

# YOLO COUNTY SUPPORT GROUP RESOURCES

## ALCOHOLIC ANONYMOUS (AA)

“Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.”

### Yolo County AA District 17

**Location:** Davis, Woodland, West Sacramento, Dixon, Winters, Esparto, Clarksburg

**24 Hour AA Helpline:** (916) 454-1100

**Website:** <http://aadavis.org/>

Last Verified On: 07/05/2023

### Central California Fellowship of AA

**Location:** 9960 Business Park Drive #101, Sacramento, CA 95827

**Contact:** (916) 454-1771

**24 Hour AA Helpline:** (916) 454-1100

**Website:** <http://aasacramento.org/>

Last Verified On: 07/05/2023



### Young People in AA, Sacramento

**Location:** 9960 Business Park Drive #101, Sacramento, CA 95827

**Contact:** (916) 454-1771

**24 Hour AA Helpline:** (916) 454-1100

**Website:** <https://aasacramento.org/is-aa-for-you/sacypaa-sacramento-young-persons-aa/>

Last Verified On: 07/05/2023

## AL-ANON/ALATEEN

“The Al-Anon program is based on 12 Steps adapted from Alcoholics Anonymous which we apply to our lives, one day at a time. Although a separate entity, we cooperate with AA, and consider it an important resource for understanding alcoholism.”

### Al-Anon Alateen in Northern California

**Contact:** (888) 425-2666

**Website:** <https://northerncaliforniaal-anon.org/alateen/>

Last Verified On: 07/05/2023

### Al-Anon Sacramento Area

**Location:** 5429 Palm Avenue, Suite A Sacramento, CA 95841

**Contact:** (916) 334-2970

**Website:** <https://sacal-non.blogspot.com/p/about-us.html>

Last Verified On: 07/05/2023

### Al-Anon Family Groups

**Contact:** (888) 425-2666

**Email:** [wso@al-anon.org](mailto:wso@al-anon.org)

**Website:** <https://al-anon.org/>

Last Verified On: 07/05/2023

### Sacramento Al-Anon Information Services

**Contact:** (916) 334-2970

**Email:** [aisbookcenter@yahoo.com](mailto:aisbookcenter@yahoo.com)

**Website:** <http://sacal-anon.blogspot.com/>

Last Verified On: 07/05/2023



# YOLO COUNTY SUPPORT GROUP RESOURCES

## CAREGIVER SUPPORT

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### **YoloCares – Center for Caregiver Support**

“The Center for Caregiver Support provides four programmatic areas to address the medical, emotional, and practical needs of your family.

**Location:** 1909 Galileo Court, Suite A  
Davis, CA 95618

**Contact:** (530) 758-5566

**Website:** <https://yolocares.org/our-services/the-center-for-caregiver-support/>

Last Verified On: 07/05/2023

## CODEPENDENTS ANONYMOUS (CoDA)

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“Co-Dependents Anonymous, a program of recovery from codependence, where each of us may share our experience, strength, and hope in our efforts to find freedom where there has been bondage and peace where there has been turmoil in our relationships with others and ourselves.”

### **Co-Dependents Anonymous**

**Contact:** (888) 444-2359

**Contact Spanish:** (888) 444-2379

**Website:** <https://coda.org/>

Last Verified On: 07/05/2023

### **NorCal Co-Dependents Anonymous**

**Website:** <http://www.norcalcoda.org/>

Last Verified On: 07/05/2023

## EMPOWER YOLO

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“Services provided: safe shelter for victims of domestic violence/sexual assault/human trafficking, crisis line, restraining orders, family legal services, therapy, housing referrals, food referrals & distribution, health insurance by appointment, emergency clothing, hygiene products, diapers, case management, and other services as needed.”

### **24-hour Crisis Line:** (530) 662-1133

**Contact:** (530) 661-6336

**Website:** <http://empoweryolo.org/>

Last Verified On: 07/05/2023

### **Dowling Center**

**Location:** 175 Walnut Street  
Woodland, CA 95695

**Contact:** (530) 661-6336

Last Verified On: 07/05/2023

### **Davis Center**

**Location:** 441 D Street  
Davis, CA 95616

**Contact:** (530) 757-1261

Last Verified On: 07/05/2023

### **Family Resource Center**

**Location:** 1441 Danbury Drive  
Davis, CA 95618

**Contact:** (530) 759-2159

Last Verified On: 07/05/2023



# YOLO COUNTY SUPPORT GROUP RESOURCES

## EMPOWER YOLO, Continued

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### Knights Landing Center

**Location:** 9586 Mill Street  
Knights Landing, CA 95645

**Contact:** (530) 735-1776

Last Verified On: 07/05/2023

### West Sacramento Center

**Location:** 1025 Triangle Court, Suite 600  
West Sacramento, CA 95645

**Contact:** (916) 873-8824

Last Verified On: 07/05/2023

## FAMILY & BEREAVEMENT SUPPORT

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### WarmLine Family Resource Center

“Parents who have questions about their child's development, developmental delay or disability (birth - 22 years old).”

