

Family Planning



Family planning lets people decide how many children they want and when to have them. Family planning includes counseling, learning how to stay healthy during pregnancy, and testing, like pregnancy and sexually transmitted infection (STI) tests. Family planning also includes birth control.

What is birth control?

Birth control helps prevent pregnancy. There are many safe and effective options to choose from. Condoms are the only type of birth control that can help protect against HIV and other STIs. Birth control options like the pill, patch, ring, shot, implant, or intrauterine device (IUD) do not help protect against STIs.

When is a good time to think about family planning?

Now is the perfect time to think about family planning. Partnership wants to help you make the right choice for you. You can talk to your provider about birth control or get support with starting a family. You can also talk to them about STI testing.

Want to learn more?

Partnership covers family planning services. Call your provider to schedule a visit to talk about family planning.

If you need help finding a provider, please call Partnership's Member Services at **(800) 863-4155**, Monday – Friday, 8 a.m. to 5 p.m. TTY users can call **(800) 735-2929** or **711**.