PhmCAT Overview
Population Health Learning Center

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Agenda

Topic	Presenter	Time
Welcome	Jennifer Sayles	5 mins
The What, Why, & How of the PhmCAT	Elise Pomerance	10 mins
Practice Panel	Elise Pomerance Franklin Gonzalez Jackyln Chan Eugenia Black	20 mins
Completing the PhmCAT	Elise Pomerance Jon Weiss	10 mins
Q&A & Closing	Elise Pomerance	10 mins

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First Payable Deliverable: The PhmCAT

The Population Health Management Capabilities Assessment Tool (PhmCAT) is the first deliverable that practices can receive payment for completing in the EPT program. The table below illustrates the timeline for payment.

Payment Cycle	Practice Submits Deliverable(s)	Learning Center Completes Review of Deliverable(s)	DHCS Operationalizes Payments	MCPs Receive Payments	Estimated MPC Payments to Providers (Practices)
Fall	May 1	May 31	June - August	September	October
Spring	November 1	November 30	December - February	March	April

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The What, Why, & How of the PhmCAT

PhmCAT Overview

A multi-domain assessment used to understand practice competencies and identify strengths and opportunities for development

Collaborative effort with DHCS, managed care plans, providers, and subject matter experts to develop an assessment that can be utilized across multiple CA programs/initiatives

Piloted assessment with practices in the PHMI to identify learnings and refine/evolve the assessment overtime

Practices will use the assessment to:

Engage a multi-disciplinary team

Reflect on current capabilities and practices

Inform priorities for the initiative and understand progress/changes overtime

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What is the PhmCAT?

The PhmCAT is comprised of 50-questions across 8 domains that are critical for population health management in primary care.

- Leadership & culture

- Business case for PHM

- Technology & data infrastructure

- Empanelment & access

- Care teams

- Patient-centered, population-based care

- Behavioral health

- Social health

Why Develop This Assessment Tool?

Prioritize Practice Support

- Get a sense of where practices most need help & where to start
- Bring a team of people together to develop a common language & framework for what changes they're being asked to make & what progress looks like
- Capture progress over time - administered annually (5 times) throughout the EPT program
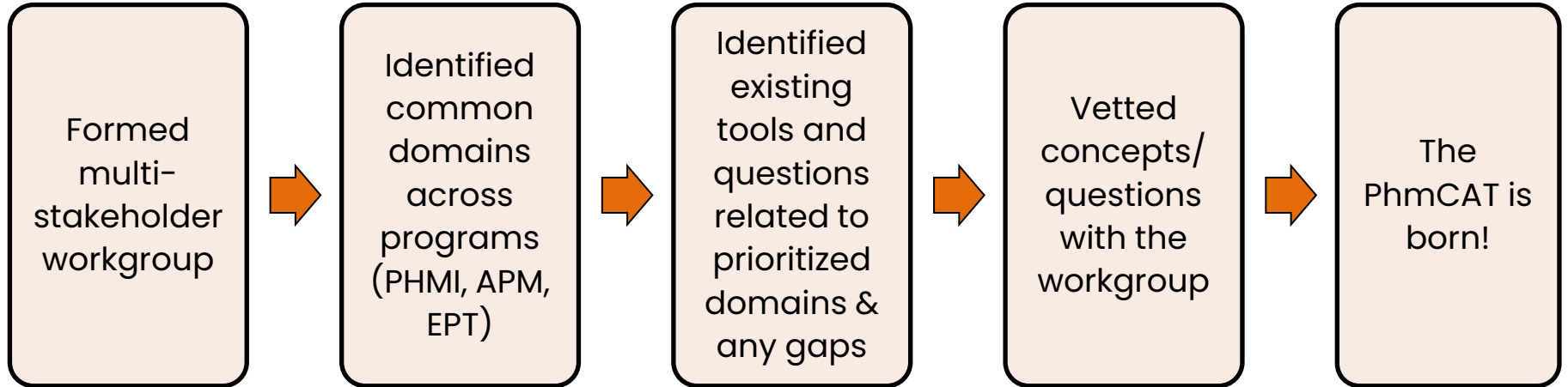
Tool for Evaluation & Learning

- Understand how practices build capacity over the course of the program
- Learn which areas practice make the most progress in and which are harder to improve

Support for Building the Field

- Organizes key changes across multiple programs & keeps practices focused on shared domains
- Minimizes burden for practices participating in multiple programs

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How was the PhmCAT Developed?

The PhMCAT was developed by a collaborative state-wide workgroup. A majority of the questions come from established tools in the field that correlate with improvements in population health management capabilities and outcomes.

| Formed multi-stakeholder workgroup | → | Identified common domains across programs (PHMI, APM, EPT) | → | Identified existing tools and questions related to prioritized domains & any gaps | → | Vetted concepts/ questions with the workgroup | → | The PhmCAT is born! |

Practice Panel

Practice Panel: Experience with the PhmCAT

**Via Care
Health Center**

**Fairview Children's
Medical Group**

**Population Health
Management Initiative**

	Via Care Health Center	Fairview Children's Medical Group	Population Health Management Initiative
Panelist	Franklin Gonzalez Chief Administrative Officer	Jackyln Chan, MD, FAAP Provider	Eugenia Black, FNP, MPH Practice Coach
PhmCAT Experience	Completed the PhmCAT twice through the PHMI	Completed the PhmCAT as part of the application for EPT	Supported multiple PHMI practices in completing the PhmCAT

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Completing the PhmCAT

Who Needs to Complete the PhmCAT?

