



PARTNERSHIP



HEALTHPLAN
of CALIFORNIA

Initial Health Appointment (IHA)



Agenda

- What happened to Initial Health Assessment?
- What is an Initial Health Appointment (IHA)?
- Provider Responsibilities
- Tips and tricks to help with compliance



What happened to Initial Health Assessment?

- The Initial Health Assessment (IHA) retired effective January 1, 2023
- Replaced with Initial Health Appointment (IHA) effective January 1, 2023
- Major difference between the two IHA's..... NO SHA's required 😊
 - ****Keep in mind, all screening obtained from a completed SHA will need to be gathered using approved screening tools (ex: Alcohol misuse, Tobacco, Drugs, etc.)



What is an IHA?

- An Initial Health Appointment (IHA) is a tool for providers to perform comprehensive health assessments of their patients.
- The IHA allows providers to quickly identify acute and chronic conditions.
- The IHA is intended to be used during a Partnership HealthPlan of California (PHC) member's initial visit with their assigned Primary Care Physician (PCP). Which is contractually required to be completed within the member's first 120 days of enrollment to PHC OR newly assigned PCP clinic.
 - *****Remember: Members may NOT be assigned until 30 days into their enrollment, so more along the lines of a 90 day time frame to get members in for initial visit



IHA

When to complete an IHA:

- Must be preformed by a provider within the primary care setting (general practice, Pediatrics, Obstetrics, Gynecology and Internal Medicine).
- Is not necessary if the Member's Primary Care Physician (PCP) determines that the Member's medical record contains complete information that was updated within the previous 12 months.
- Must be provided in a way that is culturally and linguistically appropriate for the member.
- Must be documented in the medical record



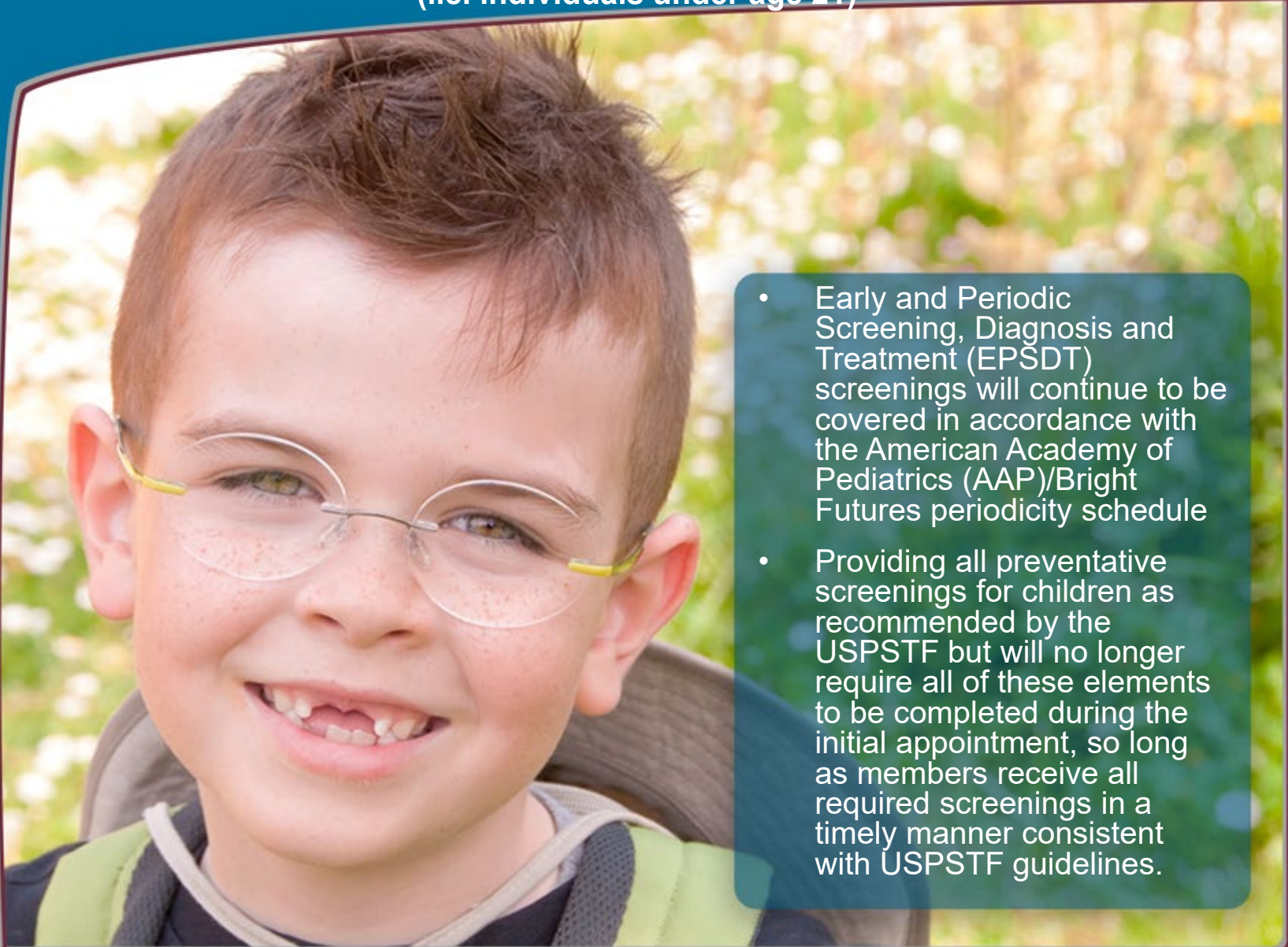
IHA

An IHA must include all of the following:

1. A history of the Member's physical and mental health
2. An identification of risks
3. An assessment of need for preventative screens or services
4. Health education
5. The diagnosis and plan for treatment of any disease

For Children and youth

(i.e. individuals under age 21)



- Early and Periodic Screening, Diagnosis and Treatment (EPSDT) screenings will continue to be covered in accordance with the American Academy of Pediatrics (AAP)/Bright Futures periodicity schedule
- Providing all preventative screenings for children as recommended by the USPSTF but will no longer require all of these elements to be completed during the initial appointment, so long as members receive all required screenings in a timely manner consistent with USPSTF guidelines.

For Adults

- Providing all preventative screenings for adults as recommended by the USPSTF but will no longer require all of these elements to be completed during the initial appointment, so long as members receive all required screenings in a timely manner consistent with USPSTF guidelines.





Three Attempt Tracker

- Document your IHA outreach attempts and provide this information during the health plan and/or State visits to your site.
 - 3 attempts
- A minimum of 3 attempts example:
- 1st attempt - written communication
- 2nd attempt- verbal contact
- 3rd attempt- provider's choice
- Attempts can be documented on a spreadsheet or in the EHR



PHC Care Coordination

Health Care Guides and Nurse Case Managers are available to assist with:

- Access to Care
- Emotional Support
- Advanced Care Planning
- Health Education
- Caregiver Education
- Short- or Long-Term Care Plans
- Community Resources
- Transportation
- Coordination of Services
- Weekly/Monthly Contact
- DME or Ancillary Assistance
- Many Other Services

Call (800) 809 -1350 or email

CCHelpDeskREDDING@partnershiphp.org



Contact Information

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Thank you for your participation!



Questions?