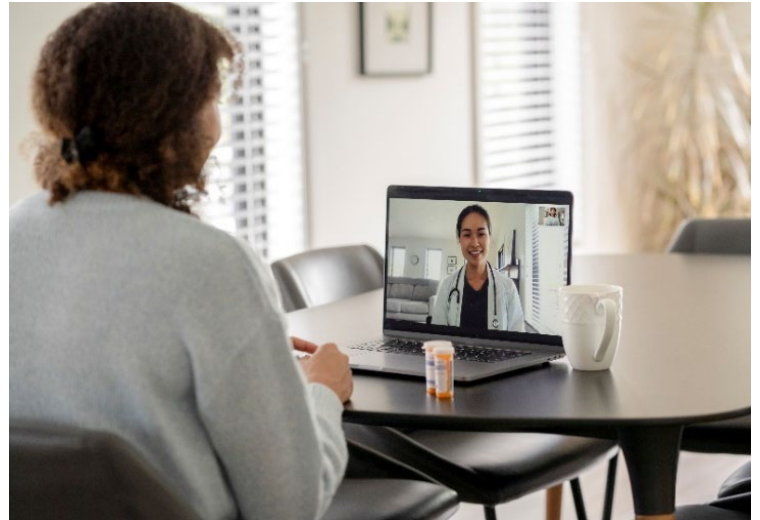A psychiatrist is a doctor who will work with you to take care of your mental health needs. Partnership members ages 4 and up can access psychiatry services through TeleMed2U. Members below the age of 4 will be referred to UC Davis Health.

What is a telehealth visit?

A telehealth visit is an online, video call that can be done from your home or anywhere a computer, laptop, tablet, or phone can connect to the internet. This type of visit is a great choice because you do not have to travel. You may be able to see a psychiatrist sooner this way than an in-person visit.

Here is how it works:

1. Your primary care provider (PCP) may refer you to a psychiatrist or you can refer yourself.
2. Your visit will be setup up by our telehealth providers TeleMed2U or UC Davis Health.
3. Before your visit, TeleMed2U or UC Davis Health will call you to confirm and make sure you have what you need for your visit.
4. You will be sent a Zoom link for your visit. Make sure to log in 5 minutes early.
5. If you need medicine, the order will be sent to your pharmacy.

To setup or reschedule a visit and if you have any questions, please contact your provider.

- For UC Davis Health, call **(800) 482-3284**.
- For TeleMed2U, send an email to referrals@telemed2u.com, call or text **(855) 446-8628**, or use the QR code.

Scan the QR code to book a visit today.

Frequently Asked Questions

Does Partnership cover telehealth visits?

Partnership covers this type of visit with TeleMed2U or UC Davis Health. Partnership does not cover the cost of buying a computer, laptop, tablet, or phone for your visit. Partnership does not cover any charges from your internet provider.

What if I cannot make my telehealth visit because I do not have a computer, laptop, tablet, or smart device?

Call your PCP to let them know that a telehealth visit is not right for you. They may have other options for you.

To learn more about telehealth, visit our website at:

www.partnershiphp.org/Members/Medi-Cal/Pages/Telehealth_Members.aspx.

We are here to help. Call our Member Services Department at **(800) 863-4155**, Monday – Friday, 8 a.m. to 5 p.m. TTY users can call the California Relay Service at **(800) 735-2929** or **711**.

Partnership HealthPlan of California – Your Partner in Health