**Location:** 2424 Castro Way  
Sacramento, CA 95818

**Contact:** (916) 455-9500

**Toll Free:** (844) 455-9517

**Spanish:** (916) 922-1490

**Website:** <http://www.warmlinefrfc.org>

Last Verified On: 07/05/2023

### Yolo Healthy Aging Alliance

“The Alliance is a non-profit organization that brings together senior-issues advocates and service providers to ensure people in Yolo County can access the full range of services and supports they need to age with dignity, choice, and independence.”

A directory of local Support Groups

**Contact:** (530) 757-5583

**Location:** 600 A Street, Suite C  
Davis, CA 95616

**Website:**

<https://yolohealthyaging.org/resources/support-groups/>

Last Verified On: 07/05/2023

## LGBTQIA+ SUPPORT GROUPS

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### Trans and Nonbinary Teen Support Group

“A place for teens to support one another around identity, friendships, school, family support, amongst other concerns.”

**Location:** Downtown Davis

**Contact:** (530) 230-3438

**Website:** <https://www.pacesconnection.com/>

Last Verified On: 07/05/2023

### Sacramento LGBT Community Center

“If you are dealing with any issue that feels beyond your control, including depression, anxiety, victimization, homelessness, stress or relationships issues, we are here to listen without judgement...All services are free.”

**Location:** 1015 20<sup>th</sup> Street  
Sacramento, CA 95811

**Contact:** (916) 442-0185

**Email:** [info@saccenter.org](mailto:info@saccenter.org)

**Website:** <https://saccenter.org/>

Last Verified On: 07/05/2023



# YOLO COUNTY SUPPORT GROUP RESOURCES

## NARCOTICS ANONYMOUS (NA)

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“NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using.”

### **Narcotics Anonymous World Service**

**Contact:** (818) 773-9999

**Website:** <https://www.na.org/meetingsearch/>

Last Verified On: 07/05/2023

### **Sacramento Fellowship of Narcotics Anonymous**

**Contact:** (877) 623-6363

**Website:**

<https://sites.google.com/sacfna.org/welcomehome/home>

Last Verified On: 07/05/2023

## SENIORS

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### **Davis Senior Center**

**Location:** 646 A Street

Davis, CA 95616

**Contact:** (530) 757-5696

**TDD:** (530) 757-5666

**Email:** [seniorservices@cityofdavis.org](mailto:seniorservices@cityofdavis.org)

**Website:** <https://cityofdavis.org/city-hall/parks-and-community-services/senior-services>

Last Verified On: 07/05/2023

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A directory of local Support Groups

**Contact:** (530) 757-5583

**Location:** 600 A Street, Suite C  
Davis, CA 95616

**Website:**

<https://yolohealthyaging.org/resources/support-groups/>

Last Verified On: 07/05/2023

## SUPPORT HOTLINES

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### **Miracle Messages Buddy Program**

“Miracle Friends, is a phone and text-based buddy system that matches trained volunteers with individuals experiencing homelessness for weekly phone calls and texts, to provide basic companionship and social support... Miracle Friends supports unhoused neighbors and formerly homeless senior citizens.”

**Hotline:** 1-800 – MISS-YOU

**Website:** <https://www.miraclemessages.org>

Last Verified On: 07/05/2023



# YOLO COUNTY SUPPORT GROUP RESOURCES

## SUPPORT SERVICES

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### **Miracle Messages Program**

“Miracle Messages provides reunion services for individuals experiencing homelessness. A person experiencing homelessness records a message to a loved one (or vice versa). Then, our network of volunteer "digital detectives" attempt to locate the loved one and deliver the message. To date, we've reunited 400+ families (average time separated: 15 years), with 15% of reunions resulting in stable housing and 80% in a positive outcome.”

**Hotline:** 1-800 – MISS-YOU

**Website:** <https://www.miraclemessages.org>

Last Verified On: 07/05/2023