### **REGIONAL CENTERS**

### Alta California Regional Center

"Alta *California Regional Center* creates partnerships to support all eligible individuals with intellectual and/or developmental disabilities." **Location:** 333 Crown Point Circle #200 Grass Valley, CA 95945 **Contact:** (530) 272-4231 **Website:** <u>https://www.altaregional.org/</u> Last Verified On: 05/01/2025

### **ADULT PROTECTIVE SERVICES & PREVENTION**

#### **Adult Protective Services**

"Each county has an APS agency to help elder adults (60 years and older) and dependent adults (18-64 who are disabled), when these adults are unable to meet their own needs, or are victims of abuse, neglect or exploitation. County APS agencies investigate reports of abuse of elders and dependent adults who live in private homes and hotels or hospitals and health clinics when the abuser is not at staff member."

Location: 202 Front Street Loyalton, CA 96118 Contact: 530-993-6720 24-Hour Contact: (530) 289-3720 Website:

https://www.sierracounty.ca.gov/427/Adult-Protective-Services-APS Last Verified On: 02/12/2025



## **ASSISTANCE DOGS**

### **Canine Companions for Independence**

"Canine Companions for Independence is a non-profit organization that enhances the lives of people with disabilities by providing highly trained assistance dogs at no charge to the recipient."

Contact: (800) 572-2275 Website: <u>https://www.cci.org/</u> Last Verified: 02/11/2025

### California Department of Social Services – Assistance Dog Special Allowance Fund

"The Assistance Dog Special Allowance (ADSA) program provides a monthly payment of \$50 to eligible persons who use a guide, signal, or service dog to help them with their disability-related needs." **Location:** 744 P Street, MS 9-11-91 Sacramento, CA 95814

Website: https://www.cdss.ca.gov/assistance-

<u>dogs</u>

Last Verified On: 04/09/2025

### **CEREBRAL PALSEY RESOURCES**

### **United Cerebral Palsy**

"Resources and program or service directory." Contact: (800) 872-5827 Website: <u>https://ucp.org/resources/</u> Last Verified On: 04/28/2025

### **Cerebral Palsy Foundation**

"Video library and fact sheets." **Contact:** (212) 520-1686 **Website:** <u>https://www.yourcpf.org/</u> Last Verified On: 04/28/2025

### My Child at CerebralPalsy.org

"The ultimate resource for everything cerebral palsy." **Contact:** (800) 692-4453

Website: https://www.cerebralpalsy.org/aboutmychild Last Verified On: 04/28/2025

# United Cerebral Palsy of Sacramento and Northern California

"UCP of Sacramento and Northern California is a leading provider of programs and services for children and adults with developmental disabilities. By using evidence-based practices, UCP programs and services help clients, and their families, to live a life with increased independence, productivity, and selfconfidence.'

#### Location: 4350 Auburn Boulevard Sacramento, CA 95841 Contact: (916) 565-7700 Website: <u>https://ucpsacto.org/</u> Last Verified On: 04/28/2025



## **DEAF & HEARING LOSS RESCOURCES**

### LEAD - K

"We connect families with local school districts, Early Start home visit teachers, parent mentors, Deaf coaches, and other essential supports. Our comprehensive approach ensures every child has the opportunity to develop bilingual language skills and reach their full potential." Contact: (916) 367-0511

Website: https://www.leadkfamilyservices.org/ Last Verified On: 04/29/2025

#### NorCal Services for Deaf and Hard of Hearing

"Non-profit community-based organization serving Deaf & Hard of Hearing individuals in 24 northeastern counties of California." Location: 1521 Butte House Road B Yuba City, CA 95993 Contact: (530) 740-7803, TTY: (530) 740-7802 Website: https://norcalcenter.org/

Last Verified On: 02/11/2025

## **DISABILITY ADVOCACY & SUPPORT SERVICES**

### **PG&E Portable Battery Program**

"PG&E's Portable Battery Program (PBP) provides no-cost backup portable batteries for eligible income-qualified customers who rely on medical devices to sustain life, live in high firethreat districts (HFTD) and are enrolled in the Medical Baseline and CARE programs." Contact: (559) 214-1190 Website:

http://pgebatteryprogram.com/index.php/learnmore/ Last Verified On: 02/12/2025

### FREED Center for Independent Living

"FREED's mission is to promote independence and self-determination for people with disabilities through person-driven services." Contact: (530) 477-3333 Location: 435 Sutton Way, Grass Valley, CA 95945 Website: https://freed.org/ Last Verified: 02/12/2025

# DOWN SYRNOME RESOURCES

GiGi's Playhouse Down Syndrome Resources Contact: (916) 658-1686 Website: https://gigisplayhouse.org/sacramento/resourc es/

### **Disability Rights California**

"Can help you prepare yourself and your family for Public Safety Power Shutoffs." Contact: (800) 776-5746 TTY: (800) 719-5798 Website:

https://www.disabilityrightsca.org/post/powershutoff-resource-guide-how-disability-rightscalifornia-can-help-you Last Verified On: 02/12/2025

### Alta California Regional Center

"Alta California Regional Center creates partnerships to support all eligible individuals with intellectual and/or developmental disabilities." Location: 333 Crown Point Cir #200, Grass Valley, CA 95945 Contact: (530) 272-4231 Website: https://www.altaregional.org/ Last Verified On: 05/01/2025

