

YUBA COUNTY SUBSTANCE USE RESOURCES

YUBA COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES

Yuba County HHSA

"The Yuba County Health and Human Services Department provides a wide array of services through a diverse system of holistic programs. It is responsible for planning, managing, coordinating, and delivering a continuum of these services in a manner that is responsive to the needs of the community."

Location: 5730 Packard Avenue, Suite 100,

Marysville, CA 95901 (530) 749-6311

Contact: (530) 749-6311

Website:

https://www.yuba.org/departments/health_and_

human services/index.php Last verified on: 11/02/2023



ANONYMOUS SUPPORT SERVICES

Northern California Fellowship of Alcoholics Anonymous

24-Hour Hotline: (530) 225-8955 **Website:** https://aanorcal.org Last Verified on: 07/12/2023

River Cities Area Narcotics Anonymous Website: https://sites.google.com/rivercities-

na.org/home

Last Verified On: 07/12/2023

Al-Anon District 4 Northern California District 4 Contact: (530) 378-9185

Website: https://norcal-al-anon.blogspot.com/

Last Verified On: 07/12/2023

ALCOHOL SUPPORT

Alcohol Rehab Help

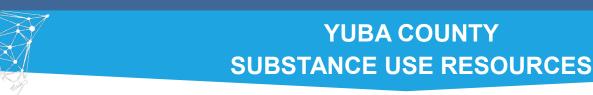
"If you or a loved one is struggling with alcohol addiction, you can rely on us to guide you to the best rehabilitation and treatment resources."

24/7 Helpline: (928) 436-6654

Website: https://alcoholrehabhelp.org/

Last Verified On: 07/12/2023





PERINATAL SUBSTANCE USE RESOURCES

A Woman's Friend Pregnancy Resource Clinic

"A Woman's Friend Pregnancy Resource Clinic is a licensed community care clinic providing medical consultations, pregnancy testing, ultrasound exams, STD & STI education, prenatal education, nutrition information, fetal development education, referrals and practical support. We know that you may be facing a life changing choice and our staff is here to help walk you through your options. Our registered nurses and support staff are highly trained and dedicated to meeting your health care needs. We are here to offer you a safe place to ask questions and get answers."

Location: 961 Live Oak Blvd, Yuba City, CA

95991

Contact: (530) 741-0556

Website: https://www.awomansfriend.org/

Last Verified On: 11/22/2023

MotherToBaby

"We specialize in answering questions about the safety/risk of exposures, such as medications, vaccines, chemicals, herbal products, substances of abuse, maternal health conditions and much more, during pregnancy or breastfeeding. Our no-cost information service is available to mothers, health professionals, and the general public via chat, text, phone, and email in both English and Spanish."

Contact: (866) 626-6847

Website: https://mothertobaby.org/pregnancy-

breastfeeding-exposures/ Last Verified On: 07/12/2023

QUIT SMOKING ASSISTANCE

California QUITS

"Free, Quit Coach Live Support, Texting Program, Mobile Apps for iPhone and Android."

Resources for Teens and Adults to quit vaping

and tobacco.

Call and Chat Counseling:

English Smokers: (800) 662-8887 English Vaping: (844) 866-8273

Spanish: (800) 456-6386 Chinese: (800) 838-88917 Korean: (800) 778-8440 **Text**: "Quit Vaping" to 66819 **Text:** "Quit" Smoking" to 66819 **Website**: https://www.kickitca.org

Last Verified On: 07/12/2023

Alexa Skills Stop Vaping Coach

"With the Stop Vaping Coach skill, get quit vaping tips or sign up to speak with a quit coach."

Website:

https://www.amazon.com/dp/B07YBTN1GY/ref =sr_1_1?keywords=stop%20vaping%20coach &qid=1569431942&s=gateway&sr=8-1&fbclid=lwAR0Bqqyt0UWfJ7MYVSYHQ2NMA bvvhO0UMkCbv7dP7vHPj9fEZwliaP-SEZI

Last Verified On: 07/12/2023

