCES

Andrew McDonough B+ Foundation Family Assistance Program

"Helping Families of Children under the age of 21 with cancer. The B+ Foundation Family Assistance Program gives qualified families money for expenses that are attributable to their child's cancer diagnosis. The goal of the program is to lessen the financial burden so families can focus on helping their children get well."

Contact: (302) 563-8389

Website: https://bepositive.org/need-help/

Last Verified On: 01/30/2024

California ALL

"If you have been financially affected by COVID-19, you may be eligible for: Unemployment Insurance, Eviction Protection, Mortgage Relief, Food Assistance and No credit score changes."

Contact: (833) 422-4255

Website: https://covid19.ca.gov/get-financial-

help/

Last Verified On: 01/30/2024

Plumas County Dept. of Social Services

"Our pledge is to provide services courteously and professionally. We will be respectful, compassionate, supportive, and impartial. Efficiency, integrity, and respect for individual dignity will govern how we deliver services to Plumas County citizens."

Location: 270 County Hospital Road Suite

207., Quincy, CA 95971 **Contact:** (530) 283-6350

Website:

https://www.plumascounty.us/94/Social-

Services

Last Verified On: 01/30/2024

FOSTER CARE & KINSHIP SUPPORT SERVICES

Family Urgent Response System (FURS)

"FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, trauma-informed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about your worries and vent."

Call or Text Hotline: (833) 939-3877

Contact: (916) 657-1858

Website: https://www.cal-furs.org/



HOME VISITING PROGRAMS

Plumas Rural Services – Family Empowerment Center

"This service provides information, training, support and advocacy to parents and guardians of children and young adults with ANY disability in Lassen, Modoc, Plumas and Sierra Counties."

Location: 711 East Main Street, Quincy, CA

95971 **Website:**

https://plumasruralservices.org/Family-

Empowerment-Center

Contact: (530) 283-2735 ext. 880

Last Verified On: 11/27/2023

First 5

"The First 5 Plumas and partnering grantees work to ensure Plumas County children have the best start in their first 5 years of life."

Contact: (530) 394-7016

Location: 270 Hospital Rd Suite 206 Quincy,

CA 95971

Website: www.first5plumas.org

Last Verified On: 01/30/2024

MENTAL HEALTH RESOURCES

Carelon Behavioral Health (formerly Beacon)

"Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions."

Contact: (855) 765-9703

Website: https://www.carelon.com

Last Verified On: 01/30/2024

Cal HOPE Warm Line

"Feeling stressed by Covid-19? Help is just a phone call away! Cal HOPE builds community resiliency and helps people recover from disasters through free outreach, crisis counseling, and support services."

Contact: (833) 317-HOPE (4673)

Website:

https://www.calhope.org/pages/current-

services.aspx



PET ASSITANCE

Brown Dog Foundations

"The Brown Dog Foundation provides financial assistance to pet owners in temporary financial crisis whose pet faces a treatable, but lifethreatening condition or illness."

Contact: grants@browndogfoundation.org/ **Website:** http://www.browndogfoundation.org/

Last Verified On: 01/30/2024

Canine Companions for Independence®

"We unite people with dogs in a powerful program that leads to greater independence and confidence."

and confidence.

Contact: (800) 572-2275

Form: http://www.cci.org/assistance-dogs/is-a-

dog-right-for-you.html Email: info@cci.org

Website: https://canine.org/ Last Verified On: 01/30/2024

CDSS Assistance Dog Special Allowance Program

"The California Department of Social Services offers the Assistance Dog Special Allowance, which provides a monthly stipend of \$50 to eligible people who use a guide, service, or signal dog. The allowance is to help cover the food, grooming, and health costs of the dog."

Contact: 916-657-2628

Website:

https://www.cdss.ca.gov/cdssweb/entres/forms

/english/pub294.pdf Last Verified On: 01/30/2024

