

Getting Your Breast Pump

A breast pump is a device that helps get milk from your breast. Breast pumps are no cost to eligible Partnership members.

Why use a breast pump?

Using a breast pump can maintain or increase your milk supply, relieve blocked ducts, and stop milk from building up.

When can I get a breast pump?

As a Partnership member, you can get one pump:

- A month before your due date
- Up to a year after your baby's birth
- Every 3 years as a covered benefit



How can I get a breast pump?

Your doctor can help you get a breast pump. After it is ordered, the breast pump will be mailed to you. If you have questions, please talk to your doctor.

For more information, please call the Population Health Department at **(855) 798-8764**, Monday – Friday, 8 a.m. to 5 p.m. TTY users can call the California Relay Service at **(800) 735-2929** or **711**.