Last Verified On: 04/28/2025



Need assistance? Have a new event to add? Contact the Population Health Department at (855) 798-8764 or PopHealthOutreach@partnershiphp.org

Page 3 of 6

### **INDEPENDENT LIVING & SUPPORT SERVICES**

Sierra County HHSA - In Home Support Services (IHSS) Program "The IHSS Program will help pay for services provided to you so that you can remain safely in your own home." Contact: (530) 289-3711 English Application:

https://www.sierracounty.ca.gov/DocumentCen ter/View/6112/SOC295

#### **Espanol Solicitud:**

https://www.sierracounty.ca.gov/DocumentCen ter/View/6114/SOC\_295\_Spanish Website: https://www.sierracounty.ca.gov/428/In-Home-

Supportive-Services-IHSS-Program Last Verified On: 02/12/2025

### **NON-TRAUMATIC & TRAUMATIC BRAIN INJURY (TBI) RESOURCES**

#### American Veterans with Brain Injury (AVBI)

"AVBI is an organization that offers support to the families of American service members and Veterans who have sustained brain injuries through a web-based peer support network and information. ... AVBI members have access to web-based exercise programs to improve brain health and cognitive performance. These programs encourage selfimprovement & recovery of service members & veterans who have sustained a brain injury. There are many other programs and supports for those with brain injury through AVBI. **Website:** http://www.avbi.org/

Last Verified On: 02/11/2025

### American Stroke Association

"The American Stroke Association is dedicated to prevention, diagnosis and treatment to save lives from stroke: ...guide healthcare professionals and provide information to enhance the quality of life for stroke survivors." **Stroke Family Warmline**: (888) 478-7653 **Website:** 

http://www.strokeassociation.org/STROKEOR G/

Last Verified On: 02/11/2025



### **NON-TRAUMATIC & TRAUMATIC BRAIN INJURY (TBI) RESOURCES**

# Brain and Spinal Cord Injury Resource Center

"BrainandSpinalCord.org is a resource for brain and spinal cord injury survivors and their Families to learn more information about medical conditions, rehabilitation, and legal options."

Contact: Phone: (866) 510-5970 Website: <u>http://www.brainandspinalcord.org/</u> Last Verified On: 02/11/2025

### Brain Injury Association of America (BIAA)

"BIAA's mission is to advance awareness, research, treatment, and education and to improve the quality of life for all people affected by brain injury." **Contact:** (703) 761-0750 **Website:** <u>https://www.biausa.org/</u> Last Verified On: 02/11/2025

### Brain Injury.com

"Brain Injury.com is the largest collection of medical and legal information about brain injury on the web. This website provides a nationwide network of legal services to serve those with cases involving brain injury, and they provide cutting edge information for those in need." **Contact**: (866) 882-7246

Website: http://www.braininjury.com/ Last Verified On: 02/11/2025

### Brainline

"Brainline offers information and support to anyone whose life has been affected by brain injury or PTSD: people with brain injuries, their family and friends, and the professionals who work with them. Brainline also provides military-specific information and resources on stress disorder (PTSD) to veterans, service members, and their families."

Website: <u>http://www.brainline.org/</u> Last Verified On: 02/11/2025

# **RECREATION & ACTIVITIES**

### **Disabled Discount Lifetime Park Pass**

"For persons with permanent disabilities, this pass entitles the bearer to a 50% discount for vehicle day use, family camping, and boat use fees at California State Park operated units." **Location:** California State Parks Sonoma-Mendocino Coast District Office 12301 North Highway 1, Mendocino, CA 95460 **Phone:** (707) 937-5804 **Website:** 

https://www.parks.ca.gov/?page\_id=1049 Last Verified: 02/11/2025

### Reduced Fee Annual Fishing License-Disabled Veteran

"Available for any resident or nonresident honorably discharged disabled veteran with a 50 percent or greater service-connected disability. After you prequalify for your first Disabled Veteran Reduced Fee Sport Fishing License, you can purchase disabled veteran licenses anywhere licenses are sold." Website:

#### https://wildlife.ca.gov/Licensing/Fishing Last Verified: 02/11/2025



### **VISUAL IMPAIRMENT RESOURCES**

### **California Council of the Blind Directory**

"Directory of Services for the Blind and Visually Impaired in California." **Contact**: (707) 579-4380 **Website**: <u>https://www.ccbnet.org/calif.htm</u> Last Verified On: 04/29/2025

# Free Slate and Stylus Program National Federation of the Blind

"The National Federation of the Blind will distribute a plastic, four-line, and twenty-eight cell slate along with a saddle stylus to those that need them. That includes those that are blind and low vision who know Braille or want to learn Braille."

Contact: (410) 659-9314 Website: <u>https://www.nfb.org/programs-</u> services/free-slate-and-stylus-program Last Verified On: 02/11/2025

### Free White Cane Program National Federation of the Blind

"The white cane gives blind people the ability to achieve a full and independent life, allowing us to travel freely and safely." **Contact**: (410) 659-9314

Website: <u>https://www.nfb.org/programs-</u> services/free-white-cane-program Last Verified On: 02/11/2025

