



TEHAMA COUNTY FOOD RESOURCES



FARMER'S MARKETS

California Department of Food and Agriculture – Certified Farmer’s Market Locator

“Certified Farmers' Markets by County as of January 3, 2022”

Website:

<https://www.cdfa.ca.gov/is/i & c/cfm.html>

PDF:

<https://www.cdfa.ca.gov/is/docs/CurrentMarketsCounty.pdf>

Last Verified On: 04/25/2024

The Saturday Market by the River

“Year Round Certified Farmer and Artisan Market. At The Saturday Market you will find Grass-Fed Beef, Pastured Pork, Lamb and Goat, a wide range of fruit and vegetables, honey, chicken and duck eggs, fresh tacos and tamales, plus so much more.”

Date/Time: Year Round. Every Saturday 8:00 a.m. - 12:00 p.m. in summer & 9:00 a.m. - 12:00 p.m. the rest of the year.

Website:

<https://www.facebook.com/people/The-Saturday-Market-by-the-River/100063772863760/>

Last Verified On: 04/25/2024

FOOD PROGRAMS

Tehama County DSS - CalFresh and CFAP

“Provides financial assistance for food. CalFresh (also known as Food Stamps or SNAP) helps families and individuals with limited income buy nutritious foods. Many working individuals qualify. Non-citizens may qualify for food assistance through the California Food Assistance Program (CFAP).”

Location: 310 S. Main Street

Red Bluff, CA 96080

Contact: (530) 527-1911

Website: <https://benefitscal.com/>

Last Verified On: 04/25/2024

TEHAMA COUNTY FOOD RESOURCES

WOMEN, INFANTS, AND CHILDREN (WIC) PROGRAMS

WIC Tehama County

“The Women, Infants and Children (WIC) Program is a USDA funded nutrition program to help families have access to healthy foods. The program serves pregnant women and families with children up to age 5. WIC provides nutrition education, monthly benefits for healthy food, breastfeeding support, and referrals to healthcare and other community resources.”

Location: 1850 Walnut St H, Red Bluff, CA 96080

Contact: (530) 527-8791

Website:

<https://www.tehamacohealthservices.net/prevention/women-infants-children-wic/>

Last Verified On: 04/25/2024

FOOD PANTRIES

Tehama County Gleaners – Food Program

“We are a group that once a month has food give always free to the public and help in between.”

Location: 20699 Walnut Street
Red Bluff CA, 96080

Contact: (530) 529-2264

Website:

<https://www.facebook.com/people/Tehama-County-Gleaners-and-Food-Bank/100064956361363/>

Last Verified On: 04/25/2024