All practices must have 3 roles represented in their response:

- 1 Provider
- 1 Clinic front-line (MA or Nurse)
- 1 administrative/office manager

Practices that also have the following roles should include PhmCAT responses from those individuals as well:

- Executive Sponsor (e.g., CEO, COO)
- Clinical lead (e.g., CMO, CNO, medical director)
- Finance lead (e.g., CFO, accounting manager)
- Data & technology lead (e.g., CIO, IT director, etc.)
- Quality lead (e.g., quality manager/director)

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Completing the PhmCAT

- Practices can access the PhmCAT at www.takethephmcat.com starting Friday, March 15th

- This URL is password protected and you will receive it in an e-mail

- Responders can then go to this URL, enter the password, and complete the PhmCAT by 11:59pm PST on April 30th

- The PhmCAT should be completed individually

- It is important to set aside dedicated time to complete the assessment (we estimate it will take up to 1 hour)

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For Practices Who Have Recently Taken the PhmCAT

- If your practice completed the PhmCAT in the fall of 2023 as part of the application or planning for EPT or as part of the PHMI cohort, you can submit these same responses

- Before you do so, please review the responses for accuracy, make updates as appropriate, and then enter the responses into the survey tool

- For the May 1st submission, at least three people (and up to eight) from your practice need to complete the PhmCAT independently

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Accessing the PhmCAT

Step 1. Go to www.takethephmcat.com

Step 2. Enter the password

Step 3. Enter your user information

Step 4. Read and acknowledge the instructions

Step 5. Select "Start Assessment"

I confirm that I have read the above information and will answer as truthfully and accurately as possible

Have a questions or need support? phmcat@pophealthlc.org

Start Assessment

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Taking the PhmCAT

Step 1. Enter a response for each question (scale 1-10 and Don't know/unsure)

Step 2. Complete all questions on a page before selecting "Next" to proceed

19.	Performance measures...	...are not available for the practice.	...are available for the practice but are limited in scope.	...are comprehensive — including clinical, operational, and patient experience measures— and available for the practice, but not for individual providers and care teams.	...are comprehensive — including clinical, operational, and patient experience measures— and proactively shared with individual providers and care teams.	Don't know / unsure
		1 2	3 4 5	6 7 8	9 10	DK

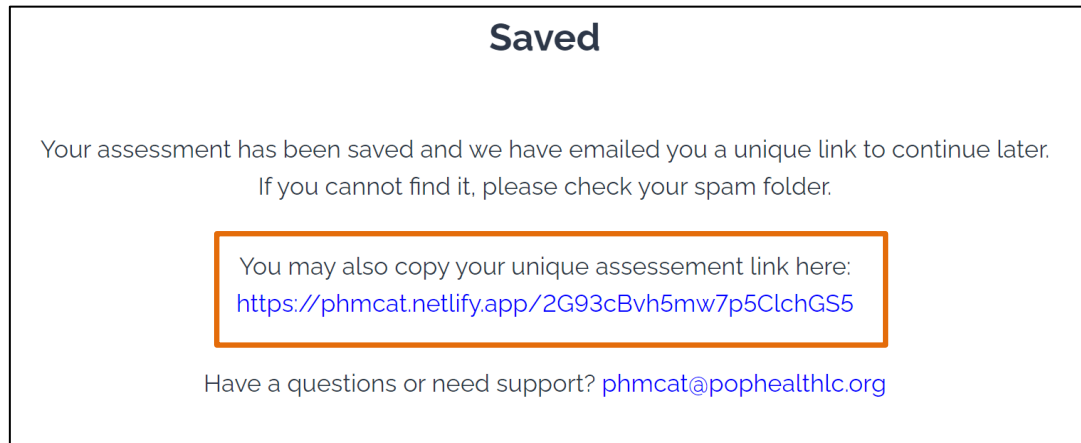**Back**   **Save for Later**   **Next**

Saving the PhmCAT

Respondents can save their progress on the PhmCAT and complete it over multiple sessions. At the bottom of each page is an option to "Save for Later."

Step 1. Select "Save for Later"

Step 2. You will see confirmation that your assessment progress has been saved.

Step 3. Copy the unique assessment link on the confirmation page OR check your e-mail (your unique assessment link is also sent to the e-mail you entered on the first page of the assessment from noreply@takethephmcat.com)

Saved

Your assessment has been saved and we have emailed you a unique link to continue later. If you cannot find it, please check your spam folder.

You may also copy your unique assessement link here:
https://phmcat.netlify.app/2G93cBvh5mw7p5ClchGS5

Have a questions or need support? phmcat@pophealthlc.org

Submitting the PhmCAT

Step 1. When you've completed all 50 questions, select Submit.

Step 2. You will see confirmation that your assessment has been submitted.

Save for Later | Submit

Thank you!

Your assessment has been submitted. Please remember to share with the relevant people from your practice.

Have a questions or need support? phmcat@pophealthlc.org

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Next Steps

- Identify team members at the practice who will complete the PhmCAT

- The PhmCAT will be available at www.takethephmcat.com starting Friday, March 15th

- Join PhmCAT Office Hours Tuesdays 10-10:30am PST or Thursdays 2-2:30pm PST starting the week of March 18th – Zoom information will be available on the www.pophealthlearningcenter.org

- Optional Learning Labs – guided support to help practices complete the PhmCAT in real time (3-5 opportunities in April; stay tuned for more information!)

- Submit all PhmCAT responses by 11:59pm PST on April 30th to qualify for the first payment in the EPT program

- The PHLC will provide practice-level reports to participants in early-mid May

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Q&A

For general questions, please contact **info@pophealthlc.org**

For technical questions specific to completing the PhMCAT, please contact **phmcat@pophealthlc.org**